MINIMUM LICENSING REQUIREMENTS

FOR

Child Care Centers



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DIVISION OF CHILD CARE AND EARLY CHILDHOOD EDUCATION
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MINIMUM LICENSING REQUIREMENTS FOR CHILD CARE CENTERS

100 CHILD CARE LICENSING

101 Related Laws and Requirements

- 1. The "Child Care Facility Licensing Act" Ark. Code Ann. 20-78-201-220, as amended, is the statutory authority for licensing child care facilities. This act created the Division of Child Care and Early Childhood Education and authorized the Division to establish rules and regulations governing the granting, revocation, denial and suspension of licenses for child care facilities and the operation of child care facilities in this state. The Minimum Licensing Requirements for Child Care Centers are the Division's rules and regulations for Child Care Centers.
- 2. The Child Care Facility Licensing Act designates the Arkansas Department of Human Services, Division of Child Care and Early Childhood Education as the administrative agency responsible for administering the Act in accordance with the Minimum Licensing Requirements for Child Care Centers. The Division is authorized to inspect investigate any proposed or operating Child Care Centers and any personnel connected with the Center to determine if the facility will be or is being operated in accordance with the Child Care Facility Licensing Act and the Minimum Licensing Requirements for Child Care Centers.
- 3. The licensing requirements contained in this manual apply to group child care. (Refer to the Minimum Licensing Requirements for Day Care Family Homes for the requirements that apply to child care provided in a day care family home.)
- 4. The Child Care Licensing Unit will notify the applicable federal agency at any time they become aware of or are advised of violations of any of the following or similar laws. The owner should be aware of applicable federal laws which may affect the operation of the facility, such as, but not limited to:
 - a. Americans with Disabilities Act (ADA).
 - b. Environmental Protection Agency (EPA) regulations to ensure that any renovation or repair work on a home, child care facility, or school that was constructed prior to 1978 shall be completed by a contractor that is certified by the Environmental Protection Agency (EPA), when the repairs and/or renovations consist of any or all of the following: the repair or renovation disturbs six (6) or more square feet of the interior, the repair or renovation disturbs twenty (20) feet or more square feet of the

- exterior, and/or the repair or renovation involves removing a window.
- c. Federal civil rights laws state that a facility may not discriminate on the basis of race, color, sex, religion, national origin, physical or mental handicap, or veteran status.
- 5. The Licensee shall maintain Child Care Liability Insurance (Act 778 of 2009), and comply with the following requirements:
 - a. Prior to the approval of an application, the applicant shall provide verification of the required coverage to the Licensing Specialist and provide subsequent verification when requested. (Facilities licensed prior to the effective date of this revision shall have ninety (90) days to comply with this requirement.)
 - b. The Licensee shall maintain the minimum amount of coverage as follows:

| Licensed Capacity of Center | Minimum Child Care Liability Insurance |
|-----------------------------|--|
| | Coverage Required |
| 1-74 | \$500,000 per occurrence |
| 75 and up | \$1,000,000 per occurrence |

- 6. Laws relevant to the operation of child care facilities are available upon request.
- 7. The following standards are the minimum licensing requirements which shall be met by persons or organizations which operate a child care facility. In recommending a license be issued, the Division of Child Care and Early Childhood Education works in coordination with the local and state Health Departments, Fire Departments, City Planning or Zoning Departments and the <u>Boiler Division of the Department of Labor</u>. Persons considering opening or expanding a child care facility shall immediately contact these individual departments for inspection and information on their separate regulations.

A prospective Licensee should request clarification regarding the codes or covenants enforced by these departments as some may prevent the operation of a child care facility at a particular location, may limit the number of children in care or may impose additional safety requirements.

8. The Licensing Unit shall share information on the location and status of new applicants applying for a license and on facilities holding a license when a city or county requests the information.

102 General Requirements

1. Child Care Centers shall maintain compliance with the licensing requirements at all times.

To be in substantial compliance, the Child Care Center shall meet all essential standards necessary to protect the health, safety and welfare of the children attending the Child Care Center. Essential standards include but are not limited to those relating to issues involving fire, health, safety, nutrition, discipline, staff/child ratio and space. Failure to comply with any of the licensing requirements for Child Care Centers may result in any of the following adverse actions:

- a. Denial of an application for a license or for church exempt status
- b. Revocation or suspension of a license or church exempt status
- c. Issuance of a provisional license or provisional church exempt status
- 2. The following factors may be considered when determining the appropriate adverse action:
 - a. Severity of the deficiency cited
 - b. Number of violations cited
 - c. Frequency of violations cited
 - d. Past history of compliance
 - e. Willingness/ability to correct violations
- 3. Each Child Care Center shall be reviewed by the Child Care Licensing unit to determine whether the facility is in compliance with all the Minimum Licensing Requirements for Child Care Centers. Child Care Licensing staff shall have access to Child Care Centers for the purpose of conducting inspections, reviews and complaint investigations. (Clarification: In addition to rooms used for care, Child Care Licensing Staff must also be given access to all other rooms or spaces not used for child care. Any rooms or areas that are not accessible to children in care will only be viewed briefly for major health and safety issues and will not be routinely monitored for general licensing compliance. This is to help insure that there are no dangers such as fire hazards, which could impact the safety of the entire structure.)
- 4. Denial of access to the facility or to interview children may result in any of the adverse action described above.
- 5. Any facility that has not provided care to children for a period of one year shall be closed unless a written request is made by the licensee stating why closure should not take place. If the licensee requests that the license remain open, license fees and required annual inspections shall be kept current.
- 6. Falsification of any document or the submission of false information to the Child Care Licensing Unit or any other unit of the Division may constitute grounds for revocation of the license. (Falsification means the submission of untrue information, whether by statement or omission.)

103 Licensing Procedures

- 1. <u>Application</u>- An application shall be obtained from the Child Care Licensing Unit. The completed application packet shall be submitted to the Child Care Licensing Unit for review and approval. A completed application packet shall consist of:
 - a. A signed application form with a designated person who assumes legal responsibility for operation of the child care facility
 - b. Name of proposed director and their qualifications
 - c. Names, addresses and telephone number of Board of Directors, if applicable
 - d. Clear written guidelines of responsibility for the Board of Directors, if applicable
 - e. Building/facility diagram
 - f. Description of the services that will be provided to the children
 - g. Verification that criminal record checks and child maltreatment central registry checks have been initiated on all owners, operators and staff members of the Child Care Center.
 - h. Boiler inspection, or verification that inspection has been scheduled
 - i. Fire Department approval
 - j. Health Department approval
 - k. Zoning Approval
 - 1. Verification of Child Care Liability Insurance (if Child Care Liability Insurance cannot be obtained before application, it must be obtained with proof provided to the Child Care Licensing Unit **before** care of children can be provided)
- 2. <u>Time for processing:</u> The Licensing Specialist has sixty days to submit a recommendation to the Division.
- 3. A pre-approval consultation meeting shall be required for all applicants for a license prior to the approval of the application. This meeting shall be offered to the applicant prior to application or within 30 days of the receipt of the application.
- 4. <u>License-</u> The Child Care Licensing Unit shall conduct a licensing study of each Child Care Center to determine eligibility for a license. The facility shall be approved by the Child Care Licensing Unit before a license may be issued by the Division. A license for a Child Care Center shall specify:
 - a. The name and address of the facility
 - b. The owner/operator of the Child Care Center
 - c. The number of children authorized for care at the Child Care Center
 - d. The expiration of any provisional licenses

- e. The type of care the Child Care Center will be providing
- 5. <u>License—Non-transferable-</u> A license for a Child Care Facility or approval for a church-operated exempt status shall apply only to the address and location stated on the license or approval issued. It shall not be transferable from one holder of the license or approval to another or from one place to another. If the location of a Child Care Facility is changed, or the operator of the Child Care Facility is changed, then the license or approval for that Child Care Facility shall be automatically closed on such a change. The Child Care Facility shall notify the Licensing Unit of a change of location or ownership.
- 6. <u>Compliance—</u>On-site inspections of Child Care Centers are conducted by the Child Care Licensing Unit on a routine basis to determine a facility's continued compliance with the standards. The caregiver shall cooperate with licensing staff during licensing visits.

Violations of rules are documented in writing by use of the licensing compliance record. Documentation shall include:

- a. Reference to the specific rule violated
- b. A factual description of the nature of the violation and how the Child Care Center failed to comply
- c. A date of expected corrections
- 7. The Child Care Licensing Unit shall have the authority to make both scheduled and unscheduled visits to:
 - a. Conduct inspections and reviews to determine compliance with the licensing requirements.
 - b. Investigate complaints involving possible violations of licensing requirements.
 - c. Offer consultation and technical assistance.
- 8. The Child Care Licensing Specialist may increase unscheduled monitor visits where numerous or severe violations of standards are cited.
- 9. If a violation is of imminent threat to the health, safety and welfare of the children attending the Child Care Center, corrective action or compliance shall be obtained within 24 hours in order to insure the health, safety and welfare of the children in care. If a Child Care Center violates an administrative standard or standard that does not directly threaten the immediate health, safety or welfare of the children in care, these violations shall be corrected within a reasonable time as mutually agreed upon by the Child Care Licensing Unit and the Child Care Center.

Once a violation has been corrected, the correction will be documented on the Licensing Compliance Record and a copy provided to the Child Care Center.

10. New Provisional License- The Child Care Licensing Specialist shall recommend a new provisional license when the facility is newly opened or a facility has been acquired by new owners whose compliance history has not been determined. A new provisional license shall not exceed twelve (12) months in length.

At the end of the provisional license, the Division may in its discretion:

- a. Issue a regular license
- b. Revoke the license
- c. Suspend the license
- d. Issue a successive provisional license
- 11. Regular License: The Child Care Licensing Specialist will recommend a regular license when the facility has demonstrated substantial compliance, or when an existing Licensee with a Regular license relocates their facility and their past demonstrates a substantial level of compliance.
- 12. <u>Probationary Provisional License</u>- The Licensing Unit may issue a Probationary Provisional license when the center is not maintaining substantial compliance due to deficiencies which are so numerous, frequent or severe as to potentially jeopardize the health, safety and welfare of children. The facility and Licensing Unit shall have a corrective action plan in place addressing the issues.

Based on the level of compliance during the period of the Probationary Provisional license, the Licensing Unit may:

- a. Issue a Regular license
- b. Suspend the license
- c. Revoke the license
- 13. <u>Suspension of License-</u> The Division may suspend a license when the Licensing Unit determines that the facility has serious areas of non-compliance, but the facility would be able to resume normal operation when the harmful conditions are eliminated.

If granted, the suspension order remains in effect until the order expires or until the Division determines that the problem necessitating the suspension order have been resolved. The suspension of a license may not exceed twelve (12) months. If the Division finds that the terms of the suspension order have been met prior to the expiration of the suspension period,

the Division retains the discretion to reinstate the license. If the terms of the order have not been met, the Division may revoke the license.

- 14. <u>Revocation of License</u>-The Division may revoke a license when any of the following situations occur:
 - a. The facility fails to maintain substantial compliance with licensing requirements.
 - b. The facility fails or refuses to correct cited deficiencies in a timely manner.
 - c. The facility fails to insure the health, safety and welfare of children in care.
- 15. The revocation of a license nullifies and cancels the license. At the time of a final determination of revocation of the license by the Division, the Division shall specify in the revocation letter the terms of the revocation. The licensee shall not be eligible to reapply for a license for a minimum of one (1) year or longer, if specified in the revocation order. Related parties shall not be eligible to apply for a license for the same specified period. (Related parties are defined as immediate family members, member of Board of Directors, persons or entities associated or affiliated with, or which share common ownership, control, or common board members or which have control of or is controlled by the licensee. An immediate family member is defined as a spouse, step and in-law relationships, a child, a natural or adoptive parent, a sibling, a grandparent, a grandchild or a son or daughter-in-law.) (Applicants who are denied a license or registration due to this requirement may appeal the denial to the Child Care Facility Review Panel.) Facilities wishing to be re-licensed must submit a new application for licensure for review and approval by the Division. Approval must be obtained and a new license issued before the facility provides care to a licensable number of children.

104 License Fee

- 1. Each facility shall submit an annual license fee as long as the facility is in compliance with the Minimum Licensing Requirements for Child Care Facilities. A facility license fee is determined by combining the maximum license capacity of all licenses located within the same premises.
 - a. Facilities serving up to 17 children- \$15 per year
 - b. Facilities serving 17 to 99 children- \$50 per year
 - c. Facilities serving 100 or more children-\$100 per year
- 2. Upon review and determination of a licensing recommendation by the Child Care Licensing Specialist, the Specialist shall issue a Notice of License Fee Due to the facility.
- 3. The Division shall not issue a license unless the required license fee has been paid.

- 4. A copy of the license fee notice shall be submitted at the time of licensure recommendation.
- 5. The fee schedule shall apply to all child care facility recommendations for licensure as follows:
 - a. New Provisional License-(Provisional License for new operation to be issued for a period of twelve (12) months.) A one-year license fee shall be paid prior to the issuance of a provisional license.
 - b. New Regular License or Conversion from provisional to regular status-A license fee shall be paid prior to the issuance of a new license.
 - c. Conversion to Provisional Status-No license fee is due for licenses converted to provisional status during the term of a regular license.
- 6. A second notice of license fee due will be sent to facilities failing to submit the required license fee (Notice of License Fee Past Due). This notice will be sent 20 days after the initial notice of fee due. Failure to submit a license fee within 20 days of receipt of the past due notice will result in action to suspend the license until such time as the fee is paid.
- 7. Refunds of license fees paid are made only when the Division does not approve issuance of a license. There shall be no refunds of license fees paid for voluntary closure of a facility or for Division action to revoke or suspend a license.
- 8. All license fees paid to the Division shall be deposited in a special Child Care Provider's Fund. This fund shall be used to meet the cost of conducting statewide criminal record checks, with the remaining money used for training or materials to be loaned to child care providers.

105 Appeal of Licensing Actions

- 1. A licensee or applicant for license may request an appeal of any of the following licensing actions:
 - a. Adverse licensing actions (revocation or suspension of a license, conversion to a provisional license or denial of an application for a license)
 - b. Founded licensing complaints
 - c. Denials of alternative compliance requests
 - d. Cited noncompliance with the published standards

2. An appeal may be initiated on any of the above actions by requesting an appeal in writing to the Licensing Specialist or Licensing Supervisory Staff. Requests to appeal adverse licensing actions must be mailed within ten (10) calendar days of the receipt of the notice of the adverse action. Requests to appeal licensing actions, other than adverse, must be mailed within twenty (20) calendar days from receipt of the notification of the action. The request to appeal shall include a statement of the action(s) taken by the Division and the reason(s) the licensee or applicant for license disagrees with that action. The request to appeal will be reviewed by the Licensing Supervisor and the Licensing Administrator. If the appeal is not resolved to the satisfaction of the licensee or applicant for license, the matter will be referred to the Child Care Appeal Review Panel for hearing. (This appeal process also applies to Church Operated exempt facilities.) (Additional information regarding the appeal procedures and the Child Care Appeal Review Panel is available on request.)

106 Alternative Compliance

- 1. The Division may grant alternative compliance with the <u>Minimum Licensing Requirements</u> for Child Care Centers if the Division determines that the alternative form of compliance offers equal protection of health, safety and welfare to children and meets the basic intent of the requirements for which the center is making the request.
- 2. The Division shall consider all requests for alternative compliance with the Licensing requirements except those requirements that are enforced by the Department of Health, Local Fire Marshal or State Fire Marshal's office and applicable city ordinances including zoning.
- 3. To request alternative compliance, the following procedure shall be initiated by the person responsible for the operation of the facility.
- 4. The applicant/licensee shall submit the request for alternative compliance is writing.
- 5. The request shall include:
 - a. The specific standards for which alternative compliance is sought.
 - b. An explanation of how the alternative form of compliance is equal to or exceeds the stated requirements.
 - c. Full justification and description of what the alternative compliance method will be and the method by which the facility will carry out this plan to continue to provide for the health, safety and welfare of children as intended by the requirements.
 - d. The applicant/licensee shall provide clear and supportive evidence and upon request of the Division, and expert's opinion on the effect of the request on health, safety, and welfare of the children.

- 6. A separate written request shall be submitted for each requirement of which alternative compliance is sought. The approved alternative compliance is effective for the duration of the license unless a shorter time frame is specified.
- 7. The granting of alternative compliance for a requirement shall in no way constitute a precedent. If an alternate means of complying with the requirement is granted by the Division and the facility fails to satisfactorily implement this alternate means, the original requirement for which alternative compliance was sought shall become immediately enforceable.
- 8. The Division shall have the right to obtain an expert opinion to corroborate expert opinions provided by the applicant/licensee.
- 9. The Division shall have the right to deny requests for alternative compliance when it finds that such requests do not adequately protect the health, safety and welfare of children and do not meet the intent of the requirements.
- 10. All requests for alternative compliance shall be answered in writing by the Division.

107 Church-Operated Exemption

Please note that all regulations included in this manual also applies to Church Operated Exempt (COE) facilities.

- 1. Act 245 of 1983 defines those facilities that may apply for an exemption from obtaining of license to operate a child care facility and the process through which such exemption may be granted. The facility must be operated by a church or group of churches and be exempt from the State Income Tax levied by Act 118 of 1929, as amended. The person or persons in charge of such a facility shall submit a written request to the Division for such exemption along with the following:
 - a. Verification of Tax ID ownership by the church
 - b. Verification that the facility is operated by a church or group of churches
 - c. Verification that the facility has been inspected annually and meets the applicable fire safety and health standards
 - d. Certification from the facility that it is in substantial compliance with published standards that similar nonexempt child care facilities are required to meet

- 2. The Division shall review each request for a church-operated exemption and reply in writing within 60 days from receipt of such request.
- 3. The facility shall be visited by Division staff to verify the facility's substantial compliance with the published standards prior to the consideration and review by the Division.
- 4. The Division shall consider each request for exemption and shall review the Division staff's written report in determining a facility's substantial compliance with published standards.
- 5. If a facility claims and states the belief that a particular standard is of a religious nature, the Division shall consider and make a determination on the statements that shall then be a final action subject to review under the Administrative Procedures Act.
- 6. Written notification of an exemption shall be made to the facility stating the maximum number of children allowable, the dates of exemption and any other conditions by which an exemption is granted.
- 7. Division staff shall have the authority to visit any church-operated exempt facility to review, advise and verify the maintenance of substantial compliance at the direction of the Division.

108 Licensing Investigations

1. Child Care Licensing staff shall investigate all complaints involving the possible violation of licensing requirements.

109 Child Maltreatment Checks

1. The following persons shall be required to have their background reviewed through an Arkansas Child Maltreatment Central Registry Check. A check or money order for \$10.00 made out to Department of Human Services (DHS) must be attached to each form.

| a. | Each applicant to own or operate a child care facility | At application and every two years thereafter |
|----|--|--|
| b. | Staff members and applicants for employment in a child care facility | At application or within 10 days of hire/start date and every two years thereafter |
| c. | All volunteers who have routine contact with children | At application and every two years thereafter |
| d. | Administrative staff and/or members of Board of Directors who have supervisory | At application and every two years thereafter |

and/or disciplinary control over children or who have routine contact with children

e. Student Observers At beginning of observation or within 10

days of first observation and every two years

thereafter if applicable

f. Therapist or other persons who have

routine contact with children

Within 10 days of the time they begin to provide services or begin to participate in center activities and every two years thereafter

- 2. If a complaint of child maltreatment is filed against any owner/operator, staff or other person in a child care center, the Child Care Licensing Specialist shall evaluate the risk to children and determine the suitability of the person(s) to supervise, be left alone with children, have disciplinary control over children or remain in the center during hours of care until the allegations have been determined true or unsubstantiated. (Pending the evaluation of risk to children by the Child Care Licensing Unit, the person(s) alleged shall not be left alone with children.)
- 3. If corrective action is appropriate, the facility shall require all staff members who have had a founded report of child maltreatment to follow the corrective action plan specified by the Child Care Licensing Unit. Corrective action measures may vary from relevant training to reassignment or termination. Failure to comply with corrective action plans may constitute grounds for adverse action against the license.
- 4. The statewide Child Maltreatment "Hot Line" and the Child Care Licensing Central Office number shall be posted in a conspicuous place in the child care facility. The "Hot Line" number is 1-800-482-5964 and the Licensing Central Office number is (501) 682-8590 or toll free 1-800-445-3316.

110 Criminal Records Check

- 1. The following persons shall apply to the Identification Bureau of the Arkansas State Police for a nationwide criminal record check, to be conducted by the FBI, which shall include a fingerprint check: (The individual is responsible for the cost of a nationwide check. Each request must be accompanied by a check or money order made out to the Arkansas State Police for \$19.25)
 - a. Each applicant to own or operate a child Initial application only

care facility

b. Staff who have not been a resident of the Within 10 days of hire/start date State of Arkansas for the five (5) preceding years

c. Administrative persons who have direct contact with children

If the person has not been a resident of Arkansas for <u>5</u> years.

d. Therapist or other persons who have supervisory control, disciplinary control over children or are left alone with children

If the person has not been a resident of Arkansas for 5 years, then at the time they begin to provide services or begin to participate in center activities

- 2. The following persons shall be required to have their background reviewed through Criminal Records check conducted by the Arkansas State Police.
 - a. Each applicant to own or operate a child care facility

At application and every 5 years thereafter

b. Staff and applicants for employment in a child care facility

Within 10 days of hire/start date and every 5 years thereafter

c. Administrative persons who have direct contact with children

Within 10 days of hire and every 5 years thereafter

d. Therapist or other persons who have supervisory or disciplinary control over children, or are left alone with children

Within 10 days of the time they begin to provide services or begin to participate in center activities and every 5 years thereafter

- 3. Criminal records will be returned to the division for review. Any charge/convictions listed in this section (Section 110) that are returned will be considered regardless of whether the record is expunged, pardoned or otherwise sealed.
- 4. No person shall be eligible to be a child care facility owner, operator, or employee if that person has pled guilty, or been found guilty, of any of the following offenses by any court in the State of Arkansas, any similar offense by a court in another state or any similar offense by a federal court. The following offenses are permanently prohibited:

| 01. Abuse of an endangered or impaired person, if felony | §5-28-103 |
|--|-----------|
| 02. Arson | §5-38-301 |

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| 03. Capital Murder | §5-10-101 |
|--|-----------|
| 04. Endangering the Welfare of an Incompetent person- 1 st degree | §5-27-201 |
| 05. Kidnapping | §5-11-102 |
| 06. Murder in the First degree | §5-10-102 |
| 07. Murder in the Second degree | §5-10-103 |
| 08. Rape | §5-14-103 |
| 09. Sexual Assault in the First degree | §5-14-124 |
| 10. Sexual Assault in the Second degree | §5-14-125 |

5. No person shall be eligible to be a child care facility owner, operator, or employee if that person has pled guilty, or been found guilty, of any of the following offenses by any court in the State of Arkansas, any similar offense by a court in another state or any similar offense by a federal court. The following offenses are prohibited:

| 01. Criminal Attempt to commit any offenses in MLR Section 100.110 | §5-3-201 |
|---|-------------------------|
| 02. Criminal Complicity to commit any offenses in MLR Section 100.110 | §5-3-202 |
| 03. Criminal Conspiracy to commit any offenses in MLR Section 100,110 | §5-3-401 |
| 04. Criminal Solicitation to commit any offenses in MLR Section 100.110 | §5-3-301 |
| 05. Assault in the First, Second, or Third degree | §5-13-205 - §5-13-207 |
| 06. Assault, Aggravated | §5-13-204 |
| 07. Assault, Aggravated on a Family or Household Member | §5-26-306 |
| 08. Battery in the First, Second, or Third Degree | §5-13-201 - §5-13-203 |
| 09. Breaking or Entering | §5-39-202 |
| 10. Burglary | §5-39-201 |
| 11. Coercion | §5-13-208 |
| 12. Computer Crimes Against Minors | §5-27-601 et. seq. |
| 13. Contributing to the Delinquency of a Juvenile | §5-27-220 |
| 14. Contributing to the Delinquency of a Minor | §5-27-209 |
| 15. Criminal Impersonation | §5-3-208 |
| 16. Criminal Use of a Prohibited Weapon | §5-73-104 |
| 17. Death Threats Concerning a School Employee or Students | §5-17-101 |
| 18. Domestic Battery in the First, Second, or Third Degree | §5-26-303 - §5-26-305 |
| 19. Employing or Consenting to the Use of a Child in a Sexual | §5-27-402 |
| Performance | |
| 20. Endangering the Welfare of a Minor in the First or Second Degree | §5-27-205 and §5-27-206 |
| 21. Endangering the Welfare of an Incompetent Person in the First or | §5-27-201 and §5-27-202 |
| Second Degree | |
| 22. Engaging Children in Sexually Explicit Conduct for Use in Visual | §5-27-303 |
| or Print Media | |
| 23. False Imprisonment in the First or Second Degree | §5-11-103 and §5-11-104 |
| 24. Felony Abuse of an Endangered or Impaired Person | §5-28-103 |

Agency Number 0710

| | Agency Number 0/10 |
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| 25. Felony Interference with a Law Enforcement Officer | §5-54-104 |
| 26. Felony Violation of the Uniform Controlled Substance Act | §5-64-101 - §5-64-508 et. seq. |
| 27. Financial Identity Fraud | §5-37-227 |
| 28. Forgery | §5-37-201 |
| 29. Incest | §5-26-202 |
| 30. Interference with Court Ordered Custody | §5-26-502 |
| 31. Interference with Visitation | §5-26-501 |
| 32. Introduction of Controlled Substance into Body of Another Person | §5-13-210 |
| 33. Manslaughter | §5-10-104 |
| 34. Negligent Homicide | §5-10-105 |
| 35. Obscene Performance at a Live Public Show | §5-68-305 |
| 36. Offense of Cruelty to Animals | §5-62-103 |
| 37. Offense of Aggravated Cruelty to Dog, Cat, or Horse | §5-62-104 |
| 38. Pandering or Possessing Visual or Print Medium Depicting | §5-27-304 |
| Sexually Explicit Conduct Involving a Child | |
| 39. Patronizing a Prostitute | §5-70-103 |
| 40. Permanent Detention or Restraint | §5-11-106 |
| 41. Permitting Abuse of a Minor | §5-27-221 |
| 42. Producing, Directing, or Promoting a Sexual Performance by a | §5-27-403 |
| Child | |
| 43. Promoting Obscene Materials | §5-68-303 |
| 44. Promoting Obscene Performance | §5-68-304 |
| 45. Promoting Prostitution in the First, Second, or Third Degree | §5-70-104 - §5-70-106 |
| 46. Prostitution | §5-70-102 |
| 47. Public Display of Obscenity | §5-68-205 |
| 48. Resisting Arrest | §5-54-103 |
| 49. Robbery | §5-12-102 |
| 50. Robbery (Aggravated Robbery) | §5-12-103 |
| 51. Sexual Offense (any) | §5-14-101 et. seq. |
| 52. Simultaneous Possession of Drugs and Firearms | §5-74-106 |
| 53. Soliciting Money or Property from Incompetents | §5-27-229 |
| 54. Stalking | §5-71-229 |
| 55. Terroristic Act | §5-13-310 |
| 56. Terroristic Threatening | §5-13-301 |
| 57. Theft by Receiving | §5-36-106 |
| 58. Theft of Property | §5-36-103 |
| 59. Theft of Services | §5-36-104 |
| 60. Transportation of Minors for Prohibited Sexual Conduct | §5-27-305 |
| 61. Unlawful Discharge of a Firearm from a Vehicle | §5-74-107 |
| 62. Voyeurism | §5-16-102 |
| | |

- 6. Any person who has pled guilty, nolo contendere, or who has been found guilty of any one of the offenses listed above (Section 110.5), may not work in child care unless:
 - a. The date of the conviction, plea of guilty or nolo contendere <u>for a misdemeanor offense</u> is at least five (5) years <u>from the date of the request for the criminal history records check</u> and there have been no criminal convictions or pleas of guilty or nolo contendere of any type or nature during the five (5) year period preceding the background check request.
 - b. The date of the conviction, plea of guilty or nolo contendere for a felony offense is at least more than ten (10) years from the date of the request for the criminal history records check and there have been no criminal convictions or pleas of guilty or nolo contendere of any type or nature during the ten (10) year period preceding the background check request.
- 7. Anyone employed in a licensed center, COE center, licensed child care family home or a registered child care family home prior to 9/1/2009 with a clear background check history may remain eligible for employment unless the employee had a conviction, plead guilty, or plead nolo contendere to an offense listed in the above section (Section 110.6) since 9/1/2009.

200 ORGANIZATION AND ADMINISTRATION

201 Administrative Procedures

- 1. The Owner and/or Board of Directors shall be responsible for operating the facility and shall have final responsibility to ensure that the facility meets licensing requirements. Names, addresses, and telephone numbers of Board members shall be provided to the Licensing Specialist.
- 2. The facility shall provide a written procedure for reporting suspected of child maltreatment. This procedure shall be followed and a call made to the Hot Line whenever there is a suspicion of child maltreatment (1-800-482-5964). These reports of child maltreatment shall include all allegations made to the licensee by parents, staff members or the general public. The licensee should call Child Care Licensing for guidance if there is any question about whether or not the Hot Line should be called regarding any situation where potential child maltreatment is involved.
- 3. The facility shall provide a written procedure for reporting suspected licensing violations. Serious licensing violations shall be reported to the Licensing Unit. These include, but are not limited to, violations relating to transportation, inappropriate behavior guidance, leaving

- children unattended or unsupervised, staff/child ratio violations or any other violations or any other violation that could imminently affect the health and safety of children.
- 4. Parents shall be informed in writing upon enrollment of their child that children may be subject to interviews by licensing staff, child maltreatment investigators and/or law enforcement officials for the purpose of determining licensing compliance or for investigative purposes. Child interviews do not require parental notice or consent.
- 5. The facility shall provide a copy of the list of Kindergarten Readiness Skills Calendar or Checklist, prepared by the Arkansas Department of Education (copies can be requested online, by phone, or by mail from the DHS DCCECE Program Support Unit), to the parents of all three and four year old children enrolled. (Act 825 of 2003) A statement, signed by the parent, that they have received a copy of the list shall be maintained in the child's record.

300 PERSONNEL

301 Staff/Child Ratio

- 1. A licensee shall not have more children in care at any one time that the maximum specified on the license.
- 2. The following staff child ratios shall be maintained:

| Ages of Children | Number of Staff | Number of Children |
|----------------------------|-----------------|--------------------|
| a. Birth – 18 months | 1 | 6 |
| b. 18 months – 36 months | 1 | 9 |
| c. 2 ½ - 3 years | 1 | 12 |
| d. 4 years | 1 | 15 |
| e. 5 years to Kindergarten | 1 | 18 |
| f. Kindergarten and above | 1 | 20 |

- 3. Children ages 30 to 36 months may be placed in the group most suited to their social, emotional and developmental maturity.
- 4. Infants and toddlers shall not be mixed with day care children, except as listed in the following requirement.
- 5. When a total of eight (8) or fewer children are in care at a licensed site, age groups may be mixed according to the following ratios:

| Number of Staff | Number of Children | Ages of Children |
|-----------------|--------------------|---|
| a. 1 | 6 | No more than 3 under the age of 2 years |
| b. 1 | 7 | No more than 2 under the age of 2 years |
| c. 1 | 8 | No more than 1 under the age of 2 years |

- 6. In a group containing children of different ages, the staff/child ratio shall meet the requirements for the youngest child in the group.
- 7. During lunch or outdoor play activities, if children of different age groups are together, the staff child ratio for the respective age groups shall be maintained.
- 8. At no time shall children be left unsupervised or unattended. The child care center shall provide additional staff for any temporary absence of primary child caring staff for activities such as breaks, meal preparation, transportation, etc.
- 9. DDS (Developmental Disabilities Services) staff/child ratios shall be maintained in all facilities that are licensed by both Child Care Licensing and DDS.
- 10. Additional staff provisions shall be made for enrollment of children with disabilities who require individual attention.
- 11. During naptime for children age 2 1/2 and above, a minimum of 50% of the staff shall remain with the children, with a total of 75% of the staff remaining in the building.
- 12. Group size shall be limited to 2 times the number of children allowed with one staff member. This does not apply to periodic or special group activities or to school age children, K5 and above. Existing structures licensed prior to November 1, 2002 are exempt from this requirement. However, any expansions, additions or any newly licensed structures effective November 1, 2002 shall be in compliance.
- 13. For ages 2 ½ and above, ratios may be exceeded momentarily as long as children are never left unattended and at least one staff member remains in the classroom with the children. (This would apply to situations such as brief absences for bathroom breaks or to take a sick or injured child to the Director's office.)

302 Director

- 1. There shall be a director/person in charge who shall be responsible for:
 - a. Administering, planning, managing and controlling the daily activities of the center

- b. Ensuring that the facility meets licensing requirements
- c. Ensuring the health and safety of children
- d. Providing prudent supervision of all staff and volunteers
- 2. Directors shall be age twenty-on (21) or older, and provide documentation of one of the following educational levels (Directors previously approved prior to the implementation of these requirements may continue in their position and do not have to meet these educational levels):
 - a. Bachelor's Degree or higher Degree in Early Childhood, Child Development or a related field. (Determination of "related field" shall be made by the Division)
 - b. Bachelor's Degree in a non-related field with the Director obtaining a Child Development Associate (CDA) within their first year of employment
 - c. AA Degree with an emphasis in Early Childhood or Child Development
 - d. A one (1) year technical certificate in Child Development
 - e. Child Development Associate (CDA)- child care credential from an approved program
- 3. A high school diploma or GED with a minimum of four (4) program years experience in a licensed child care or elementary education program(s) may be substituted for above educational requirements.
- 4. When the director is away from the center, there shall be a person in charge who shall have the ability and authority to carry out daily operations. The person in charge shall be age twenty-one (21) or older.
- 5. All new directors shall attend New Director's Orientation within six months of employment. This is an orientation class sponsored by the Division. <u>Proof of attendance shall be maintained in the director's file.</u>
- 6. The director shall obtain <u>fifteen (15)</u> clock hours in early childhood education each year as approved by the Division. Documentation of training shall be maintained and available for review.
- 7. Topics appropriate for continuing early childhood education shall include, but are not limited to the following:
 - a. Child growth and development
 - b. Nutrition and food service
 - c. Parent communication and involvement
 - d. Curriculum and curriculum development
 - e. Developmentally appropriate practice and learning environments

- f. Behavior management
- g. Emergency care and first aid
- h. Administration and management of early childhood programs
- 8. The Licensee shall notify the Licensing Unit of any change in the person named as director within five (5) calendar days.

303 Staff Requirements

- 1. A person shall be considered a staff member if they have disciplinary or supervisory control over children, is left alone with children at anytime, or is counted in staff/child ratio, regardless if they are paid by the facility or not.
- 2. Staff members in a child care center shall be age 18 years or older. Exceptions may be allowed for individuals sixteen (16) or seventeen (17) years of age to work in a center if they meet all of the following criteria:
 - a. The individual shall not have disciplinary control over children.
 - b. The individual shall not be left alone with children at any time.
 - c. The individual shall be under the direct supervision of an adult staff member at all times.
 - d. The individual shall meet all other staff requirements.
- 3. All staff members hired after January 1, 1990, to work directly with children shall have a high school diploma or GED or shall be enrolled in a high school or GED curriculum and complete the curriculum within one year of hire.
- 4. All staff members who work directly with children shall obtain at least <u>fifteen (15)</u> hours of in-service training or outside workshop training each year in continuing early Childhood education. This training shall be approved by the Division.
- 5. At least one (1) adult caregiver who has <u>current certification</u> by the American Heart <u>Association or the American Red Cross</u> in infant and child cardiopulmonary resuscitation (CPR) and <u>at least one (1) caregiver who has a current certification from the American Heart Association or the American Red Cross in First Aid shall be present within the confines of the center while children are in care. Adult CPR is also required if school age children are in care, <u>or documentation that the current certification covers the ages of children in care. Infant/Child/Adult CPR certification will also be accepted from the AR Department of <u>Labor</u>, with documentation they conducted the course. Certifications may be held by the same person.</u></u>
- 6. Prior to providing direct child care, staff shall receive an orientation in basic health & safety, facility behavior management policies, center schedules, minimum licensing requirements,

- and shall be advised that they are mandated reporters under the Child Maltreatment Reporting Act.
- 7. All staff members working in a child care center, in any capacity, shall obtain a health card or physician's statement showing the absence of contagious Tuberculosis. This shall be renewed on a yearly basis.
- 8. All staff members caring for children shall be able to perform necessary job functions.
- 9. Staff shall not engage in behavior that could be viewed as sexual, dangerous, exploitative or physically harmful to children. A caregiver shall not use profanity or speak in an abusive manner when children are present.
- 10. No caregiver shall consume or be under the influence of illegal drugs. (A drug test may be required if there is reasonable cause to suspect violation of this requirement and the issue cannot otherwise be resolved.) No caregiver shall consume or be under the influence of alcohol while delivering care. No caregiver shall consume or be under the influence of medications (prescription or non-prescription) which impair their ability to provide care.

304 Volunteer Requirements

- 1. Volunteers are those individuals who have routine contact with children and assist staff in the facility. If they are left alone with children, considered in the staff/child ratios or given supervisory/disciplinary control over children they shall be considered staff and must meet the requirements for personnel (Section 300) and staff requirements (Section 303).
- 2. All volunteers in a child care center shall be 18 years or older unless the volunteer is under the direct supervision of the director or person in charge and has been approved on an individual basis by the Child Care Licensing Unit.
- 3. Volunteers who have routine contact with children, shall have on file a physician's statement or health card and a child-maltreatment Central Registry check. An exception shall be given to parents who volunteer to assist in field trips. Child maltreatment Central Registry checks for volunteers under age 18 must include a parent's signature.
- 4. Individuals who provide health services or program enrichment activities on a limited basis are not considered volunteers. The facility shall retain a register of such persons listing name, organization, address, telephone number, date and time in the center. (Note: This section does not apply to therapists or others who have routine contact with children.

 Therapists who are not left alone with children are required to have child maltreatment background checks. Therapists who are left alone with children at any time are subject to all

background check required for personnel. The therapist is entitled to a copy of the initial background/maltreatment check results, and may share a copy with other facilities the therapist may be working in.)

305 Student Observers

- 1. Students visiting the center on a regular or periodic basis to **observe** classroom activities, or for similar purposes, shall not be counted in the staff/child ratio, shall not have disciplinary control over children and shall not be left alone with children. These individuals shall have the following documentation on file:
 - a. Child maltreatment background check
 - b. A health care or physician's statement showing the absence of contagious tuberculosis
- 2. Students that are conducting practicum, student teaching, or working in the same capacity as a staff member or volunteer must meet the criteria in the appropriate section. (Sections 303 and 304)

400 PROGRAM

401 Program Requirements

- 1. Each child care center shall be equipped with <u>supplies</u>, <u>resources</u>, and indoor and outdoor equipment to take care of the needs of the total group and to provide each child with a variety of activities throughout the day.
- 2. <u>Children shall have a variety of toys, books and creative materials, and equipment. This includes equipment for:</u>
 - a. Large muscle/Gross Motor activities (such as climbing and running)
 - b. <u>Manipulative/Fine Motor activities (such as things done with the hands: puzzles, drawing, modeling clay)</u>
- 3. There shall be a written daily routine listing developmentally appropriate activities for children. The program shall offer alternating periods of active play and quiet times throughout the day.
- 4. Facility staff shall avoid activities or experiences which may be damaging to children's self-esteem and positive self-image.

- 5. There shall be an opportunity for a supervised rest period that:
 - a. Is at least one (1) hour, but does not exceed two (2) hours.
 - b. Children shall not be forced to remain on cot or mat if they do not fall asleep, and shall be allowed to participate in a quiet activity that does not disturb the children who are asleep.
- 6. There shall be sufficient lighting during nap time to provide adequate supervision of the children.
- 7. Parents shall not be denied access to their child at anytime during hours of operation.
- 8. <u>Staff shall not release a child to anyone who is not immediately recognized as the child's parent or as someone on the authorized pick-up list unless:</u>
 - a. The individual can provide an official picture ID AND
 - b. The person in charge can match the ID to the individual named on the child's data sheet
- 9. <u>Verification of permission for persons not on the authorized list shall be obtained by the person in charge by calling the parent, at a number listed in the child's record. The person in charge shall view an official picture ID of the individual to verify identity.</u>
- 10. There shall be a total of at least one (1) hour of outdoor play per day in suitable weather. When making a determination if children should play outside, staff shall consider the following environmental factors:
 - a. When the heat index is forecast to be ninety (90) degrees or above, outdoor play should be scheduled during early morning hours or the length of time spent outdoors should be reduced to avoid heat stress.
 - b. When outdoor play occurs during the hotter part of the day, children should have shaded area, an ample supply of water and should be monitored closely for signs of heat stress.
 - c. When outdoor play occurs during the winter months and when temperatures are extremely cold, the time scheduled for outdoor play should be reduced or suspended depending on the temperature and other weather conditions.
- 11. The use of television, DVD, video cassette viewing and computer/video games and other screen time activities shall meet the following requirements;
 - a. <u>Shall be prohibited for children younger than 18 months of age.</u> (The use of DVDs or other video programs for any activities with this age group would have to be approved through an alternative compliance request.)

- b. Shall be limited to programs which are age-appropriate (programs should have educational value)
- c. Shall be scheduled and shall not exceed one (1) hour daily per child or group of children. Children shall not be required to participate in screen time activities and shall be offered other choices. (Viewing time may be extended for special events or occasions such as a current event, holiday or birthday celebration or for the occasional viewing of age appropriate movies or other programs that may exceed one hour in length.)
- d. Computer learning periods for children below age 5 may not exceed two (2) hours a day per child or group of children

402 Infant & Toddler Requirements

- 1. Sleeping children shall be visually monitored at all times and physically checked regularly for breathing.
- 2. Each infant/toddler shall be given opportunity during the day to explore the area outside the crib or baby bed.
- 3. Infants/toddlers shall be placed in age appropriate cribs, cots, or mats meeting CPSC standards, for when they fall asleep. (Note: Also, any items used in the crib must be used according to manufacturer guidelines, regardless if the child is sleeping or not, in accordance with 1001.1).
- 4. Infants (children 12 months and below) shall be placed flat on their backs to sleep, in accordance with American Academy of Pediatrics guidelines, to lessen the risk of suffocation and Sudden Infant Death Syndrome. (If a child rolls over on his/her own, the facility is not required to reposition the child.) If there is a medical reason a child cannot sleep on his/her back, then a signed statement from the child's physician must be in the file stating the reason, the sleep position indicated, and the time frame this is required
- 5. <u>Infants' sleep space (e.g. crib) shall be free of loose bedding. If light blanket is necessary, it should be kept at or below the mid-chest area of the child. Staff shall not cover the faces of infants.</u>
- 6. <u>Pillows (including nursing or "boppy" pillows)</u>, <u>bumpers/bumper pads</u>, and <u>stuffed animals shall not be placed in cribs</u>.
- 7. Infants and toddlers shall be taken outside for a period of time every day, unless prevented by weather or special medical conditions.

- 8. Infants/toddlers, when awake, may remain in the crib/playpen as long as he or she is content, but never for periods longer than one (1) hour.
- 9. Stimulation shall be given to an infant in a variety of ways. Caregivers shall hold children, and offer nurturing, responsive care in addition to the routine care of diapering and feeding.

500 BEHAVIOR GUIDANCE

501 Behavior Guidance Requirements

- 1. Behavior guidance shall be:
 - a. Individualized and consistent for each child
 - b. Appropriate to the child's level of understanding
 - c. Directed toward teaching the child acceptable behavior and self-control
- 2. Physical punishment shall not be administered to children.
- 3. The length of time a child is placed in time out shall not exceed one minute per year of the child's age.
- 4. Acceptable behavior guidance techniques include:
 - a. Look for appropriate behavior and reinforce the child with praise and encouragement when they are behaving well.
 - b. Remind the child on a daily basis of the rules by using clear positive statements regarding how they are expected to behave rather than what they are not suppose to do.
 - c. Attempt to ignore minor inappropriate behavior and concentrate on what the child id doing properly.
 - d. Use brief supervised separation from the group only when the child is does not respond to a verbal command which instructs the child as to how he or she is supposed to behave.
 - e. When a misbehaving child begins to behave appropriately, encourage and praise small steps rather than waiting until the child has behaved for a long period of time.
 - f. Attend to the children who are behaving appropriately and other children will follow their example in order to obtain your attention.
- 5. The following activities or threats of such activities are unacceptable as behavior guidance measures and shall not be used for children. These include, but are not limited to the following:

- a. Restraints (Restraining a child briefly by holding the child is allowed when the child's actions place the child or others at risk of injury.)
- b. Washing mouth with soap
- c. Taping or obstructing a child's mouth
- d. Placing unpleasant or painful tasting substances in mouth, on lips, etc.
- e. Profane or abusive language
- f. Isolation without supervision
- g. Placing child in dark area
- h. Inflicting physical pain, hitting, pinching, pulling hair, slapping, kicking, twisting arms, biting or biting back, spatting, swatting, etc.
- i. Yelling (This does not include a raised voice level to gain a child's attention to protect the child from risk of harm.)
- j. Forcing physical activity, such as running laps, doing push-ups, etc. (This does not include planned group physical education activities that are not punitive in nature.)
- k. Associating punishment with rest, toilet training or illness
- 1. Denying food (lunch or snacks) as punishment or punishing children for not eating
- m. Shaming, humiliating, frightening, physically or mentally harming children or labeling children
- n. Covering the faces of children with blankets or similar items
- 6. Behavior charts, if used, should be used to encourage positive behavior. Behavior charts shall record only the child's behavior for the current day and shall not be punitive. (Behavior charts used to record only positive behavior may be maintained on a weekly basis.) The child's age and level of understanding should be considered when using behavior charts.
- 7. Behavior guidance practices used by the center shall be discussed with each child's parents and provided to them in writing at the time of enrollment with a copy signed by the parent maintained in the child's record.

502 Infant & Toddler Behavior Guidance Requirements

- 1. Time-out shall not be used for children under two years of age.
- 2. The child may be placed in a supervised area away from the group or in a crib or playpen while staff attend to the situation. Brief separation from the group is acceptable when the child's behavior places the child or others at risk of harm. Example: A child who has bitten another child would be removed from the group, briefly, while staff attends to the bitten child.

600 RECORDS

601 Record Requirements

- 1. All staff, child and facility records shall be kept and made available to the Child Care Licensing Unit on request. The records shall be maintained for three (3) years unless otherwise indicated.
- 2. Licensing compliance forms (DCC-521) shall be available at the facility for 3 years. The facility shall advise parents in writing that the compliance forms are available for review upon request.

602 Facility Records

- 1. Facility Records shall be maintained on site and include:
 - a. Attendance records on all children
 - b. Transportation rosters, if applicable (maintained for one year)
 - c. Verification of current vehicle registration, if applicable
 - d. Verification of required commercial vehicle insurance coverage, if applicable
 - e. Verification of required Child Care Liability Insurance
 - f. Verification of current pet vaccinations, if applicable
 - g. Verification of annual fire department approval
 - h. Verification of annual health department approval
 - i. Verification of zoning approval
 - j. <u>Verification of annual approval by the Boiler Inspector Division of the Department of Labor</u>
 - k. Mobile Home Commission approval for double wide manufactured homes, if applicable
 - 1. Record of emergency drills
 - m. Plans and procedures of Emergency Preparedness
 - n. Procedures for reporting allegations of child maltreatment
 - o. Procedures for reporting suspected licensing violations
 - p. Licensing compliance forms
 - q. Log of Product Recall and Safety Notices from CPSC or Attorney General's Office
 - r. Articles of Incorporation, if applicable
 - s. Current list of names, addresses and phone numbers of the Board of Directors, if applicable

603 Staff Records

- 1. Staff records may be maintained off site, <u>unless otherwise noted</u>, and shall contain the following:
 - a. Name, date of birth, address and telephone number
 - b. Education, training and experience (**Clarification:** Training hours will be counted on a calendar year basis or by the facility's operating schedule if they do not operate year round.)
 - c. Health record, including current health card and/or physician's statement verifying the staff is free of contagious tuberculosis (copy must be on site)
 - d. Employment related information for previous six (6) years, with written documentation of verification of employment and reference checks
 - e. Attendance record, listing days and hours worked
 - f. Date of employment and date of separation
 - g. Documented training or continuing education; i.e., orientation, in-service training, and workshop documentation, which shall include title of workshop, presenter, hours of training and date
 - h. Initiation of Criminal Record Checks and Central Registry Checks and the results obtained when received
 - i. <u>Verification of completion of the required transportation training and a readable, current copy of the driver's license for all staff who transport children (copy must be on site)</u>
 - j. Verification of First Aid and/or CPR for applicable staff (copy must be on site)

604 Children's Records

- 1. The child care facility shall maintain a record for each child in care which shall be on site. Records for children no longer enrolled may be maintained off site. Children's records shall contain the following information:
 - a. Application form which includes child's name, date of birth and address, name of parent or guardian, telephone numbers (home and business), work hours of parents or guardians, and date of enrollment in facility.
 - b. The name, address, and telephone number (home and business) of a responsible person to contact in an emergency if the parent or guardian cannot be located promptly.
 - c. Name, address and telephone of child's physician or emergency care facility.
 - d. Written permission of parent or guardian authorizing emergency medical care and transportation of child for emergency treatment (This authorization shall accompany children anytime they are transported.)
 - e. Name(s) of persons authorized to pick up child.

- f. Permission slips signed by parent or guardian authorizing the child to be taken on specific field trips.
- g. Pertinent medical history on the child.
- h. An authorized record of up-to-date immunizations or documentation of a religious, medical or philosophical exemption from the Arkansas Department of Health (Updated immunization schedules will be provided as changes are received from the Arkansas Department of Health.)
- i. A record of all accidents or injuries indicating the location, time of day, area or piece of equipment where the incident occurred.
- j. Any legal or medical documentation that has been given to the facility, by the parent or legal guardian, regarding the care of the child.

700 NUTRITION

701 Nutrition Requirements

- 1. The center shall ensure that lunch is served to each child.
- 2. Breakfast, lunch, snacks and evening meals shall each meet *current* U.S. Department of Agriculture guidelines, including portion size. (See Appendix C) If sack lunches are utilized, the facility shall ensure that they also meet these requirements. Milk shall be served to each child during the day. Exceptions may be made for children who suffer allergies to milk.
- 3. Breakfast shall be made available for children who arrive before 7:00 a.m. Breakfast may be served to all children rather than a morning snack provided there is no more than 3 hours between breakfast and lunch.
- 4. Meals shall be served at tables. All food service surfaces shall be kept sanitary.
- 5. Food and drinks which are not available to the children shall not be consumed by staff in the children's presence.
- 6. Mid-morning snacks or breakfast, and mid-afternoon snacks shall be provided for all children.

702 Infant & Toddler Nutrition Requirements

- 1. The routine use of food, bottles and formula shall be agreed upon by the caregiver and parent. Instructions regarding special needs for food, bottles and formula, such as food allergies, shall be obtained in writing from the parent and followed by the caregiver. (See Appendix D).
- 2. Feedings for all children up to twelve (12) months of age shall be documented by the caregiver and available for review by the parent. This documentation shall continue for all children older than twelve (12) months of age who are still being given bottles.
- 3. Infant bottles and food shall be prepared and heated in an area separate from the diaper changing area.
- 4. Water used for the preparation of formula shall not come from the hot water supply. (Water from hot water systems may contain high levels of lead and other substances which could be harmful to small children.)
- 5. Children shall not share the same bottle or eating utensils. The facility shall practice a sanitary method of cleansing baby bottles, cups and utensils.
- 6. Bottles shall not be propped. Infants under six months of age shall be held while being bottle-fed. If needed, infants six months of age or older shall be held while being bottle-fed.
- 7. Bottles and "sippy cups" shall be labeled with the child's name and shall be refrigerated.

800 BUILDINGS

801 Building Requirements

- 1. Child care centers shall comply with the Minimum Requirements of The National Fire Safety Code 101 as administered by local fire department or by the State Fire Marshal, who has final authority. Written verification of annual approval shall be maintained on file. (Note that the State and Local Fire Codes may not allow the use of basements or floors above ground level by children, first grade and younger, unless there is a ground level exit.)
- 2. State Health Department requirements shall be met. Written verification of annual approval shall be maintained on file.

- 3. Department of Labor, Boiler Inspection Division requirements shall be met. All water heaters and any other boilers in licensed child care settings shall be inspected on an annual basis and/or upon installation. Verification that initial inspection has been scheduled and annual approval shall be maintained on file. Inspection, or proof of attempt to set up initial inspection, shall be completed within six (6) months of licensure. Scheduling and completion of annual inspections will be the responsibility of the Department of Labor, however, the facility is responsible for cooperating and keeping documentation of such inspection on file for review. (AR Code §20-23-101 et. seq.)
- 4. All space used by a center shall be kept clean and free of hazardous or potentially hazardous objects. (These objects include, but are not limited to, poisonous substances, firearms, explosives, broken toys/equipment, or other objects that could be harmful or dangerous, if they are determined to be accessible to children.)
- 5. Thirty-five square feet per child of usable floor space shall be required for indoor activities. This does not include bathrooms, kitchen and hallways. Usable space in the child care center shall include areas in the classroom used for storage of programmatic materials which are accessible to children. This does not include closets or storage space for equipment that is not in use.
- 6. Separate space shall be provided for the isolation of children who become ill and shall be located in an area that can be supervised at all times by a staff member.
- 7. All parts of the center used by the children shall be well heated, lighted and ventilated. Glass doors shall be clearly marked. When windows and doors are used for ventilation, they shall be screened and shall not present a safety hazard.
- 8. Floor furnaces, gas heaters, electric heaters, hot radiators, water heaters, air conditioners and electric fans shall have guards and shall not present a safety hazard. <u>Portable fuel heaters</u> shall not be used.
- 9. Floors, ceilings and walls shall be in good repair and kept clean. Paints used at the facility shall be lead free.
- 10. A child care center shall have an operable telephone on site all hours children are in care. The Licensee shall provide the phone number to the Licensing Unit and to the parents. (This phone may be a cell phone if the phone stays operable, stays at the facility during all hours of care, and is the phone number provided to the Licensing Unit and the parents.)
- 11. The following <u>structures</u> shall not be used as child care centers:
 - a. Manufactured homes constructed prior to June, 1976

- b. Manufactured homes constructed with metal roofs and outside walls
- c. Single-wide manufactured homes
- d. Portable storage type buildings
- 12. Double-wide manufactured homes may be considered provided they are tied down in accordance with the manufacturer's tie down specifications manual. Any new applicant for a child care center that requests the use of a manufactured home shall obtain an inspection at the applicant's expense from the Arkansas Manufactured Home Commission.
- 13. Manufactured homes currently licensed as child care facilities shall be tied down as recommended by the Arkansas Manufactured Home Commission.
- 14. Portable classroom buildings are not considered manufactured homes, but do require Fire Department approval. Portable classroom buildings installed after 11-1-2002 shall have Fire Department approval prior to purchase and installation.

802 Infant & Toddler Building Requirements

- 1. If Infant and Toddler Centers and Child Care Centers are operated in the same building, the areas designated for care of infants and toddlers shall be in rooms separate from the activity of other children.
- 2. When infants/toddlers share the same eating areas with older children, arrangements shall be made to maintain separation.

900 GROUNDS

To provide the safest possible playground environment, you are encouraged to meet Consumer Product Safety Commission's guidelines listed in the "Handbook for Public Playground Safety". However, the following are minimum requirements and shall be met.

Please note that these requirements do not mandate the use of any large and/or permanently anchored pieces of playground equipment that would require fall zones and surfacing. Numerous options for suitable playground environments are available and acceptable. For information on playground options, contact your Licensing Specialist.

Because public playgrounds and other play environments away from the facility may not meet acceptable safety standards, staff should provide close supervision and not allow children to use any equipment that appears unsafe (eg: broken equipment, sharp objects, strangulations hazards, etc.).

901 Layout & Design

- 1. The play area shall be enclosed and provide at least 75 square feet per child present on the playground at anytime.
- 2. There shall be an outside exit from the play area.
- 3. The area shall be well drained.
- 4. There shall be equipment and activities appropriate for the age and number of children enrolled in the facility.
- 5. Separate play areas or time schedules shall be provided if, infants and toddlers share playgrounds with older children.

902 General Hazards

- 1. The area shall be free of hazards or potentially hazardous objects.
- 2. Equipment, which is designed to be anchored, shall be properly anchored so that the anchoring devices are below ground level.
- 3. Sand for playing shall be kept safe and clean.
- 4. Paint on equipment shall be lead free.
- 5. All fasteners, including S-hooks, shall be securely tightened or closed.
- 6. There shall be no sharp points, corners, edges, or splinters.
- 7. The only trampolines allowed shall be mini-tramps used under direct supervision.
- 8. To prevent entrapment, there shall be no opening(s) between any interior opposing surfaces between 3.5 and 9 inches. (Openings in equipment that might allow a child's body to pass through, but not their head.) Ground bounded openings are exempt.
- 9. Balance beams higher than 12 inches shall have fall zones.

903 Slides

1. Slides shall not have any spaces or gaps between the platform and the slide surface.

904 Swings

- 1. The following swings shall not be used for any ages:
 - a. Multi-occupancy swings designed to hold more than one child, except tire swings
 - b. Animal figure swings
 - c. Free swinging rope (Tarzan ropes)
 - d. Swinging exercise rings
 - e. Trapeze bars
- 2. There shall be no wood or metal swing seats.
- 3. Toddler swings shall provide support on all sides, if seat is above 12" from ground.

905 Climbing Equipment

- 1. Free standing arch climbers exceeding 4 feet in height shall not be used for pre-schoolers.
- 2. Flexible grid climbing devices, such as rope or chain ladders, climbing ropes, etc., shall be securely anchored at both ends.
- 3. Pre-schoolers shall not use sliding poles.
- 4. Sliding poles shall have no protruding welds or seams along the sliding surface and the pole shall not change directions.

906 Merry Go Rounds

1. The only merry-go-rounds allowed are portable merry-go-rounds not designed to be anchored and they shall have handgrips or other secure means of holding on.

907 Seesaws

1. Seesaws without spring centering devices shall have shock absorbing materials, such as partial tires embedded in the ground underneath the seats or secured to the underside of the

2. Hand holds shall be provided for both hands at each seating position and shall not turn when grasped.

908 Fall Zones/Surfacing

- 1. There shall be fall zones and surfacing under and around equipment that is over 24" in height at the highest accessible point. (The highest accessible point is defined as the highest surface on the piece of equipment where children would stand or sit when the equipment is being used as intended.) Fall zones shall extend a minimum of 6' in all directions (unless otherwise specified) from the perimeter of the equipment. Exceptions may be granted for structures that have protective barriers in place.
- 2. Swings require fall zones and surfacing regardless of height. (Toddler swings equipped with safety straps are exempt from this requirement, provided their use is closely supervised.)
- 3. Fall zone surfacing depths shall be as follows:
 - a. Structures over 2' and under 3 ½" at the highest accessible point shall have a minimum surfacing material depth of 6"
 - b. Structures 3 ½' up to 5' at the highest accessible point shall have a minimum surfacing material depth of 9" (shredded tires or other shredded or chopped rubber products shall have a minimum depth of 6")
 - c. Structures 5' and taller at the highest accessible point shall have a minimum surfacing material depth of 12" (shredded tires or other shredded or chopped rubber products shall have a minimum of 6" depth)
- 4. Shock absorbent material such as sand, pea gravel, wood chips, wood mulch, shredded tires, etc., shall be used in fall zone areas under and around playground equipment which requires a fall zone.
 - a. When purchasing gravel, care should be taken prior to purchase to insure that the gravel is actually pea gravel that is smooth and rounded, and not crushed rock or gravel with sharp edges. Crushed rock and sharp gravel will not be approved.
 - b. Pea gravel used for fall zones shall not be over ½ inch in diameter.
- 5. Hard surface materials, such as asphalt and concrete shall not be used as base surfaces in the fall zones except under commercial matting or other systems/products designed to be installed over hard surfaces.

- 6. SLIDES: The fall zone for slides measuring 6 feet or over, measured from the slide platform to the ground, shall extend 10 feet from the exit end of the slide. Fall zones for slides measuring under 6 feet from the platform to the ground shall extend 6 feet from the exit end of the slide.
- 7. SWINGS: The fall zone for single-axis swings (standard swings) (except toddler swings) shall extend to the front and to the rear of the swing a minimum distance of two times the height of the pivot point (where the chain attaches to the frame) above the playing surface. The fall zone for toddler swings shall extend to the front and rear of the swing a minimum of two times the distance from the pivot point to the swing seat. (Note exemption listed in 908.1 above.) Fall zones shall also extend six feet to the sides of the swing set.
- 8. SWINGS: The fall zone for multi-axis swings (such as tire swings or others with three or more suspending chains) shall extend in all directions a minimum of six feet, plus the height of the suspending rod or chain.
- 9. Fall zones shall be free of obstacles onto which children may fall.

1000 FURNITURE & EQUIPMENT

1001 Furniture & Equipment Requirements

- 1. All manufacturer guidelines shall be followed for furniture and equipment that is used by, or around, children.
- 2. All equipment shall be sturdy, clean, and safe.
- 3. Paint on toys, equipment and other materials shall be lead free.
- 4. Chairs and tables shall be the size-appropriate for children.
- 5. Safety straps shall be used at all times in high chairs <u>or any other seats designed to be used with straps.</u>
- 6. The center shall provide individualized space for storing personal belongings.
- 7. There shall be storage space for extra materials and other equipment when not in use.

8. Outdoor equipment that requires fall zones and surfacing shall require the same fall zones and surfacing if used inside the facility. (This does not apply to equipment specifically designed for indoor use only.)

1002 Sleeping Equipment

- 1. There shall be a labeled, individual cot or mat, bottom sheet, and adequate cover for each child in care during rest time.
- 2. The use of mats shall be acceptable if they are at least 2 inches thick, washable, waterproof, and size-appropriate for children.
- 3. All sleeping equipment shall be kept at least one foot apart for napping to prevent cross-contamination and ease of access in an emergency.
- 4. Sheets and covers shall be washed at least once a week. Once a sheet/cover/blanket has been used by a child, it shall not be used by another child until it has been washed.

1003 Infant & Toddler Sleeping Equipment

- 1. Any cribs or playpens that have been identified as unsafe, or have been subject to recall as defined by the Consumer Products Safety Commission (CPSC) guidelines or law, shall be removed or repaired as indicated.
- 2. An individually labeled crib or safe playpen with a waterproof mattress shall be provided for each child under 12 months of age. A bassinet shall not be used. (Please note that the CPSC does not recommend the use of playpens in licensed child care.)
- 3. The following guidelines shall be required for cribs:
 - a. Slats shall be no greater than 2 3/8" apart
 - b. Cribs that have end panels with decorative cutout areas shall not be used
 - c. Mattresses shall fit snugly in the crib, be waterproof and in good repair.
 - d. The space between crib and mattress shall measure no more than 1 inch.
 - e. Corner posts shall be the same height as end panels
 - f. End panels shall extend below mattress at the lowest position of the mattress
- 4. Crib bedding shall be changed daily or more frequently when wet or soiled.

1100 HEALTH

1101 General Health Requirements

- 1. No child or staff shall be admitted who has a contagious or infectious disease. Parents and guardians shall be notified to pick up the child if the child exhibits any of the symptoms listed below:
 - a. **Fever:** A body temperature of 101 or greater (Recommendation-Infants, six months of age or under, who have a temperature of 100 greater should be excluded.)
 - b. **Diarrhea:** three (3) or more watery stools in a 24 hour period
 - c. **Vomiting:** Vomiting on two or more occasions within the past 24 hour period
 - d. **Rash:** Body rashes, not obviously associated with diapering, heat or allergic reactions to medications
 - e. **Sore Throat:** if associated with fever or swollen glands in the neck
 - f. **Severe Coughing:** Episodes of coughing which may lead to repeated gagging, vomiting or difficulty breathing
 - g. **Pink Eye:** Pink or red eye(s) which may be swollen with white or yellow discharge, until on antibiotics for 24 hours
 - h. **Untreated Scabies, Head Lice or the presence of nits:** May return after treatment and removal of nits
 - i. **Multiple Sores inside mouth with drooling:** unless health care provider determines the condition is non-infectious
 - j. **Ring Worm:** a fungal infection of the scalp or skin: may return after evaluation and under treatment by a health care provider
 - k. **Impetigo:** may return 24 hours after treatment is initiated
- 2. Any child who becomes ill and unable to participate in daily activities shall be separated from other children, supervised, and parents shall be called to pick up the child.
- 3. Any child who is injured shall have immediate attention. Parents shall be notified of all injuries. Injuries that require the attention of medical personnel shall be reported to the parent immediately and to the Licensing Unit within one business day.
- 4. Parents or guardians of all children shall be notified of contagious illness as soon as possible.
- 5. Medication shall be given to children only with signed parental permission which includes date, type, drug name, time and dosage. It shall be in the original container, not have an expired date, and be labeled with the child's name. (Aspirin substitutes, such as ibuprofen and acetaminophen, may be provided by the facility if parental permission has been granted. These medications shall be in the original container.) Staff shall not dispense medications in

dosages that exceed the recommendations stated on the medication bottle.

- 6. A first aid supply shall be kept out of reach of the children. A first aid kit containing medications shall be locked. This kit shall include the following:
 - a. Adhesive band-aids (various sizes)
 - b. Sterile gauze squares
 - c. Adhesive tape
 - d. Roll of gauze bandages
 - e. Antiseptic
 - f. Thermometer
 - g. Scissors
 - h. Disposable gloves
 - i. Tweezers
- 7. Medicine shall be kept out of the reach of the children when dispensing and shall be stored in a locked area at all other times.
- 8. Facilities shall comply with the Clean Indoor Air Act of 2006. Smoking in a child care center is prohibited at all times. This includes:
 - a. All areas of the facility, regardless of whether children are in care (includes time periods such as nights, weekends, holidays, etc., also includes office areas or other areas of the facility that share the same ventilation systems)
 - b. Outdoor play area(s)
 - c. Other outdoor areas when children are present
 - d. In any vehicle used to transport children, whether children are present in the vehicle or not
- 9. The facility shall follow any health or medical care plans and/or medical documentation as provided by the child's physician, parent, or guardian.
- 10. Garbage and soiled diapers shall be kept in closed containers. Garbage and trash shall be removed from the center daily and from the grounds at least once a week.
- 11. The facility shall be free of insects, rodents, and pests.
- 12. There shall be no pets or animals allowed that present a health and safety threat.

- 13. The communicable diseases listed in Appendix B, whether suspected in a child or adult shall be reported within 24 hours to either the local County Health Unit or the toll free Reporting System (800-482-8888). Immediate notification is recommended for the following:
 - a. Hepatitis
 - b. Rash illness (including MEASLES & RUBELLA)
 - c. WHOOPING COUGH (pertussis)
 - d. MENINGITIS
 - e. MUMPS
 - f. Tuberculosis
 - g. Salmonellas (including typhoid).
 - h. E-coli
- 13. Reporting data should include:
 - a. The reporter's name, location, and phone number
 - b. The name of the disease reported and the date of onset
 - c. The patient's name, address, phone number, age, sex and race (Please spell the patient's name)
 - d. The attending physician's name, location and phone number
 - e. Any pertinent clinical and laboratory information used in the diagnosis (Please give the laboratory name)
 - f. Any treatment information, if known
- 14. A roster shall be maintained on infants and toddlers who have not completed the minimum immunization requirements and parents notified of the needed immunization(s).
- 15. Within 15 days of enrollment of a child, the child care facility shall verify that the child has been immunized as required by the Arkansas Department of Health and Human Services or the child cannot remain in care (Arkansas Code 20-78-206 as amended by Act 870 of 1997-a current immunization schedule is provided as an insert in this publication).
- 16. Children shall be protected from overexposure to the sun. Sunscreen shall be used if needed and as directed by the parent. Suntan lotions and/or sunscreens used for infants/toddlers and preschool children shall be kept out of the children's reach and shall be administered only with written parental permission. School age children may apply sunscreen to themselves with supervision. A blanket permission may be obtained annually.

1102 Hand Washing

1. Individual towels, paper towels or forced air dryers shall be within the reach of children.

- 2. A liquid soap shall be accessible in the hand washing area and used by caregivers and children.
- 3. Running water shall be available in all lavatories.
- 4. Caregiver's and children's hand shall be washed with soap before meals and snacks, after toileting, after each diaper change, and as needed. The use of hand sanitizer shall not be a replacement for soap and running water.
- 5. A wash cloth or towel shall not be used more than one time before laundering.
- 6. A hand washing sink shall be available for the staff within the diaper change areas.

1103 Infant & Toddler Hand-Washing

1. Caregivers hands shall be washed with soap upon entering the work area.

1104 Drinking Facilities

- 1. The water supply shall be approved by the Arkansas Department of Health.
- 2. Drinking water shall be provided to the children.
- 3. Drinking water shall not be obtained from the hot water supply.

1105 Toilet Facilities

- 1. There shall be 1 toilet and 1 sink available for each group of fifteen (15) children.
- 2. Clean clothes shall be available for children who soil themselves.
- 3. Each center licensed or approved for more than thirty (30) children over the age of 18 months shall have a separate rest room for staff. Infant and Toddler Center staff and Day Care Center staff may share the same toilet facilities when both programs are located in the same building.
- 4. Toilet tissue shall be located within reach of the children when toileting.

1106 Infant & Toddler- Toilet Facilities

- 1. There shall be at least one toilet and one sink available to each infant/toddler center. For every fifteen (15) children 18 months age and above, there shall be an additional toilet and sink.
- 2. The child care center shall either provide a bathroom that opens directly into the room where toddlers are located or the facility shall provide additional staff for assisting children with toileting.
- 3. Potty chairs shall not be counted in lieu of conventional toilets. If potty chairs are used, they shall be placed in the same area with a conventional toilet and sink and shall be emptied and sanitized immediately after each use.

1107 Diaper Changing

- 1. When infants and toddlers are in care, there shall be a safe diaper changing area which shall be sanitized after every use and equipped with necessary supplies and cleaning materials.
- 2. Children shall always be attended during diapering.
- 3. Soiled or wet diapers shall be removed and replaced with clean, dry diapers. The caregiver shall ensure that children are properly cleaned and dried.
- 4. Soiled cloth diapers or clothing shall not be rinsed. If a child's own diapers are used, they shall be sanitarily bagged to be taken home daily.
- 5. Diaper covers or plastic pants shall be handled in the same manner as cloth diapers.
- 6. All diapering preparations shall be placed out of the reach of children. The use of all diapering preparations shall be agreed upon by the caregiver and parent.

1108 Toilet Learning

- 1. The caregiver shall assist children in toilet routine and hygiene practices.
- 2. The following methods shall not be used in toilet learning:
 - a. Placing child on toilet or potty chair for prolonged time periods.
 - b. Using harsh language.
 - c. Punishing or berating in any way for soiling clothing.

- d. Using physical force to place child on a toilet or potty chair against their will.
- e. Leaving a child unsupervised on toilet.

1200 SAFETY

1201 Safety Requirements

- 1. The facility shall have a written plan detailing the procedures to follow in the event of emergencies (fires, floods, tornadoes, utility disruptions, bomb threats, etc.) (Act 801 of 2009). The plan and procedures are required for emergencies that could cause structural damage to the facility, be identified as a threat by the Arkansas Department of Emergency Management or pose a health and/or safety hazard to the children and staff.
- 2. The written plan shall include the following information:
 - a. Designated relocation site and evacuation route
 - b. Procedures for notifying parents of relocation
 - c. Procedures for ensuring family reunification
 - d. <u>Procedures to address the needs of individual children, including children with special</u> needs
 - e. <u>Procedures and documentation for annual training of staff regarding the plan and possible reassignment of staff duties in an emergency</u>
 - f. Plans to ensure that all staff and volunteers are familiar with the components of the plan
- 3. The facility shall coordinate with local emergency management officials to plan for emergencies.
- 4. Written procedures and evacuation diagrams for emergency drills shall be posted in each classroom.
- 5. Fire and tornado drills shall be practiced each month as follows:
 - a. Fire and tornado drills shall be practiced on separate days and at different times of the day.
 - b. Everyone in the facility, to include all program types (i.e. infant & toddler, preschool, school age), at the time of the drill shall participate in the drill
 - c. Staff, including volunteers and substitutes, shall be trained in emergency drill procedures
 - d. <u>If applicable</u>, the facility shall provide a crib with evacuation casters or equivalent that will provide one (1) bed for every six (6) infants, twelve (12) months and younger, that may be used for the safe evacuation of the infants.

- 6. The facility shall maintain a record of emergency drills. This record shall include:
 - a. Date of drill
 - b. Type of drill
 - c. Time of day
 - d. Number of children participating in the drill
 - e. Length of time taken to reach safety
- 7. The facility shall maintain an evacuation pack that shall be taken on all drills and during actual emergency evacuations. The pack shall be easily accessible in an emergency and all staff shall know the location of the pack. The evacuation pack shall include, but is not limited to the following:
 - a. <u>List of emergency numbers</u>
 - b. List of all emergency and contact information for children
 - c. List of all emergency and contact information for staff
 - d. First aid kit (requirement 1101.6) with extra gloves
 - e. Kleenex
 - f. Battery powered flashlight and extra batteries
 - g. Battery powered radio and extra batteries
 - h. Hand sanitizer
 - i. Notepad and pens/pencils
 - j. Whistle
 - k. Disposable cups
 - l. Wet wipes
 - m. Emergency survival blanket
- 8. The facility shall immediately notify the Licensing Unit of any extended utility outages or significant damage to the building and/or grounds. If phone service is not available, notification shall be as soon as service is restored or available.
- 9. Child care centers shall maintain a log of all child product recalls and safety notices issued by CPSC or distributed by the Attorney General's Office and shall post or otherwise make these notices available for parents to review. The facility director shall certify, on an annual basis, that these notices have been maintained and reviewed and that any identified items have been removed from the facility. Forms for self-certification will be provided by the Licensing Specialist and shall be submitted annually. (Act 1313 of 2001).

- 10. There shall be no alcoholic beverages in any part of the facility during hours of care. Illegal drugs/paraphernalia shall not be in any part of the facility or on the premises, regardless if children are present or not.
- 11. All medications and poisonous substances shall be kept in separately locked areas.
- 12. All detergents and cleaning supplies shall be kept out of the reach of children. (This does not include hand soap in children's or staff bathrooms.)
- 13. Supplies used for children's activities shall be carefully supervised.
- 14. All bags belonging to children shall be checked on arrival to eliminate possible hazards. Purses and bags belonging to staff shall be stored out of reach of children.
- 15. Electrical outlets shall be guarded.
- 16. Balloon use shall be carefully supervised.
- 17. Staff shall be instructed in the use of fire extinguishers.
- 18. The facility shall maintain smoke detectors/fire extinguishers as required by the Fire Department. Smoke detectors shall be kept in working order at all times.

1202 Infant & Toddler Safety Requirements

1. Balloon use shall not be allowed in infant/toddler areas.

1203 Swimming Pools

- 1. Swimming pools and natural pools of water may be used for water play if the following requirements are met:
 - a. Health Department approval where applicable
 - b. Written parental permission
 - c. One person present at all times who has current certification in Red Cross Life Saving or Y.M.C.A. aquatic instruction.
- 2. Adult supervision of the children shall be provided at all times, with grouping based on the following staff/child ratio: (Unless children are participating in an authorized swimming instruction program.)

| a. | Kindergarten & up | 1:8 |
|----|-------------------|-----|
| b. | 5 years | 1:5 |
| c. | 4 years | 1:3 |
| d. | 3 years | 1:2 |

- 3. When children of different ages are swimming in a group, the staff/child ratio shall be based on the youngest child within the group.
- 4. Lifeguards, swimming instructors or any other swimming pool staff may be counted in the ratio when the facility's children are the only occupants of the pool and these persons have completed criminal and child maltreatment background checks and have a current health card.
- 5. Swimming pools located within the play area of the center shall be enclosed. The enclosure shall consist of a locked gate and a fence that is at least four feet high.

1204 Infant & Toddler-Swimming Pools

1. Swimming pools, wading pools, and natural pools of water shall not be used for children in Infant/Toddler programs. This does not prohibit the use of sprinklers and water play for this age child.

1300 TRANSPORTATION

1301 Transportation Requirements

- The requirements in this section apply to all transportation provided by the licensee, including transportation provided by any person on behalf of the licensee, regardless of whether the person is employed by the licensee. Periodic transportation, such as a parent requesting that their child be picked up at school due to the parent's work schedule or other conflicts, is also covered by these requirements, whether a fee is charged for this service or not.
- 2. <u>Staff transporting children shall meet the following requirements:</u>
 - a. Be at least twenty-one (21) years old or the minimum age required by the Licensee's commercial auto insurance
 - b. <u>Hold a current valid driver's license or commercial driver's license as required by state law, and a readable copy shall be maintained in the staff's record</u>

- c. Successfully completed the training course in Driver Safety that is offered or approved by the Division prior to transporting children. Verification of the completed course in Driver Safety shall be maintained on site in the staff's record.
- 3. The vehicle(s) used for the transportation of children shall be in compliance with Arkansas state laws on transportation of children.
- 4. Vehicles shall be licensed and maintained in proper working condition.
- 5. Commercial insurance coverage shall be maintained for any vehicle used for transportation by the facility. Verification of commercial insurance coverage shall be provided to the Licensing Specialist prior to transportation of children. (Facilities licensed prior to the effective date of these regulations shall obtain required coverage within ninety (90) days.) Required coverage amounts to be maintained are:
 - a. Minimum coverage of \$100,000 Combined Single Limit (CSL)
 - b. Minimum coverage of \$100,000 for both Uninsured Motorist (UM) and Under Insured Motorist (UIM)
 - c. <u>Minimum coverage of \$5,000 Personal Injury Protection (PIP) for each passenger</u> (based on the number of passengers the vehicle is manufactured to transport)
- 6. Driver may be counted in staff/child ratio, but shall not be the only adult when more than 12 children over the age of three are transported.
- 7. For transporting children kindergarten and above only, a ratio of 1:20 shall be maintained. Driver may be counted in staff/child ratio.
- 8. Any child who is less than 6 years old <u>or</u> weighs less than 60 pounds shall be restrained in a child passenger safety seat. Any child who is at least 6 years or weighs at least 60 pounds must be restrained by a safety belt. (Act 470 of 2001). Conventional school busses are exempt from this requirement except for the transportation of infants/toddlers. (See#1302.2) Child passenger safety seats shall be used in accordance with manufacturer's guidelines.
- 9. There shall be a seating space and an individual, appropriate restraint system provided for each child transported.
- 10. Rosters listing the date, the names and ages/date of birth of all children being transported as well as the name of the driver and any other staff member on the vehicle shall be maintained. These rosters shall be used to check children on and off the vehicle when they are picked up and dropped off at home, school, etc. and when they arrive at and leave the facility. Transportation rosters shall be kept by the facility and available for review for one year.

- 11. To insure that no children are left on the vehicle, the driver or a staff member must walk through the vehicle and physically inspect each seat before leaving the vehicle. The driver or the staff member, who conducted the walk through inspection, must sign the transportation roster to verify that all children have exited the vehicle.
- 12. To insure that children have safely arrived in the appropriate classroom, the transportation roster shall be reviewed by the Director or designee and compared with classroom attendance records. The Director or designee shall sign off on the transportation roster to verify that all children have safely transitioned from the vehicle to the classroom.
- 13. Any vehicles designed or used to transport more than seven (7) passengers and one (1) driver must have approved child safety alarm devices installed. These devices must be properly maintained in working order at all times.

Vehicles in service at licensed facilities prior to July 1, 2005, shall have the alarm installed by a qualified technician or mechanic no later than December 31, 2005. On or after July 1, 2005, all vehicles at newly licensed facilities and newly acquired vehicles at existing facilities shall have a child safety alarm installed before placing the vehicle in service.

The Child Care Licensing Unit shall maintain a list of approved alarm systems.

Clarification -

- The alarm system shall be installed so that the driver must walk to the very back of the vehicle to reach the switch that deactivates the alarm. Alarm switches installed in locations that do not require the driver to walk to the back of the vehicle and view all seating areas will not be acceptable.
- The alarm system may be installed by any certified technician or mechanic employed by a recognized electronics or automotive business in accordance with the devices manufacturer's recommendations.
- The time delay from activation of the alarm until the alarm sounds shall be no longer than one minute. Any of the following three options are acceptable to meet the intent of Act 1979 when children are being delivered at the facility. Other options must be approved by the Licensing Unit.

Options

- 1. Unload all of the children, walk through the vehicle to ensure that no children remain on board and deactivate the alarm. (This option will only work if you are able to unload all children in less than one minute.)
- 2. Upon arrival, have one staff member immediately walk through the vehicle to deactivate the alarm system. That staff member will remain near the alarm switch at the back of the vehicle until all children have been unloaded to ensure that no child is left on board. (This option will require at least two staff members, one to supervise the children and one to remain inside the vehicle.)
- 3. Upon arrival, deactivate the alarm and unload the children. Immediately after unloading, start the vehicle and move it to a different location for final parking. (This will reactivate the alarm and require a final walk through.)

1302 Infant & Toddler—Transportation Requirements

- 1. In a vehicle transporting infants and toddlers, the driver may be counted in the staff/child ratio but shall not be the only adult. A ratio of one adult for each three infants/toddlers shall be maintained.
- 2. Infants and toddlers shall not be transported on school buses that are not equipped to accommodate required child safety seats.

1400 SPECIAL NEEDS

Individuals with Disabilities Education Act (IDEA):

- It is a law ensuring services to children with disabilities throughout the nation. IDEA governs how states and public agencies provide early intervention, special education and related services to eligible infants, toddlers, children and youth with disabilities.
- It defines a child with Special Needs as:
 - A child determined eligible for special services under the Individual with
 Disabilities Education Act (IDEA) for whom a current IFSP (Individual Family Service Plan) or IEP (Individual Education Plan) exists and/or
 - o A child whose physical condition has lasted or is expected to last at least two (2) years as diagnosed by a licensed medical or psychological examiner

- It is specified in Public Law 108-466 §635.16 A-B (IDEA as reauthorized) as:
 - o Children with disabilities including children in public or private institutions or other care facilities are educated to the maximum extent appropriate with children who are not disabled.
 - O Special classes, separate schooling or other removal of children with disabilities from the regular educational environment occurs only when the nature or severity of the disability of the child is such that the child is not achieving a satisfactory education in a regular class that provides supplementary aids and services.

1401 Special Needs Requirements

- 1. All child care facilities shall comply with all applicable provisions as specified in IDEA:
 - a. The facility shall enroll children with special needs without regard to disability.

 (Programs are required to provide space and care for a child who can be placed in their facility with existing services, as well as added supports from special educational services, and as long as the health and safety of the child can be met.)
 - b. Staff shall provide care in the general classroom with children who are not disabled
 - c. The facility shall assist in facilitation of services required to meet the "special needs" of children in the center or in the classroom as specified on the individualized education/individual family service plan.
 - d. Facility staff (regular classroom staff) shall be a partner in the IFSP/IEP plan process
 - e. The facility shall allow service providers who are representatives of DHS, DDS or ADE access to the facility to provide special services as prescribed on the plan to enable the plan to be implemented in the classroom (natural/ least restrictive environment).
 - f. The facility shall not charge special service providers for space, accept "gratuities", or payment for allowing special service providers to provide services in their facility.
 - g. The facility is not required to "displace" children or staff to make space available to special service providers.
 - h. In order for a special service provider to provide special services in the facility, the IFSP/IEP planning team under the authority of the Arkansas Department of Education and/or the Arkansas Department of Human Services, Developmental Disabilities Services, shall identify the needed special services on the IFSP/IEP.
 - i. <u>Classroom staff shall reinforce the specified goals and objectives as part of the daily routine of the classroom.</u>

1402 Infant & Toddler Special Needs Requirements

- 1. To the maximum extent appropriate, children ages 0-2 shall participate in early intervention services provided in "natural environments."
- 2. When infants and toddlers cannot achieve satisfactory results from early intervention services in a natural environment, the provision of early intervention services shall occur in other appropriate settings as determined by the parent and the Individualized Family Service Team.



PROGRAM SPECIFIC VARIATIONS

PROGRAM-SPECIFIC VARIATIONS ARE NUMBERED ACCORDING TO THE REGULATION WITH WHICH IT VARIES. UNLESS A VARIANCE IS LISTED BELOW, ALL BASIC REQUIREMENTS APPLY.

1500 SCHOOL AGE/SUMMER DAY CAMP

301 Staff/Child Ratio

1. Kindergarten and above, 1 worker per 20 children.

401 Program Requirements

- 1. The program of activities shall be flexible and shall provide some opportunities for a child to choose how he will spend his time.
- 2. The program shall provide a variety of activities suitable to the ages and interests of the children.
- 3. School age children who leave the child care center to participate in other activities shall have written permission from the parents naming the activity, time of leaving and returning and method of transportation.
- 4. Children in camp situations shall be under direct supervision of staff at all times.

603 Children's Records

- 1. Immunization records shall not be required for school age children.
- 2. Permission for specialized summer activities shall be maintained.
- 3. Emergency information and medical permission sheet shall be maintained at camp site.

701 Nutrition Requirements

1. Children arriving for after-school care shall be provided with a nutritious snack.

- 2. Mid-morning snacks shall be provided for all children who are in care for more than 3 hours prior to lunch. Mid afternoon snacks shall be provided for all children.
- 3. Vending machines in school age settings are acceptable provided they are not the only source of snacks and/or beverages.
- 4. Milk is not required to be served in rural day camp settings.

801 Building Requirements

- 1. Twenty-five (25) square feet of floor space shall be provided for each school age child.
- 2. If a facility utilizes the out-of doors as its major program component for school-age children, covered pavilions and other roofed structures shall provide 25 square feet per child.
- 3. If preschool children are not present, electrical outlets need not be plugged.

901 Grounds

1. The requirements for an enclosure of the outdoor play area shall be met if there are health, safety, or fire hazards present.

1002 Sleeping Arrangements

1. A period of quiet activities shall be provided when children are in care all day.

1101 Health Requirements

1. Provisions shall be made for waterproof cots or mats if a child becomes ill.

1102 Hand Washing

1. Alternative methods of hand washing shall be provided if running water is not available.

1104 Drinking Facilities

1. Water that is transported to the camp sites for drinking purposes shall be in enclosed containers. Fresh water shall be provided each day.

1105 Toilet Facilities

1. There shall be one toilet and one sink for each 30 children. Separate toilet facilities for boys and girls shall be provided.

1203 Swimming Pools

1. Lifeguards, swimming instructors, or any other swimming pool staff may be counted in the ratio when the facilty's children are the only occupants of the pool and these persons have completed criminal and child maltreatment background checks and have a current Health card.

1301 Transportation Requirements

- 1. Driver may be counted in staff/child ratio.
- 2. There shall be a minimum of two staff members present whenever more than 20 children are transported.

1600 EVENING & NIGHT CARE VARIATIONS

Night care is any care provided after midnight.

301 Staff/Child Ratio

1. Staff members shall be awake at all times and shall have children in view at all times.

401 Program Requirements

1. Evening quiet time activity shall be provided to each child arriving before bedtime.

701 Nutrition Requirements

- 1. Children who are in care overnight shall be provided with a breakfast prior to leaving for school or other activities.
- 2. Supper shall be provided to children during evening meal hours.
- 3. Snacks meetings the current U.S. Department of Agriculture guidelines shall be provided to

children in attendance for more than 2 ½ hours prior to bedtime.

1002 Sleeping Arrangements

- 1. Bedtime schedules shall be established for children in consultation with the child's parent(s).
- 2. Storage space for clothing and personal belongings shall be provided within easy reach of the children.
- 3. Individual beds or cots equipped with comfortable mattresses, sheets, pillows, pillow cases and blankets shall be provided for children in all-night care. Bed linens shall be changed at least once a week or daily when wet or soiled.
- 4. Mats may be used for children in evening care.
- 5. The upper level of double deck beds shall be allowed for children 10 years or older if a bed rail and safety ladder are provided.
- 6. Children shall have clean and comfortable sleeping garments for their individual use.

1105 Toilet Facilities

- 1. There shall be age appropriate bathing facilities available for all children. For children 2 ½ years and older in night care (after midnight), there shall be a bathtub or shower available. Bathtubs and showers shall be equipped to prevent slipping.
- 2. Bathrooms shall be located near the sleeping areas.
- 3. No child under 6 years of age shall be left alone or with another child while in the bathtub or shower.

1700 PART-TIME PROGRAM VARIATIONS

401 Program Requirements

- 1. A rest period is not required for children who are in care for less than 4 hours per day or arrive shortly after lunch.
- 2. Outside play may be scheduled for periods of less than 1 hour daily.

701 Nutrition Requirements

1. Facilities in operation for more than 3 hours per day shall provide a snack that meets current U.S. Department of Agriculture Guidelines.

1800 SICK CARE COMPONENT

301 Staff/Child Ratio

- 1. The following ratios shall be maintained at all times:
 - a. Infant/Toddler 1:3, Maximum group size =6
 - b. Preschool/School Age 1:5, Maximum group size 10
- 2. Staff shall be separated in the same manner children are separated to prevent cross infection.

302 Director

- 1. If the component is part of a child care facility, the program director shall be accountable to the facility director. If the component is an entity unto itself the program director may also be the facility director.
- 2. The program director shall have completed the following training:
 - a. Communicable disease control
 - b. Recognition and care of usual childhood illness
 - c. CPR certification
 - d. First Aid certification

401 Program Requirements

- 1. Children shall be provided with quiet activities according to their age and abilities.
- 2. Caregivers shall:
 - a. Administer medicine according to prescribed instructions
 - b. Take temperature frequently or as needed

- c. Monitor any changes in condition
- d. Record necessary medical or physiological data or changes
- e. Notify parents immediately if their child's condition changes significantly for the worse, especially if the condition meets one of the excludable diseases or symptoms
- 3. The child shall be removed immediately from sick care when his/her condition meets one of the excludable diseases or symptoms.
- 4. Children may be returned to regular day care when a doctor's statement has been obtained or when the child is free of symptoms for 24 hours.

603 Children's Records

- 1. The record shall contain information on the specific condition or illness placing the child in sick care.
- 2. The record shall contain any recommendations for needed medical treatment and/or program or environment modifications that the child needs.

801 Building Requirements

- 1. If located in the same facility as day care, sick care shall be separate with a separate entrance and separate ventilation system.
- 2. Children with respiratory illnesses shall be cared for in separate space from children with gastrointestinal illness. Any child with an undiagnosed condition shall be separated from other children to prevent cross infection. A separate area can be defined by curtains; partitions etc. if airborne transmission is not likely.
- 3. A hand-washing sink shall be available in each room.
- 4. To prevent cross contamination, a designated toilet shall be available to each sick care room.
- 5. The facility shall be self contained-i.e. food, water, bedding, toileting (no potty chairs) etc.

1001 Furniture & Equipment Requirements

- 1. No furniture, fixtures, equipment and supplies designated for use in the sick care component shall be used or shared by well children.
- 2. All laundry shall be washed each day. The items shall be placed in a plastic bag and labeled

"contaminated" so necessary precautions can be taken.

3. All toys and equipment shall be disinfected after every use.

1101 General Health Requirements

TABLES OF COMMUNICABLE DISEASES AND SYMPTOMS THAT EXCLUDE CHILDREN FROM SICK CARE: (asterisk denotes reportable diseases)

1. Communicable Diseases:

a. RESPIRATORY ILLNESS b. GASTROINTESTINAL ILLNESS c. CONTACT

Chicken Pox
German Measles
Hemophilus influenza
Measles*
Meningococcus*
Mumps*
Strep throat
Tuberculosis*
Whooping Cough*

Giardia Lamblia* Hepatitis A* Salmonella* Shigella* Impetigo Lice Scabies

2. Symptoms that Exclude Children from Sick Care:

A symptom is a condition that indicates an illness that may not be identifiable by one of the above listed names but presents a situation where the child shall not be admitted to or remain in sick care and should be seen by the family physician.

- a. Diarrhea
 - Accompanied by evidence of dehydration for excessive fluid loss
 - Accompanied by history of poor fluid intake and/or marked lethargy
 - With blood or mucous in the stool unless at least one stool culture shoes the absence of Salmonella, Shingella, Campylobacter or E-Coli
 - That exceeds 5 bowel movements in an 8 hour period of is continued over 3 or 4 days unless the child is under the supervision of a physician with written documentation
- b. Vomiting for over a 6 hour period
- c. Difficult or rapid breathing
- d. Severe coughing: episodes of coughing which may lead to gagging, vomiting, or difficulty breathing
- e. Mucous (phlegm) that is foul smelling, yellow or green and the child has a fever over 102

- f. Asthmatics with severe upper respiratory infections who have not been seen by a physician or whose distress is not controlled by medication
- g. Sore throat and fever greater than 103 or confirmed Strep throat until treated with antibiotics for over 24 hours
- h. Skin conditions that have not been diagnosed as noncontiguous by a physician; including but not limited to:
 - Yellow (jaundiced) eyes or skin
 - Child in contagious stages of chicken pox, measles, mumps or rubella
 - Untreated impetigo
 - Untreated scabies or head lice
 - Blood-red rashes and skin conditions with spontaneous bruising
- i. Children who are in the contagious states of Pertussis, diphtheria, or tuberculosis
- j. Pink or red eye(s) which may be swollen with white or yellow discharge until on antibiotics for over 24 hours
- k. Abdominal pain that is intermittent or persistent
- 1. Fever over 102 for greater than 24 hours, or any fever over 103 unless the child has been evaluated and treated by a physician and does not have other exclusion criteria.

APPENDIX A: DEFINITIONS

- 1. "Act" means the Child Care Facility Licensing Act as amended.
- 2. "Child Care Center" means any Child Care Facility conducted under public or private auspices on a profit or nonprofit basis providing direct care and protection for children. Any facility that is open more than five (5) hours during any 24 hour period or more than a total of ten (10) hours during a seven (7) day period is considered a Child Care Center and shall be subject to the provisions of the Child Care Facility Licensing Act. Those facilities meeting the above definitions but operating no more than three weeks are not required to comply with the licensing requirements, i.e.: Summer Bible Schools and Camps.

For purposes of determining the need for a license, all care provided at the site of a licensed program is considered a part of the licensed program and therefore subject to licensing requirements. This includes separate buildings located on the same property or any other property under the same ownership. However, Mother's Day Out and other part time programs serving children not participating in the licensed program are exempt as long as they operate no more than 5 hours per day or 10 hours per week.

A public or private school which operates a Kindergarten (K5) in conjunction with grades one and above, or for grades one and above only and provides short-term custodial care (not to exceed 20 hours weekly) prior to and/or following classes for those students, is not required to comply with licensing requirements for the short-term custodial care provided.

- 3. "Child Care Facility" means any facility defined by Ark. Code Ann. § 20-78-202(4).
- 4. "Child Care Licensing Unit" means the unit within the Department of Human Services, Division of Child Care and Early Childhood Education, that inspects and investigates any proposed or operating Child Care Center and any personnel connected with the center to determine if the facility will be or is being operated in accordance with the Child Care Facility Licensing Act and the Licensing Requirements for the Child Care Centers.
- 5. "Child Maltreatment Central Registry Check" means a check of the Arkansas Child Maltreatment Central Registry for any record of founded child abuse and neglect or maltreatment.
- 6. "Criminal Record Check" means a statewide criminal record check conducted by the Identification Bureau of the Arkansas State Police.

- 7. "Criminal FBI Check" means a nationwide criminal record check conducted by the Federal Bureau of Investigation that conforms to the applicable federal standards and includes the taking of fingerprints. Application for a nationwide criminal check shall be made to the Identification Bureau of the Department of the Arkansas State Police.
- 8. "Day Care Centers" means child care for children age 2 1/2 or 30 months and above.
- 9. "Department" means the Arkansas Department of Human Services.
- 10. "Division" means the Division of Child Care and Early Childhood Education.
- 11. "Employee" or "Staff" means all full or part-time employees or any person(s) who perform services under the direction and control of the Child Care Facility, regardless if they are paid or not. This includes any person(s) that has supervisory or disciplinary control over children, is at any point left alone with children, or is counted in staff/child ratios.
- 12. "Evening and Night Care" means child care provided between 7:00 p.m. and 6:00 a.m.
- 13. "Infant Center" means child care for children from birth to age 18 months.
- 14. "Kindergarten" means a school based program offered for children five (5) years of age (K5) during the school year prior to their entry into the first grade.
- 15. "**Operator**" means any person or entity exercising any measure of supervision or control over a Child Care Facility.
- 16. "Owner" means any person who assumes the legal responsibility for operation of a child care facility.
- 17. "Part-time Care" means child care provided no longer than four (4) hours per day or not to exceed a maximum of 20 hours per week. These types of programs may include, but are not limited to, half day kindergarten, mother's day out programs, play schools and some nursery schools.
- 18. "**Personnel**" is defined as the facility owner or operator, staff or volunteer.
- 19. "**Program**" is defined as all activities that comprise the child's day at the center.
- 20. "Toddler Center" means child care for ages 18 to 36 months.

- 21. "School Age Care" means child care for children who are in kindergarten (K5) and above. School age child care includes before and after school care and extended care during school holidays and summer day camps. School age programs, which operate with children arriving and leaving voluntarily for scheduled classes, activities, practices, games and meetings, shall not be considered as meeting this definition.
- 22. "Sick Care" is defined as a separate service providing care for children who are too sick to attend day care as stated in Section 1000 but who do not exhibit any of the excludable diseases as defined in Section 1500. The primary objective of this service is to insure that children in care receive the required attention necessary for moderately ill children.
- 23. "Staff" or "Employee" means all full or part-time employees/staff or any person(s) who perform services under the direction and control of the Child Care Facility, regardless if they are paid or not. This includes any person(s) that has supervisory or disciplinary control over children, is at any point left alone with children, or is counted in staff/child ratios.
- 24. "Substantial Compliance" means compliance with all essential standards necessary to protect the health, safety and welfare of the children attending the Child Care Center. Essential standards include but are not limited to those relating to issues involving fire, health, safety, nutrition, discipline, staff/child ratio and space.
- 25. "Swimming Pool" means any pool of water in excess of 12 inches deep. This does not include natural pools of water such as lakes, ponds and rivers.
- 26. "Volunteer" means a person who provides services to a Child Care Facility, <u>but has no supervisory or disciplinary control over children</u>, is not left alone with children, and is not counted in staff/child ratios.

APPENDIX B: LIST OF REPORTABLE DISEASES

The following are the more common reportable diseases which occur with moderate frequency in Arkansas:

Gonorrhea Hepatitis (A, B, Non-A, Non-B Unspecified and results of serologies) Rash illnesses (including *MEASLES & RUBELLA) *WHOOPING COUGH (pertussis) **MENINGITIS**

Salmonellosis (including typhoid) Shigellosis **Syphilis** Tuberculosis MUMPS

The following are less common reportable diseases that occur with low frequency in Arkansas

*AIDS (Acquired Immune Deficiency Syndrome) Amebiasis **ANTHRAX**

*Aseptic Meningitis Blastomycosis **BOTULISM** *Brucellosis

Campylobacter Interitis

Chancroid **CHOLERA**

Coccidioidomycosis

*Congenital Rubella Syndrome

DIPHTHERIA

Encephalitis (all types) FOOD POISONINGS (all types)

Giardiasis

Gonococcal Ophthalmia Granuloma Inquinale *Guillain - Barre Syndrome

Histoplasmosis

HIV Human Immuno Deficiency Virus by (name & address)]

**Influenza

*Kawasaki Disease

*Legionellosis

* Leprosy * Leptospirosis

* Lyme Disease

Lymphogranuloma Venereum

* Malaria

Meningitis, Hemophilus Influenza Type B

* Meningococcal infection

Mumps

Pesticide Poisoning

PLAGUE

* POLIOMYELITIS

* Psittacosia (Ornithosis)

Q Fever **RABIES**

* Relapsing Fever * Reyes Syndrome

Rheumatic Fever

* Rocky Mountain Spotted Fever SMALL POX

* Tetanus

* Toxic Shock Syndrome

Toxoplasmosis
* Trichinosis

* Tularemia

TYPHUS FEVER

YELLOW FEVER

^{*}The reporting physician will be contacted for additional information.

^{**}Individual cases to be reported only when laboratory testing has determined the viral type.

The diseases in capital letters are to be brought to the immediate attention of the State Epidemiologist when suspected.

Reporting data shall include:

a) Name and location of reporting person

b) Disease or suspected disease and date of onset

c) Name, age, sex, address and phone number of patient (please spell patient's name)

d) Name of patient's physician

The following diseases are also of public health importance and should be reported whenever there is an unusual incidence or outbreak (including seasonal). It is necessary to report 1) the physician's name and location, 2) the suspected disease and 3) the number of cases and interval during which the cases were seen:

Acute respiratory disease
Chicken pox
Conjunctivitis
Dermatophytosis (ringworm)
Enteropathogenic E. Coli Diarrhea
Epidemic Diarrhea of unknown cause

Hospital acquired infections
Infectious Mononucleosis
Influenza (estimate number)
Pediculosis
Pleurodynia
Pneumonia (bacterial, Mycoplasma, viral)

Gastroenteritis Staphylococcal-Infections
Herpangina Streptococcal-Infections

The following occupational diseases also shall be reported:

Asbestosis Mesothelioma

Silicosis Coal Workers Pneumoconiosis

Byssinosis

FOR FURTHER ASSISTANCE CONTACT THE LOCAL COUNTY HEALTH UNIT.

Children age 12 and up may be served adult-size portions based on the greater food needs of older children, but shall be served not less than the minimum quantities specified in this section for children age 6 through 12 years.

For purposes of the requirements outlined in this paragraph, a cup means a standard measuring cup.

Bread, pasta or noodle products, and cereal grains shall be whole g^rain or enriched; cornbread, biscuits, rolls, muffins, etc.

shall be made with whole grain or enriched meal or flour; cereal shall be whole grain or enriched or fortified.

| Children | | Children | Children |
|----------------------------------|-------------------|--|--------------------|
| Breakfast | 1 and 2 years | 3 through 5 years | 6 through 12 years |
| Milk, fluid | ½ cup (4 ounces) | ³ / ₄ cup (6 ounces) | 1 cup (8 ounces) |
| Juice or fruit or vegetable | ¹⁄₄ cup | ½ cup | ½ cup |
| Bread, bread alternate**** | | | |
| and/or cereal | | | |
| enriched or whole 'rain | ½ slice (½ ounce) | ½ slice (½ ounce) | 1 slice (1 ounce) |
| Bread or | ¹⁄₄ cup* | 1/3 cup** | 3/4 cup*** |
| Cereal: Cold dry or | 1/4 cup | ½ cup | ½ cup |
| Hot cooked | | | |
| AM or PM snack (supplement) | | | |
| (select 2 of these 4 components) | | | |
| Milk, fluid | ½ cup (4 ounces) | ½ cup (4 ounces) | 1 cup (8 ounces) |
| Meat or meat alternate | ½ ounce | ½ ounce | 1 ounce |
| Juice or fruit or vegetable | ¹⁄₂ cup | ½ cup | ¾ cup |
| Bread, bread alternate**** | | | |
| and/or cereal | | | |
| enriched or whole (grain | ½ slice (½ ounce) | ½ slice (½ ounce) | 1 slice (1 ounce) |
| Bread or | ¹⁄₄ cup* | 1/3 cup ** | 3/4 cup*** |
| Cereal: Cold dry or | ¹⁄4 cup | ½ cup | ½ cup |
| hot cooked | | | |
| Lunch or Supper | | | |
| Milk, fluid | ½ cup (4 ounces) | ³ / ₄ cup (6 ounces) | 1 cup (8 ounces) |
| Meat or meat alternate | | | |
| (lean meat or poultry or fish) | 1 ounce | 1 ounce | 2 ounces |
| Cheese | 1 ounce | 1 ounce | 2 ounces |
| Egg | 1 large egg | 1 large egg | 1 large egg |
| Cooked dry beans or peas | ¹⁄₄ cup | 3/8 cup | ½ cup |
| Peanut butter | 2 tbsp | 3 tbsp | 4 tbsp |
| Yogurt (plain or flavored) | ½ cup | ¾ cup | 1 cup |
| (Or an equivalent quantity of | | | |
| any combination of the above | | | |
| meat/meat alternates) | 17 | 1/ | 2/ |
| Vegetable and/or fruit | ¹⁄₄ cup | ½ cup | ¾ cup |
| (total of two or more) | | 1/ 01: /1/ | |
| Bread or bread alternate**** | ½ slice (½ ounce) | ½ Slice (½ ounce) | 1 slice (1 ounce) |
| enriched or whole grain | | | |

^k ¹/₄ cup (volume) or 1/3 ounce (weight)

(CASA-1)

^{** 1/3} cup (volume) Or ½ ounce (weight)

^{*** 3/4} Cup (volume) or 1 ounce (weight)

^{****} Refer to Food Buying Guide "Grains and Breads" for equivalent quantities

APPENDIX D U. S. DEPARTMENT OF AGICULTURE INFANT CARE MEAL PATTERN

Meals served to infants ages birth through, 11 months must meet the requirements described in this meal pattern. Foods included in the infant meal must be of a texture and a consistency that are appropriate for the age of the infant being served. Either breast milk or iron-fortified infant formula must be served for the entire first year.

| Age | Breakfast | Lunch or Supper | Snack |
|----------------------|--------------------------------|--------------------------|---------------------------|
| Birth through 3 | 4-6 fluid ounces breast | 4-6 fluid ounces breast | 4-6 fluid ounces breast |
| months | milk* or formula** | milk* or formula** | milk* or formula** |
| 4 months through 7 | 4-8 fluid ounces breast | 4-8 fluid ounces breast | 4-6 fluid ounces |
| months | milk* or formula** | milk* or formula** and | breast milk* or |
| | | | formula** |
| | | 0-3 tablespoons infant | |
| | 0-3 tablespoons infant | cereal*** and | |
| | Cereal*** | | |
| | | 0-3 tablespoons fruit Or | |
| | | vegetable or both | |
| | | vegetable of both | |
| 8 months up to first | 6-8 fluid ounces breast | 6-8 fluid ounces breast | 2-4 fluid ounces |
| birthday | milk* or formula ^{**} | milk* or formula** | breast milk or |
| | | and | formula** or |
| | and | | fruit juice**** |
| | | 2-4 tablespoons infant | |
| | 2-4 tablespoons infant | cereal*** and/or | and |
| | cereal | | |
| | | 1-4 tablespoons meat, | 0- 1/2 slice bread or 0-2 |
| | and | fish poultry, egg yolk, | crackers**** |
| | | or cooked dry beans or | |
| | 1-4 tablespoons fruit | peas, or ½ -2 ounces | |
| | and/or vegetable | cheese, or 1-4 | |
| | or both | tablespoons cottage | |
| | | cheese, cheese food, or | |
| | | cheese spread and | |
| | | 1-4 tablespoons fruit or | |
| | | vegetable or both | |

^{*} It is recommended that breast milk be served in place of formula from birth through 11 months. For some breastfed infants who regularly consume less than the minimum amount of breast milk per feeding, a serving of less than the minimum amount of breast milk may be offered, with additional breast milk offered if the infant is still hungry.

(CASA-1)

^{**} Iron-fortified infant formula

^{***} Iron-fortified dry infant cereal

^{****}Full-strength fruit juice

^{****} Made from whole-grain or enriched meal or flour

APPENDIX E: DISASTER/EMERGENCY PREPAREDNESS

| DISASTER/EMERGENCY NUMBERS | CONTACT/TOWN | TELEPHONE NUMBER |
|---|--------------|--------------------------------|
| AMBULANCE | | |
| APPLIANCE REPAIR | | |
| BUILDING INSPECTOR | | |
| CHILD ABUSE HOT LINE | | 1-800-482-5964 |
| CHILD CARE LICENSING UNIT | Little Rock | 1-800-445-3316 or 501-682-8590 |
| CLEANING/MAINTENANCE | | |
| ELECTRIC COMPANY | | |
| ELECTRICIAN | | |
| EMERGENCY CHILD LOCATOR | | 1-866-908-9572 |
| FACILITY DIRECTOR | | |
| FIRE DEPARTMENT | | |
| FIRE DEPARTMENT (Non-Emergency) | | |
| GAS COMPANY | | |
| GLASS COMPANY | | |
| HEALTH DEPARTMENT (Local) | | |
| HEATING/AIR CONDITIONING | | |
| INSURANCE AGENT AND POLICY NUMBER | | |
| LICENSING SPECIALIST | | |
| LOCKS | | |
| NATIONAL EMERGENCY FAMILY REGISTRY AND LOCATOR | | 1-800-588-9822 |
| PLUMBER | | |
| POISON CONTROL | | 1-800-376-4766 |
| POLICE | | |
| POLICE (Local Non-Emergency) | | |
| RED CROSS (Local) | | |
| SHERIFF | | |
| TRASH REMOVAL | | |
| WATER DEPARTMENT | | |

Child Care Immunization Requirements

Recommended by Arkansas Department of Health and

Required by the Department of Human Services, Division of Child Care and Early Childhood, Licensing Division

| AGE | DTaP DTP/DT | POLIO | Hib ** | HEPATITIS B | MMR **** | VARICELLA **** | PNEUMOCOCCAL ** |
|--------------|---|---|--|--|------------------------|------------------------|--|
| 1-2 Months | None | None | None | None (1-2 doses possible) | None | None | None |
| 3-4 Months | 1 dose | 1 dose | 1 dose | 1 dose (1-2 doses possible) | None | None | 1 dose |
| 5-6 Months | 2 doses OR 1 dose within last 8 weeks | 2 doses OR 1 dose within last 8 weeks | 2 doses OR 1 dose within last 8 weeks | 2 doses OR 1 dose within last 8 weeks | None | None | 2 doses OR 1 dose within last 8 weeks |
| 7-12 Months | 3 doses OR 1 dose within last 8 weeks | 2 doses OR 1 dose within last 8 weeks (3 doses possible) | 2-3 doses OR 1 dose within last 8 weeks | 2 doses OR 1 dose within last 8 weeks (3 doses possible) | None | None | 2-3 doses OR 1 dose within last 8 weeks |
| 13-15 Months | 3 doses OR 1 dose within last 8 weeks | 2 doses OR 1 dose within last 8 weeks (3 doses possible) | 2-3 doses OR 1 dose within last 8 weeks (4 doses possible) | 2 doses OR 1 dose within last 8 weeks (3 doses possible) | None (1 dose possible) | None (1 dose possible) | 2-3 doses OR 1 dose within last 8 weeks (4 doses possible) |
| 16-18 Months | 3 doses or 1 dose within last 8 weeks | 2 doses or 1 dose within last 8 weeks (3 doses possible) | 3-4 doses with last dose on/after 1st birthday OR 2 doses if first dose is administered at age 12-14 months and doses are at least 8 weeks apart OR 1 dose on/after 15 months of age if no prior doses | 2 doses OR 1 dose within the last 8 weeks (3 doses possible) | 1 dose | 1 dose | 3-4 doses with last dose must be on/after1st birthday OR 2 doses on/after 1st birthday |
| 19-48 months | 4 doses OR 3rd dose within last 6 months OR 1 dose within last 8 weeks | 3 doses OR 1 dose within last 8 weeks | 3-4 doses with last dose on/after 1st birthday OR 2 doses if first dose is administered at age 12 - 14 months and doses are at least 8 weeks apart OR 1 dose on/after 15 months of age if no prior doses | 3 doses *** OR 1 dose within last 8 weeks | 1 dose | 1 dose | 3-4 doses with last dose must be on/after1st birthday OR 1 dose on/after 24 months of age if no prior doses OR 2 doses on/after 1st birthday |
| 49-72 Months | 5 doses * OR 4th dose within last 6 months OR 1 dose within last 8 weeks OR 4 doses with last dose on/after 4th birthday | 4 doses OR 1 dose within last 8 weeks OR 3 doses with last dose on/after 4th birthday | 3-4 doses with last dose on/after 1st birthday OR 2 doses if first dose is administered at age 12 - 14 months and doses are at least 8 weeks apart OR 1 dose on/after 15 months of age if no prior doses Not required on/after 5th birthday | 3 doses *** OR 1 dose within the last 8 weeks | 1 dose | 1 dose | 3-4 doses with last dose on/after 1st birthday OR 1 dose on/after 24 months of age if no prior doses OR 2 doses on/after 1st birthday Not required on/after 5th birthday |

^{* 5}th DTaP/DTP/DT (Pre-school dose) must be given on/after the child's 4th birthday and may be given at anytime from 49 to 72 months of age. Interval between 4th DTaP/DTP/DT and 5th DTaP/DTP/DT should be at least 6 months.

^{**} For Hib and Pneumococcal, children receiving the first dose of vaccine at age 7 months or older require fewer doses to complete the series.

^{*** 3}rd dose of hepatitis B should be given at least 8 weeks after the 2nd dose, at least 16 weeks after the 1st dose, and it should not be administered before the child is 24 weeks of age.

^{****} MMR and Varicella vaccine must be given on/after the child's first birthday.

Minimum Licensing Requirements For Child Care Family Homes



ARKANSAS DEPARTMENT OF HUMAN SERVICES
DIVISION OF CHILD CARE AND EARLY CHILDHOOD EDUCATION
CHILD CARE LICENSING UNIT
P. O. BOX 1437, SLOT S-150
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Minimum Licensing Requirements for Child Care Family Homes

100 CHILD CARE LICENSING

101 Related Laws and Requirements

- 1. "The Child Care Facility Licensing Act", Act 20-78-210-220, as amended, is the legal authority under which the Division of Child Care and Early Childhood Education prescribes minimum standards for a variety of child care facilities under the Act.
- 2. The Division of Child Care and Early Childhood Education (referred to hereafter as the Division) under the Department of Human Services is directly responsible for the inspection and evaluation of all licensed homes as defined in Section 102 of the Minimum Licensing Requirements for Child Care Family Homes.
- 3. The Division has the power to establish rules, regulations, and standards for licensing and operation of child care facilities. This includes all powers with respect to granting, revocation, denial and suspension of licenses. Decisions regarding special situations shall be made on an individual basis by the Division. Information regarding an appeal process is available upon request.
- 4. The Division works in coordination with local and state Health Departments, Fire Departments, City Planning or Zoning departments and the Boiler Division of the Department of Labor. Persons considering opening or expanding a family home shall immediately contact these individual departments for inspections and information on their separate regulations.
 - A prospective Licensee should request clarification regarding the codes or covenants enforced by these departments as some may prevent the operation of a child care family home at a particular location, may limit the number of children in care or may impose additional safety requirements.
- 5. The owner should be aware of applicable city or county zoning ordinances or codes or neighborhood covenants which may limit the number of children in care or impose additional safety requirements. The Division will share information on the location and status of licensed homes or applications for a license with any city or county that requests this information.
- 6. Child Care Licensing Unit will notify the applicable federal agency at any time they become aware of or are advised of violations of any of the following or similar laws. The owner should be aware of applicable federal laws which may affect the operation of the facility, such as, but not limited to:
 - a. Americans with Disabilities Act (ADA).

- b. Environmental Protection Agency (EPA) regulations to ensure that any renovation or repair work on a home, child care facility, or school that was constructed prior to 1978 shall be completed by a contractor that is certified by the Environmental Protection Agency (EPA), when the repairs and/or renovations consist of any or all of the following: the repair or renovation disturbs six (6) or more square feet of the interior, the repair or renovation disturbs twenty (20) or more square feet of the exterior, and/or the repair or renovation involves removing a window.
- c. Federal civil rights laws state that a facility may not discriminate on the basis of race, color, sex, religion, national origin, physical or mental handicap, or veteran status.
- 7. The Licensee shall maintain Child Care Liability insurance and comply with the following requirements:
 - a. Prior to approval of an application, the applicant shall provide verification of the required coverage to the Licensing Specialist and provide subsequent verification when requested. (Homes licensed prior to the effective date of this revision shall have ninety (90) days to comply with this requirement.)
 - b. Maintain the minimum amount of \$100,000 per occurrence

Laws relevant to the operation of child care facilities are available upon request.

102 General Requirements

- 1. A Child Care Family Home is defined as a situation in which children are cared for in a caregiver's own family residence or in some other suitable family type residence. There shall be no more than one license issued per home/structure. (This does not apply to situations such as duplex where two licenses could be issued to two separate applicants.)
- 2. In determining a recommendation for licensing the home shall be reviewed by a Child Care Licensing Specialist to determine that the home is in substantial compliance with the requirements.
- 3. Substantial Compliance means compliance with all essential standards necessary to protect the health, safety and welfare of the children attending the Child Care Family Home. Essential standards include but are not limited to those relating to issues involving fire, health, safety, nutrition, behavior guidance, staff/child ratio and space.
- 4. A home requires licensing when one (1) or more persons care for six (6) or more children, from more than one (1) family at the same time. A maximum of sixteen (16) children may be cared for with a Child Care Family Home license.
- 5. An individual shall be eligible to hold only one license, which shall be issued for one location. The holder(s) of the license shall be considered the primary caregiver(s) and shall be present and responsible for children during hours of care. At least one of the licensees (primary caregivers) shall be present at all times children are in care and shall not be

- otherwise employed during the hours of care.
- 6. If a qualified secondary caregiver is present, the primary caregiver may be absent for reasons related to the operation of the childcare business such as attending required training, and for brief and/or occasional absences relating to personal business or personal time off.
 Compliance with staff to child ratio must still be maintained during the absence of the primary caregiver.
- 7. The caregiver's own preschool children shall be considered when determining the need for a license. The caregiver's own school age children are not considered when determining the need for a license. Other children in the home who are not accompanied by a parent, whether pay is received for care or not, are considered in determining the need for a license and will be counted in the ratio after a license is obtained.
- 8. A Child Care Family Home, which is not required to be licensed by this definition, may voluntarily choose to apply for a license or for registration with the Voluntary Registry.
- 9. Any home that has not provided care to children for a period of one year shall have the license closed unless a written request is made by the licensee stating why closure should not take place. If the Licensee requests that the license remain open, license fees and required annual inspections shall be kept current.

103 Licensing Procedures

- 1. Any applicant applying for a home license may contact the local Division Office or Child Care Licensing Specialist to obtain information and/or the necessary application and related forms.
- 2. The primary caregiver in the home shall submit the following to complete the application process:
 - a. A completed and signed application on a form provided by the Division
 - b. Diagram of the home
 - c. Fire department approval, if applicable
 - d. Health department approval, if applicable
 - e. Zoning approval, if applicable, shall be provided by new applicants for license and by existing homes requesting increase in licensing capacity
 - f. Boiler inspection, or verification that inspection has been scheduled
 - g. <u>Verification of Child Care Liability insurance (if Child Care Liability Insurance cannot be obtained before application, it must be obtained with proof provided to the Child Care Licensing Unit **before** care of children can be provided)</u>
 - h. Verification of all required criminal background checks and child maltreatment central registry checks being initiated.
 - i. All caregiver's names shall be included on the application for the license.
- 3. A pre-approval consultation meeting shall be required for all applicants for a license prior to

- the approval of the application. This meeting shall be offered prior to application or within thirty (30) days of receipt of the application.
- 4. Upon receipt of a signed application the Child Care Licensing Specialist shall schedule an appointment to inspect, evaluate, and make a recommendation for consideration of license to the Division.
- 5. The Child Care Licensing Unit shall have the authority to make both scheduled and unscheduled visits to:
 - a. Conduct inspections and reviews to determine compliance with the licensing requirements.
 - b. Investigate complaints involving possible violations of licensing requirement.
 - c. Offer consultation and technical assistance.
- 6. Compliance: On-site inspections of Licensed Child Care Family Homes are conducted by the Child Care Licensing Unit on a routine basis to determine a home's continued compliance with the standards. The caregiver(s) shall cooperate with licensing staff during licensing visits. (Clarification: In addition to rooms used for care, Child Care Licensing Staff must also be given access to all other rooms or spaces not used for child care. Any rooms or areas that are not accessible to children in care will only be viewed briefly for major health and safety issues and will not be routinely monitored for general licensing compliance. This is to help insure that there are no dangers such as fire hazards, which could impact the safety of the entire structure.)

Violations of rules are documented in writing by use of the licensing compliance record. Documentation shall include:

- a. Reference to the specific rule violated
- b. A factual description of the nature and the violation and how the home failed to comply
- c. A date of expected corrections
- 7. The license as issued shall apply only to the home's location at the time of licensing. The licensee shall notify the Child Care Licensing Specialist's office of a change of location or ownership at which time a new study shall be conducted. Upon issuance of a license, the license shall remain in effect as long as compliance is maintained with the Minimum Licensing Requirements for Child Care Family Homes.
- 8. New Provisional License--If the Division Staff finds that an applicant meets the licensing requirements for a Child Care Family Home or has a reasonable expectation of correcting deficiencies in a reasonable time, the Child Care Licensing Specialist may recommend a new provisional license for operation of a child care family home to the Division. The new provisional license shall be in effect for a reasonable period, not to exceed twelve (12) months. This time frame shall be specified in the new provisional license. A written list of deficiencies shall be provided to the applicant at the time of issuance of a new provisional

- license. A Licensing Specialist has sixty (60) days to submit a recommendation to the Division for a provisional license.
- 9. Regular License: The Child Care Licensing Specialist will recommend a regular license when the facility has demonstrated substantial compliance, or when an existing Licensee with a Regular license relocates their facility and their past demonstrates a substantial level of compliance.
- 10. <u>Probationary Provisional License</u>: The Licensing Unit may issue a Probationary Provisional license when the Home is not maintaining substantial compliance due to deficiencies which are so numerous, frequent or severe as to potentially jeopardize the health, safety, and welfare of children. The home and the Licensing Unit shall have a corrective action plan in place addressing the issues.

Based on the level of compliance during the period of the Probationary Provisional license the Licensing Unit may:

- a. Issue a Regular license
- b. Suspend a license
- c. Revoke a license
- 11. <u>Suspension of License--</u>Upon final determination by the Division of a suspension of a license, the Division shall specify in the suspension order the period of the suspension. (The suspension of a license may range from one (1) month to a maximum of twelve (12) months. The license may be reinstated at such time as the Division finds that the terms of the suspension order have been met.)
- 12. The Division may revoke a license when any of the following situations occur:
 - a. The facility fails to maintain substantial compliance with licensing requirements.
 - b. The facility fails or refuses to correct cited deficiencies in a timely manner.
 - c. The facility fails to insure the health, safety and welfare of children in care.
- 13. The revocation of a license nullifies and cancels the license. At the time of a final determination of revocation of the license by the Division, the Division shall specify in the revocation letter the terms of the revocation. The licensee shall not be eligible to reapply for a license for a minimum of one year or longer, if specified in the revocation order. Related parties shall not be eligible to apply for the same specified period. (Related parties are defined as immediate family members, members on Board of Directors, persons or entities associated or affiliated with, or which share common ownership, control, or common board members or which have control of or is controlled by the licensee. An immediate family member is defined as a spouse, step and in-law relationships, a child, a natural or adoptive parent, a sibling, a grandparent, a grandchild or a son or daughter-in-law.) Applicants who are denied a license or registration due to this requirement may appeal the denial to the Child Care Appeal Review Panel. Homes wishing to be re-licensed must submit a new application for licensure for review and approval by the Division. Approval must be obtained and a new

license issued before the home provides care to a licensable number of children.

104 License Fees

- 1. A Child Care Family Home shall be assessed a license fee of \$15.00 per year.
- 2. Upon review and determination by the Child Care Licensing Specialist of a licensing recommendation to be presented to the Division, the Child Care Licensing Specialist shall issue a Notice of License Fee Due to the home.
- 3. The Division shall not issue a license unless the required license fee has been paid.
- 4. A copy of the license fee notice shall be submitted at the time of licensure recommendation.
- 5. A second notice of license fee due will be sent to homes failing to submit the required license fee (Notice of License Fee Past Due). This notice will be sent twenty (20) days after the initial notice of fee due. Failure to submit a license fee within twenty (20) days of the receipt of the past due notice will result in action to suspend the license until such time as the fee is paid.
- 6. Refunds of license fees paid are made only when the Division does not approve issuance of a license. There shall be no refunds of license fees paid upon Division action to revoke or suspend a license or for closure of a facility.

105 Appeal of Licensing Actions

- 1. A licensee or application for license may request an appeal of any of the following licensing action:
 - a. Adverse licensing actions (revocation or suspension of a license, conversion to a provisional license or denial of an application for license)
 - b. Founded licensing complaints
 - c. Denials of alternative compliance requests
 - d. Cited noncompliance with the published standards
- 2. An appeal may be initiated on any of the above actions by requesting an appeal in writing to the Licensing Specialist or Licensing Supervisory Staff. Requests to appeal adverse licensing actions must be mailed within ten (10) calendar days of the receipt of the notice of the adverse action. Requests to appeal licensing actions, other than adverse, must be mailed within twenty (20) calendar days from receipt of the notification of the action. The request to appeal shall include a statement of the action(s) taken by the Division and the reason(s) the licensee or applicant for license disagrees with that action. The request to appeal will be reviewed by the Licensing Supervisor and the Licensing Administrator. If the appeal is not resolved to the satisfaction of the licensee or applicant for license, the matter will be referred to the Child Care Appeal Review Panel for hearing. (Additional information regarding the

106 Alternative Compliance

- 1. The Division may grant alternative compliance with the Minimum Licensing Requirements for Child Care Family Homes if the Division determines that the alternative form of compliance offers equal protection of health, safety and welfare to children and meets the basic intent of the requirement for which the Home is making the request.
- 2. The Division shall consider all requests for alternative compliance with the Licensing Requirements except those requirements which are enforced by the Department of Health, Local Fire Marshal or State Fire Marshal's Office.
- 3. To request alternative compliance, the following procedure shall be initiated by the person responsible for the operation of the home:
 - a. The applicant/licensee shall submit the request for alternative compliance in writing.
 - b. The request shall include
 - The specific standard for which alternative compliance is sought;
 - An explanation of how the alternative form of compliance is equal to or exceeds the stated requirement
 - Full justification and description of what the alternative compliance method will be and the method by which the facility will carry out this plan to be able to continue to provide for the health, safety, and welfare of children as intended by the requirement; and
 - The applicant/licensee shall provide clear and supportive evidence, and upon request of the Division, an expert's opinion on the effect to the health, safety and welfare of children and how it will protect through the alternative means of compliance
- 4. A separate written request shall be submitted for each requirement for which alternative compliance is sought. The approved alternative compliance is effective for the duration of the license unless a shorter time frame is requested or approved.
- 5. The granting of alternative compliance for a requirement shall in no way constitute a precedent. If an alternative means of complying with the requirement is granted by the Division and the facility fails to implement satisfactorily this alternative means, the original requirement for which alternative compliance was sought shall become immediately enforceable.
- 6. The Division shall have the right to obtain an expert opinion to corroborate expert opinions provided by the applicant/licensee.
- 7. The Division reserves the right to deny requests for alternative compliance when it finds that such request does not adequately protect the health, safety, and welfare of children and does not meet the intent of the requirements.

8. All requests for alternative compliance shall be answered in writing by the Division.

107 Licensing Investigations

1. Child Care Licensing staff shall have access to licensed homes for the purpose of conducting inspections, reviews, and complaint investigations. Denial of access to the home or denial of the right to interview children in care or other individuals present during hours of care may result in adverse action against the license.

108 Child Maltreatment Record Checks

- 1. The following persons shall be required to have their background reviewed through an Arkansas Child Maltreatment Central Registry Check: (A check or money order for \$10.00, payable to <u>Department of Human Services</u>, must be attached to each notarized form.)
 - a. Each applicant to own or operate a licensed at application and every 2 years thereafter home
 - b. All household members who are 18 years of age or older at application; upon residency and every 2 years thereafter
 - c. Staff members and applicants for employment in a licensed home at application or within 10 days of hire and every 2 years thereafter
 - d. Volunteers who have access to children in At application and every 2 years thereafter the home
 - e. <u>Student Observers</u>

 <u>At beginning of observation or within 10</u>

 <u>days of first observation and every 2 years</u>

 after that if applicable
 - f. Therapist or other persons who have supervisory or disciplinary control over children, or have routine contact with children

 at the time they begin to provide services or begin to participate in home activities and every 5 years thereafter
- 2. The Division has the authority to review and consider each true (founded) report of child maltreatment received from the Central Registry. The Division shall retain the authority to:
 - a. Deny an application
 - b. Require corrective action
 - c. Take appropriate adverse action against the license
- 3. All caregiver(s) are mandated reporters under the Child Maltreatment Act. The caregiver(s) shall notify the Child Maltreatment Hot Line number at 1-800-482-5964 when there is a reason to believe that a child has been abused or neglected. (AR Code Annotated 12-12-501

et seq.) These reports of child maltreatment shall include all allegations made to the licensee by parents, staff members or the general public. The licensee should call Child Care Licensing for guidance if there is any question about whether or not the Hot Line should be called regarding any situation where potential child maltreatment is involved.

- 4. If a complaint of child maltreatment is filed against any employee or persons in the home, the Child Care Licensing Unit shall evaluate the risk to children and determine the suitability of persons to supervise, be left alone with children or remain in the home during hours of care until the allegations have been determined true or unsubstantiated.
- 5. The Child Care Family Home operator, any employees or other persons in the Home who have had a true report of child maltreatment shall follow the corrective action plan approved by the Child Care Licensing Unit. Corrective action measures may vary from relevant training to reassignment or termination. Failure to comply with corrective action plans can constitute grounds for adverse action against the license.

109 Criminal Record Checks

- 1. The following persons shall apply to the Identification Bureau of the Arkansas State Police for a nationwide criminal records check, to be conducted by the FBI, which shall include a fingerprint check: (The individual is responsible for the \$19.25 cost of the nationwide check.)
 - a. Each applicant to own or operate a licensed initial application only home
 - b. Each staff member who has not been a resident of the State of Arkansas for the <u>five (5)</u> preceding years

within 10 days of hire

c. Volunteers who have <u>routine contact</u> with children if the person has not been a resident of the State of Arkansas for the five (5) preceding years

within 10 days of hire or start date

d. Therapist or other persons who have supervisory or disciplinary control over children, or have routine contact with children

if the person has not been a resident of Arkansas for 5 years, then at the time they begin to provide services or begin to participate in home activities

- 2. The following persons shall be required to have their background reviewed through criminal records check conducted by the Arkansas State Police:
 - a. Each applicant to own or operate a licensed at application and every 5 years thereafter home
 - b. All household members who are 18 years at application; upon residency and every 5

of age or older

years thereafter

c. Staff members and applicants for employment in a licensed home

within 10 days of hire and every 5 years thereafter

d. Volunteers who have <u>routine contact</u> with children

within 10 days and every 5 years thereafter

e. Therapist or other persons who have supervisory or disciplinary control over children, or have routine contact with children

within 10 days of the time they begin to provide services or begin to participate in center activities and every 5 years thereafter

- 3. <u>Criminal records will be returned to the division for review. Any charge/convictions listed in this section (Section 110) that are returned will be considered regardless of whether the record is expunged, pardoned or otherwise sealed.</u>
- 4. No person shall be eligible to be a child care facility owner, operator, or employee if that person has pled guilty, or been found guilty, of any of the following offenses by any court in the State of Arkansas, any similar offense by a court in another state or any similar offense by a federal court. The following offenses are permanently prohibited:

| §5-28-103 |
|-----------|
| §5-38-301 |
| §5-10-101 |
| §5-27-201 |
| §5-11-102 |
| §5-10-102 |
| §5-10-103 |
| §5-14-103 |
| §5-14-124 |
| §5-14-125 |
| |

5. No person shall be eligible to be a child care facility owner, operator, or employee if that person has pled guilty, or been found guilty, of any of the following offenses by any court in the State of Arkansas, any similar offense by a court in another state or any similar offense by a federal court. The following offenses are prohibited:

| 01. Criminal Attempt to commit any offenses in MLR Section 100.110 | §5-3-201 |
|---|-----------------------|
| 02. Criminal Complicity to commit any offenses in MLR Section 100.110 | §5-3-202 |
| 03. Criminal Conspiracy to commit any offenses in MLR Section 100.110 | §5-3-401 |
| 04. Criminal Solicitation to commit any offenses in MLR Section 100.110 | §5-3-301 |
| 05. Assault in the First, Second, or Third degree | §5-13-205 - §5-13-207 |
| 06. Assault, Aggravated | §5-13-204 |
| 07. Assault, Aggravated on a Family or Household Member | §5-26-306 |

| 08. Battery in the First, Second, or Third Degree | §5-13-201 - §5-13-203 |
|---|--------------------------------|
| 09. Breaking or Entering | §5-39-202 |
| 10. Burglary | §5-39-201 |
| 11. Coercion | §5-13-208 |
| 12. Computer Crimes Against Minors | §5-27-601 et. seq. |
| 13. Contributing to the Delinquency of a Juvenile | §5-27-220 |
| 14. Contributing to the Delinquency of a Minor | §5-27-209 |
| 15. Criminal Impersonation | §5-3-208 |
| 16. Criminal Use of a Prohibited Weapon | §5-73-104 |
| 17. Death Threats Concerning a School Employee or Students | §5-17-101 |
| 18. Domestic Battery in the First, Second, or Third Degree | §5-26-303 - §5-26-305 |
| 19. Employing or Consenting to the Use of a Child in a Sexual | §5-27-402 |
| Performance | |
| 20. Endangering the Welfare of a Minor in the First or Second Degree | §5-27-205 and §5-27-206 |
| 21. Endangering the Welfare of an Incompetent Person in the First or | §5-27-201 and §5-27-202 |
| Second Degree | |
| 22. Engaging Children in Sexually Explicit Conduct for Use in Visual or Print Media | §5-27-303 |
| 23. False Imprisonment in the First or Second Degree | §5-11-103 and §5-11-104 |
| 24. Felony Abuse of an Endangered or Impaired Person | §5-28-103 |
| 25. Felony Interference with a Law Enforcement Officer | §5-54-104 |
| 26. Felony Violation of the Uniform Controlled Substance Act | §5-64-101 - §5-64-508 et. seq. |
| 27. Financial Identity Fraud | §5-37-227 |
| 28. Forgery | §5-37-201 |
| 29. Incest | §5-26-202 |
| 30. Interference with Court Ordered Custody | §5-26-502 |
| 31. Interference with Visitation | §5-26-501 |
| 32. Introduction of Controlled Substance into Body of Another Person | §5-13-210 |
| 33. Manslaughter | §5-10-104 |
| 34. Negligent Homicide | §5-10-105 |
| 35. Obscene Performance at a Live Public Show | §5-68-305 |
| 36. Offense of Cruelty to Animals | §5-62-103 |
| 37. Offense of Aggravated Cruelty to Dog, Cat, or Horse | §5-62-104 |
| 38. Pandering or Possessing Visual or Print Medium Depicting | §5-27-304 |
| Sexually Explicit Conduct Involving a Child | §3-27-30 4 |
| 39. Patronizing a Prostitute | §5-70-103 |
| 40. Permanent Detention or Restraint | §5-11-106 |
| 41. Permitting Abuse of a Minor | §5-27-221 |
| 42. Producing, Directing, or Promoting a Sexual Performance by a | §5-27-403 |
| Child | 83-21 -4 03 |
| 43. Promoting Obscene Materials | §5-68-303 |
| 44. Promoting Obscene Performance | §5-68-304 |
| 45. Promoting Prostitution in the First, Second, or Third Degree | §5-70-104 - §5-70-106 |
| 46. Prostitution | §5-70-102 |
| 47. Public Display of Obscenity | §5-68-205 |
| 48. Resisting Arrest | §5-54-103 |
| 49. Robbery | §5-12-102 |
| | υ - |

| 50. Robbery (Aggravated Robbery) | §5-12-103 |
|--|--------------------|
| 51. Sexual Offense (any) | §5-14-101 et. seq. |
| 52. Simultaneous Possession of Drugs and Firearms | §5-74-106 |
| 53. Soliciting Money or Property from Incompetents | §5-27-229 |
| 54. Stalking | §5-71-229 |
| 55. Terroristic Act | §5-13-310 |
| 56. Terroristic Threatening | §5-13-301 |
| 57. Theft by Receiving | §5-36-106 |
| 58. Theft of Property | §5-36-103 |
| 59. Theft of Services | §5-36-104 |
| 60. Transportation of Minors for Prohibited Sexual Conduct | §5-27-305 |
| 61. Unlawful Discharge of a Firearm from a Vehicle | §5-74-107 |
| 62. Voyeurism | §5-16-102 |

- 6. Any person who has pled guilty, nolo contendere, or who has been found guilty of any one of the offenses listed above (Section 110.5), may not work in child care unless:
 - a. The date of the conviction, plea of guilty or nolo contendere <u>for a misdemeanor offense</u> is at least five (5) years <u>from the date of the request for the criminal history records check</u> and there have been no criminal convictions or pleas of guilty or nolo contendere of any type or nature during the five (5) year period preceding the background check request
 - b. The date of the conviction, plea of guilty or nolo contendere <u>for a felony offense</u> is at least ten (10) years <u>from the date of the request for the criminal history records check and there have been no criminal convictions or pleas of guilty or nolo contendere of any type or nature during the ten (10) year period preceding the background check request.</u>
- 6. Anyone employed in a licensed center, COE center, licensed child care family home or a registered child care family home prior to 9/1/2009 with a clear background check history may remain eligible for employment unless the employee had a conviction, plead guilty, or plead nolo contendere to an offense listed in the above section (Section 110.6) since 9/1/2009.

200 ADMINISTRATION

201 Administrative Procedures

- 1. All staff, children and home records shall be kept and made available to the Child Care Licensing Unit on request.
- 2. Falsification of any document or the submission of false information to the Child Care Licensing Unit, or any other unit of the Division, may constitute grounds for revocation of the license. (Falsification means the submission of untrue information, whether by statement or omission.)

- 3. All applicable health and fire regulations shall be met (see Regulation 301.4).
- 4. The home shall not exceed its licensed capacity at any time (see Regulation 801.2).
- 5. The caregiver shall provide prudent supervision of all staff and other persons in the home, and is responsible for the health, welfare, and safety of the children in care.
- 6. Parents shall be informed in writing upon enrollment of their child that children may be subject to interviews by licensing staff, child maltreatment investigators, and/or law enforcement officials for the purpose of determining licensing compliance or for investigative purposes. Child interviews do not require parental notice or consent.
- 7. The facility shall provide a copy of the list of Kindergarten Readiness Skills Calendar or Checklist, prepared by the Arkansas Department of Education (copies can be requested online, by phone, or by mail from the DHS DCCECE Program Support Unit), to the parents of all three (3) and four (4) year old children enrolled. (Act 825 of 2003) A statement signed by the parent that they have received a copy of the list, shall be maintained in the child's record.
- 8. The caregiver shall not release a child to anyone whom is not immediately recognized as the child's parent or as someone on the authorized pick-up list unless:
 - a. The individual can provide an official picture ID AND
 - b. The person in charge can match the ID to the individual named on the child's data sheet
- 9. Verification of permission for persons not on the authorized list shall be obtained by the caregiver by calling the parent, at a number listed in the child's record. The caregiver shall view an official picture ID of the individual to verify identity.

300 PERSONNEL

301 Staff/Child Ratios

| Adult Caregiver(s) | Number of Children | Ages of Children |
|-----------------------|-----------------------|---|
| 301.1 | A. 3-6 | 0-up (no more than 3under 2 years) |
| | B. 7 | 0-up (no more than 2 under 2 years) |
| ONE | C. 8 | 0-up (no more than 1 under 2 years) |
| | D. 9 | 2-up (no more than 3 between 2 & 3 years) |
| | E. 10 | 3-up |
| 301.2 | A. 3-6 | 0-up |
| | B. 7 | 0-up (no more than 4 under 2 years) |
| TWO | C. 8 | 0-up (no more than 4 under 2 years) |
| | D. 9 | 0-up (no more than 4 under 2 years) |
| | E. 10-14 | 0-up (no more than 4 under 2 years) |
| | F. 15-16 | 0-up (no more than 2 under 2 years) |
| 301.3 | A. 7 | 0-up (no more than 5 under 2 years) |
| | В. 8 | 0-up (no more than 5 under 2 years) |
| THREE | C. 9 | 0-up (no more than 5 under 2 years) |
| | D. 10-14 | 0-up (no more than 5 under 2 years) |
| | E. 15-16 | 0-up (no more than 4 under 2 years) |

- 4. Fire inspection is mandatory for homes licensed for eleven (11) or more children. Health inspection (food service) is mandatory for homes licensed for eleven (11) or more children.
- 5. The caregiver shall be responsible for children in care at all times and shall exercise prudent supervision.

- a. When a caregiver is not in the same room with children the children shall be frequently observed and the caregiver shall remain close enough to easily hear them.
- b. Doors to rooms where children are sleeping or playing within the home shall remain open and sleeping children shall be visually monitored and periodically checked to insure they are breathing normally.
- c. The caregiver shall be present on the outdoor play area at all times when any children under age five are present. The caregiver may allow children, ages five (5) and up, to be on the outdoor play area without the caregiver being present as long as the caregiver visually observes the children at least every five (5) minutes and remains in a section of the home where he/she can hear and see the children and reach them quickly in case of an emergency.
- 6. The caregiver shall not leave children unattended in the kitchen area of the home while any cooking is occurring. Ironing shall not occur in the presence of the children.
- 7. The primary caregiver's own preschool children shall be included in the caregiver/child ratio. The primary caregiver's own school age children are not considered in the ratio.
- 8. A licensed home may care for two (2) school age children for a short time not to exceed a total of three (3) hours per day before and/or after a school day. These two (2) children shall not be counted in the caregiver to child ratio. School age children who are in care at times other than before and/or after a school day shall be included in the caregiver to child ratio. These same two (2) children may stay all day in care and not be counted in the ratio due to emergency school closings, such as inclement weather. The home's capacity shall not be exceeded other than the above stated exemptions. If the attendance exceeds ten (10), fire approval is required.
- 9. Additional staff provisions shall be made for enrollment of children with disabilities who require individual attention.

302 Homes specializing in Infant Care: Staff/Child Ratio

- 1. Homes specializing in infant care shall maintain a 1:3 ratio.
- 2. Homes specializing in infant care shall have a Fire Department inspection and approval.

303 Caregiver Qualifications and Responsibilities

- 1. The primary caregiver shall be twenty-one (21) years or older. A secondary caregiver shall be age eighteen (18) or older.
- 2. Primary caregivers, newly licensed after November 1, 2002, shall have a high school diploma or GED or shall obtain one of the following within the first year of licensure; a GED, a Caregiver Certification, or a Specialist Certificate. Secondary caregivers who are left alone with children shall be able to read and write well enough to keep required records, read the

licensing requirements and administer medication.

- 3. The primary caregiver shall not be otherwise employed during the time he/she is responsible for children in the home. Employment at other times shall not affect the quality of care given to the children. When two persons are listed as joint holders of the license and are both primary caregivers, at least one shall be present in the home while children are in care. (Also refer to Regulation 102.6).
- 4. A caregiver shall not use profanity or speak in an abusive manner when children are present. The caregiver shall also cooperate with licensing staff during licensing monitor visits.
- 5. The caregiver shall have a person who would be able to care for the children in the event of an emergency.
- 6. All caregivers who work directly with children shall obtain at least <u>fifteen (15)</u> hours of inservice training or outside workshop training each year in continuing early childhood education. This training shall be approved by the Division (Act 584 of 1993).
- 7. At least one (1) caregiver who has current certification by the American Heart Association or the American Red Cross in infant and child cardiopulmonary resuscitation (CPR) and at least one (1) caregiver who has a current certification from the American Heart Association or the American Red Cross in First Aid shall be present within the confines of the home while children are in care. Adult CPR is also required if school age children are in care, or documentation that the current certification covers the ages of children in care. Infant/Child/Adult CPR certification will also be accepted from the AR Department of Labor, with documentation they conducted the course. Certifications may be held by the same person.
- 8. All caregivers shall provide a tuberculin test annually. All caregivers shall be physically and emotionally able to care for children.
- 9. Child Care Licensing may require a physician's statement for any caregiver anytime behavioral or physical indicators warrant.
- 10. Staff shall not engage in behavior that could be viewed as sexual or as dangerous, exploitative or physically harmful to children. A caregiver shall not use profanity or speak in an abusive manner when children are present.
- 11. No caregiver shall consume or be under the influence of illegal drugs. (A drug test may be required if there is reasonable cause to suspect violation of this requirement and the issue cannot be otherwise resolved.) No caregiver shall consume or be under the influence of alcohol while delivering care. No caregiver shall consume or be under the influence of medications (prescription or non-prescription), which impair his/her ability to provide care.
- 12. Newly licensed caregivers shall attend Family Child Care Provider Training within the first six (6) months of being licensed.

13. The licensee shall notify the Licensing Unit within five (5) calendar days of any change in the person(s) designated as secondary caregivers.

304 Adults in the Home

- 1. The caregiver(s) shall provide a clear statement regarding the presence of any other adults eighteen (18) years of age and above who remain in the home during any hours in which care is being given. Such persons shall not present a threat to the safety or welfare of children.
- 2. The home shall have additional staff when there are persons in the home who require constant or routine care.
- 3. Any adult(s) in addition to the caregiver(s) present in the home on a regular basis while children are in care shall provide an annual tuberculin test verifying that the adult is free from TB.

305 Student Observers

- 1. Students visiting the Home on a regular or periodic basis to observe classroom activities or for other similar purposes shall not be counted in the staff/child ratio, shall not have disciplinary control over children and shall not be left alone with children. These individuals shall have the following documentation on file:
 - a. Child maltreatment background check
 - b. A health care or physician's statement showing the absence of contagious tuberculosis
- 2. Students that are conducting practicum, student teaching, or working in the same capacity as an employee or volunteer must meet the criteria in the appropriate section. (Sections 304 and 305)

400 PROGRAM AND ACTIVITIES

401 Program Requirements

- 1. There shall be a written daily schedule, available for review by parents and Licensing staff, which includes age-appropriate activities.
- 2. The caregiver(s) shall not engage in activities or experiences which may be damaging to children's self esteem and positive self-image.
- 3. There shall be an opportunity for a supervised rest period that:

- a. Does not exceed two (2) hours.
- b. Does not force children to remain on cot or mat if they do not fall asleep, and allows them to participate in a quiet activity that does not disturb the children who are asleep.
- 4. There shall be a total of at least one (1) hour of outdoor play per day in suitable weather. When making a determination if children should play outside, staff shall consider the following environmental factors:
 - a. When the heat index is forecast to be ninety (90) degrees or above, outdoor play should be scheduled during early morning hours or the length of time spent outdoors should be reduced to avoid heat stress.
 - b. When outdoor play occurs during the hotter part of the day, children should have shaded area, an ample supply of water and should be monitored closely for signs of heat stress.
 - c. When outdoor play occurs during the winter months and when temperatures are extremely cold, the time scheduled for outdoor play should be reduced or suspended depending on the temperature and other weather conditions.
- 5. Indoor activity equipment shall be adequate for the number and ages of children in the home to meet their physical and developmental needs.
- 6. Children shall have a variety of toys, books and creative materials. This includes equipment for:
 - a. Large muscle activities (such as climbing and running)
 - b. Manipulative activities (such as things done with the hands)
- 7. The use of television, DVD, video cassette viewing and computer/video games and other screen time activities shall meet the following requirements:
 - a. Shall be limited to programs which are age-appropriate (programs should have educational value)
 - b. Shall not exceed one (1) hour daily per child or group of children. Children shall not be required to participate in screen time activities and shall be offered other choices.

 (Viewing time may be extended for special events or occasions such as a current event, holiday or birthday celebration or for the occasional viewing of age appropriate movies or other programs that may exceed one hour in length.)
 - c. Computer learning periods for children below age 5 may not exceed two (2) hours a day per child or group of children

402 Infant & Toddler: Program Requirements

- 1. Infants shall be carefully supervised at all times.
- 2. Stimulation shall be given to an infant in a variety of ways. Caregivers shall <u>hold children</u>, <u>and</u> offer nurturing, responsive care in addition to the routine care of diapering and feeding.

- 3. Infants shall be taken outside for a period of time every day, unless prevented by weather or special medical reasons.
- 4. If a child falls asleep while in a walker, swing, high chair, etc., that child shall be placed in appropriate sleep equipment.
- 5. Infants/toddlers shall be placed in age appropriate cribs, cots, or mats meeting CPSC standards, for when they fall asleep. (Note: Also, any items used in the crib must be used according to manufacturer guidelines, regardless if the child is sleeping or not, in accordance with 1001.1).
- 6. Infants (children 12 months and below) shall be placed flat on their backs to sleep, in accordance with American Academy of Pediatrics guidelines, to lessen the risk of suffocation and Sudden Infant Death Syndrome. (If a child rolls over on his/her own, the facility is not required to reposition the child.) If there is a medical reason a child cannot sleep on his/her back, then a signed statement from the child's physician must be in the file stating the reason, the sleep position indicated, and the time frame this is required
- 7. <u>Infants' sleep space (e.g. crib) shall be free of loose bedding. If light blanket is necessary, it should be kept at or below the mid-chest area of the child. Staff shall not cover the faces of infants.</u>
- 8. Pillows (including nursing or "boppy" pillows), bumpers/bumper pads, and stuffed animals shall not be placed in cribs.
- 9. Infants and toddlers shall have clean, safe, washable toys. Toys or materials used by younger children shall not be small enough to be swallowed.
- 10. Safety straps shall be used on all equipment originally manufactured with safety straps.

403 School Age Children: Program Requirements

- 1. School age children shall be provided with a choice of indoor and outdoor activities.
- 2. A quiet time and a private place with appropriate equipment shall be provided for one (1) person activities, including resting and homework. (A supervised rest period as required by Regulation 401.3, does not apply to school age children.)
- 3. Permission from parents shall be on file for school age children to leave the home.
 - a. School age children who leave the home to participate in classes, clubs or other activities shall have written permission from the parents naming the activity, time of leaving and returning and method of transportation to the activity.
 - b. Permission for regularly scheduled activities such as scouting may be given for the entire school term.

404 Evening & Night Care: Program Requirements

Night care is defined as any care provided after midnight.

- 1. The caregiver shall remain awake at all times children are in care. (Alternative Compliance may be requested to allow the caregiver to sleep after the children are in bed for the night. For this request to be approved, consideration will be given to the overall level of licensing compliance, the use of motion detectors and/or other alarms to alert the caregiver if children leave the sleeping area, the ages, numbers and sex of the children in overnight care and written notification to parents that the caregiver will be sleeping during overnight care.)
- 2. There shall be a plan for evacuating children to safety in case of fire or emergency.
- 3. Children arriving in the daylight hours shall have outdoor play, weather permitting. Older children shall have time for reading or doing homework during the school year.
- 4. Homes with only one caregiver shall limit care to no more than two (2) shifts (18 hours) per twenty four (24) hour period. Homes offering twenty-four (24) hour care shall provide a schedule verifying that they have made provisions for a secondary caregiver to provide relief care for one shift. (Alternative compliance may be requested by caregivers who provide twenty-four (24) hour care and who do not have a secondary caregiver. For this request to be approved, consideration will be given to the overall level of compliance with the licensing requirements and to the number and ages of children in care during the third shift.)
- 5. Evening meals shall be served. The home shall ensure that children spending the night are served breakfast.
- 6. Drinking water shall be available to children during the night.
- 7. Bathing facilities shall be available. Hot water shall be available. Children shall not take baths together or share the same bath water. Tubs or showers shall be cleaned after each use. Children shall be given fresh washcloths and towels. Preschool children shall never be left alone when bathing. Privacy shall be ensured for school age children.
- 8. Child in night care shall be given a bed or cot with mattress or pad and a pillow.
 - a. If linens become soiled, they shall be changed. Protective mattress covers shall be used and washed at least weekly.
 - b. Each child's bed or cot shall have a cover available.
 - c. Bed or cots shall be arranged at least one foot apart.

500 BEHAVIOR GUIDANCE

501 Behavior Guidance Requirements

- 1. Behavior guidance shall be:
 - a. Individualized and consistent for each child
 - b. Appropriate to the child's level of understanding
- 2. Use of behavior guidance shall show that the caregiver understands each child's needs and shall promote self-discipline and good behavior.
- 3. Acceptable behavior guidance techniques include:
 - a. Look for appropriate behavior and reinforce the children with praise and encouragement when they are behaving well.
 - b. Remind the children on a daily basis of the rules by using clear positive statements of how they are expected to behave rather than what they are not supposed to do.
 - c. Attempt to ignore minor inappropriate behaviors and concentrate on what the child is doing properly.
 - d. Use brief supervised separation from the group only when the child does not respond to a verbal command which instructs the child as to how he or she is supposed to behave.
 - e. When a misbehaving child begins to behave appropriately, encourage and praise small positive steps rather than waiting until the child has behaved for a long period of time.
 - f. Attend to the children who are behaving appropriately and other children will follow their example in order to obtain you attention.
 - g. When the entire group is behaving well, reward them with an activity they enjoy.
- 4. Physical punishment shall not be administered to children.
- 5. The length of time a child is placed in time-out shall not exceed one minute per year of the child's age.
- 6. The following activities are unacceptable as behavior guidance measures and shall not be used. These include but are not limited to:
 - a. Restraints (Restraining a child briefly by holding the child is allowed when the child's actions place the child or others at risk of injury.)
 - b. Washing mouth with soap
 - c. Taping or obstructing a child's mouth
 - d. Placing unpleasant or painful tasting substances in mouth, on lips, etc.
 - e. Profane or abusive language
 - f. Isolation without supervision
 - g. Placing child in dark area

- h. Inflicting physical pain, hitting, pinching, pulling hair, slapping, kicking, twisting arms, biting or biting back, spatting, swatting, etc.
- i. Yelling (This does not include a raised voice level to gain a child's attention to protect the child from risk of harm.)
- j. Forcing physical activity, such as running laps, doing push-ups, etc. (This does not include planned group physical education activities that are not punitive in nature.)
- k. Associating punishment with rest, toilet training or illness
- 1. Denying food (lunch or snacks) as punishment or punishing children for not eating
- m. Shaming, humiliating, frightening, physically or mentally harming children or labeling children
- n. Covering the faces of children with blankets or similar items
- 7. Behavior charts, if used, should be used to encourage positive behavior. Behavior charts shall record only the child's behavior for the current day and shall not be punitive. (Behavior charts used on to record only positive behavior may be maintained on a weekly basis.) The child's age and level of understanding should be considered when using behavior charts.

502 Infant & Toddler: Behavior Guidance Requirements

1. Time out shall not be used with children under the age of two (2). The only acceptable form of behavior guidance with infants and toddlers shall be redirection. (Brief separation from the group is acceptable when the child's behavior places the child, or others, at risk of harm. The child may be placed in a supervised area away from the group or in a crib or playpen while the caregiver attends to the situation. Example: A child who has bitten another child would be removed from the group, briefly, while the caregiver attends to the bitten child.)

600 RECORDS

601 Home Records

- 1. All employee, child and home records shall be kept on site and made available to the Child Care Licensing Unit on request. All required records shall be maintained for three (3) years. (This includes records on children no longer enrolled.)
- 2. Licensing Compliance Form(s) (DCC-521) shall be maintained at the facility for three (3) years. The facility shall advise parents in writing that the compliance forms are available for review upon request.
- 3. Home records that are required to be kept are as follows:
 - a. Attendance records on all children
 - b. Transportation rosters, if applicable (maintain for one year)
 - c. Verification of required commercial vehicle insurance coverage, if applicable

- d. Verification of Child Care Liability insurance
- e. Verification of annual fire department approval, if applicable
- f. Verification of annual health department approval, if applicable
- g. Verification of zoning approval, if applicable
- h. <u>Verification of annual approval by the Boiler Inspector Division of the Department of Labor</u>
- i. Mobile Home Commission approval, if applicable
- j. Record of emergency drills
- k. Plans and procedures of Emergency Preparedness
- 1. Procedures for reporting allegations of child maltreatment
- m. Log of Product Recall and Safety Notices from the CPSC
- n. Pet vaccinations.

602 Caregiver Records

- 1. Caregiver records shall contain the following:
 - a. An employee application for secondary caregivers, including name, date of birth, address and telephone number.
 - b. TB skin test
 - c. Documentation of training for continuing education.
 (Clarification: Training hours will be counted on a calendar year basis or by the home's operating schedule if they do not operate year round.)
 - d. Documentation of the initiation of all required background checks and results obtained.
 - e. <u>Verification of required transportation training and current copy of the driver's license for caregiver(s) that transport children, if transporting</u>

603 Children's Records

- 1. Enrollment information shall be obtained for each child before admission.
- 2. Identifying and Personal Data shall include:
 - a. Child's name, birth date, home address, and telephone number
 - b. Name and addresses of the parents and telephone numbers where the parents can be reached while the child is in care
 - c. Date of enrollment in facility.
 - d. Name, address, and phone number of person to be contacted if parents cannot be reached.
 - e. A written behavior guidance policy provided to parents, with a copy signed by the parents and retained by the caregiver.
 - f. Any legal documentation that has been given to the facility, by the parent or legal guardian, regarding the care of the child
- 3. Medical Records shall include:
 - a. The name, address and telephone number of the child's physician or emergency medical

- care facility.
- b. Pertinent past medical history on the child and any change in health
- c. Child's unusual food needs such as special formulas, diabetic diet, or food allergies
- d. Notes of special problems (such as allegories to medication or sunburn sensitivity) or needs as indicated by the parents
- e. An authorized record of up-to-date immunizations or documentation of a religious, medial or philosophical exemption from the Arkansas Department of Health (The caregiver shall maintain a roster of children who have not completed the minimum immunization requirements. A current immunization schedule is provided in the appendix of this publication.)
- f. Written record of accidents/injuries
- g. Any medical documentation that has been given to the facility, by the parent or legal guardian, regarding the care of the child
- 4. Permissions and Agreements will be signed by parents and caregiver(s):
 - a. Consent for emergency medical care and transportation for such care which shall accompany children who are transported to and from the home
 - b. Other transportation permission, if any, including routine and special field trips
 - c. Permission to participate in water activities, if any
 - d. Signed statement by the parent stating who is authorized to pick up the child

700 NUTRITION

701 Nutrition Requirements

- 1. A home licensed for eleven (11) or more children, if food is prepared for the children in the home, shall provide a current verification of approval by the Arkansas Department of Health, Sanitation Services
- 2. All licensed homes shall meet the following:
 - a. All food shall be safe and stored properly to prevent spoiling
 - b. Shall have refrigerator with thermometer visible and shall be maintained at forty-one (40) (41) degrees or below. (Freezer thermometer shall be maintained at zero (0) degrees or below)
 - c. Food shall not be stored under sinks
 - d. Food shall be stored in original container or in a closed container
 - e. Chemical and toxins shall not be stored in food storage area
 - f. All medicines shall be stored separately from food at all times
- 3. All food and drink shall be prepared, distributed and served under sanitary conditions and the following shall be meet:

- a. Caregivers shall wash hands before preparing food
- b. There shall be a two compartment sink with hot and cold running water
- c. Individual drinking glasses or disposable cups shall be provided
- d. All surfaces shall be kept sanitary
- e. Food left uncovered or handled shall not be reused
- f. When dishes are washed by hand, they shall be sanitized with a bleach solution
- g. Drinking water and water used for the preparation of formula shall not come from the hot water supply. (Water from hot water system may contain higher levels of lead and other substances which could be harmful to small children.)
- 4. Breakfast, if served, lunch and evening meals shall each meet current U.S. Department of Agriculture guidelines, including portion size. (See Appendix A) If sack lunches are utilized, the home shall ensure that these also meet U.S. Department of Agriculture guidelines by supplementing the lunches if necessary. Milk shall be served to each child during the day. Exceptions may be made for children who suffer allergies to milk.
- 5. Breakfast shall be made available to children who arrive before 7:00am. Breakfast may be served to all children rather than a morning snack provided there is no more than three (3) hours between breakfast and lunch.
- 6. Midmorning and mid-afternoon snacks shall be provided to all children and shall meet current U.S. Department of Agriculture guideline (See Appendix A)
- 7. All children in care during evening hours shall be offered an evening snack. Children in care during evening hours shall be served supper and children spending the night shall be served breakfast unless provided by parent or school.
- 8. Children shall not be forced to eat.

702 Infant & Toddler Nutrition Requirements

- 1. The routine use of baby food, bottles and formula shall be agreed upon by the caregiver and parent. Instructions regarding special needs for food, bottles and formula, such as food allergies, shall be obtained in writing from the parent and followed by the caregiver (See Appendix B).
- 2. Feedings for all children up to twelve (12) months of age shall be documented by the caregiver and available for review by the parent. This documentation shall continue for all children older than twelve (12) months of age who are still being given bottles.
- 3. Children shall not share the same bottle. A sanitary method of cleaning baby bottles shall be practiced. Baby bottles shall be properly refrigerated.
- 4. Infant feeding schedules shall be flexible and adapted to each infant's needs.
- 5. The solid foods fed to an infant shall be determined by the child's parent(s).

- 6. Infants under six (6) months of age shall be held while being fed. Bottles shall not be propped. Infants six (6) months of age and older shall be held if needed.
- 7. Infants no longer held for feeding shall either sit in low chairs at low tables or in infant seats with trays, or in high chairs with wide bases. Safety straps shall be used with high chairs.

800 BUILDINGS

801 Building Requirements

- 1. The home's building, grounds and equipment shall be clean, kept in good repair, and maintained as needed to protect the health and safety of the children. If the home has sustained structural damage the caregiver shall immediately notify the Child Care Licensing Specialist.
- 2. Department of Labor, Boiler Inspection Division requirements shall be met. All water heaters and any other boilers in licensed child care settings shall be inspected on an annual basis and/or upon installation. Verification that initial inspection or proof of attempt to set up initial inspection, shall be completed within six (6) months of licensure. Scheduling and completion of annual inspections will be the responsibility of the Department of Labor, however, the facility is responsible for cooperating and keeping documentation of such inspection on file for review. (AR Code §20-23-101 et. seq.)
- 3. There shall be at least thirty-five (35) square feet of usable indoor space for each child in the home. This area shall not include kitchens, bathrooms, hallways or closets.
- 4. The home shall have an operable telephone on site all hours children are in care. The Licensee shall provide the phone number to the Licensing Unit and to the parents. (This phone may be a cell phone if the phone stays operable, stays at the facility during all hours of care, and is the phone number provided to the Licensing Unit and the parents.)
- 5. Light, heating, cooling and ventilation of the home shall be adequate for safety and comfort.
- 6. Windows and/or doors used for ventilation shall be screened.
- 7. Manufactured homes, licensed as Child Care Family Home, shall be tied down and underpinned as required by the Arkansas Manufactured Home Commission. The home shall obtain an inspection and approval from the Arkansas Manufactured Home Commission prior to being licensed.
- 8. Annual fire approval shall be obtained on all manufactured homes licensed as Child Care Family Homes.
- 9. Outdoor equipment that requires fall zones and surfacing shall require the same fall zones

and surfacing if used inside the facility. (This does not apply to equipment specifically designed for indoor use only.)

900 Grounds

To provide the safest possible playground environment, you are encouraged to meet Consumer Product Safety Commission's guidelines listed in their "Handbook for Public Playground Safety". However, the following are minimum requirements and shall be met.

Please note that these requirements do not mandate the use of any large and/or permanently anchored pieces of playground equipment that require fall zones. Numerous options for suitable playground environments are available and acceptable. For information on playground options, contact your Licensing Specialist.

Because public playgrounds and other play environments away from the facility may not meet acceptable safety standards, staff should provide close supervision and not allow children to use any equipment that appears unsafe (eg: broken equipment, sharp objects, strangulations hazards, etc.).

901 Layout and Design

- 1. The play area shall be enclosed and provide at least seventy-five (75) square feet per child present on the playground at any time.
- 2. There shall be an outside exit from the play area.
- 3. The area shall be well drained.
- 4. There shall be equipment and activities appropriate for the ages and number of children using the playground.
- 5. Children shall be supervised by an adult caregiver when outdoors. (See Regulation 301.5).

902 General Hazards

- 1. The area shall be free of hazards or potentially hazardous objects.
- 2. Equipment which is designed to be anchored shall be properly anchored so that the anchoring devices are below ground level.
- 3. Sand for playing shall be kept safe and clean.
- 4. Paint on equipment shall be lead free.
- 5. All fasteners, including S-hooks, shall be securely tightened or closed.

- 6. There shall be no sharp points, corners, edges, or splinters.
- 7. The only trampolines allowed shall be mini-tramps used under direct supervision.
- 8. To prevent entrapment, there shall be no opening(s) between any interior opposing surfaces between 3.5 and 9 inches. (Openings in equipment that might allow a child's body to pass through, but not their head.) Ground bound openings are exempt.
- 9. Balance beams higher that twelve (12) inches shall have fall zones.

903 Slides

1. Slides shall not have any spaces or gaps between the platforms and the slide surface.

904 Swings

- 1. The following swings shall not be used for any ages:
 - a. Multi-occupancy swings designed to hold more than one (1) child, except tire swings
 - b. Animal figure swings
 - c. Free swinging ropes (Tarzan ropes)
 - d. Swinging exercise rings
 - e. Trapeze bars
- 2. There shall be no wood or metal swing sets.
- 3. Toddler swings shall provide support on all sides if seat is above twelve (12) inches from the ground.

905 Climbing Equipment

- 1. Free standing arch climbers exceeding four (4) feet in height shall not be used for preschoolers.
- 2. Flexible grid climbing devices, such as rope or chain ladders, climbing ropes, etc., shall be securely anchored at both ends.
- 3. Preschoolers shall not use sliding poles.
- 4. Sliding poles shall have no protruding welds or seams along the sliding surface, and the pole shall not change directions.

906 Merry-Go-Rounds

1. The only merry-go-rounds allowed are portable merry-go-rounds designed to be anchored and they shall have handgrips or other secure means of holding on.

907 Seesaws

- 1. Seesaws without spring centering devices shall have shock absorbing materials, such as partial tires embedded in the ground underneath the seats or secured to the underside of the seats.
- 2. Hand holds shall be provided for both hands at each seating position and shall not turn when grasped.

908 Fall Zone/Surfacing

- 1. There shall be fall zones and surfacing under and around equipment that is over 24 inches in height at the highest point. (The highest accessible point is defined as the surface on the piece of equipment where children would sit or stand when the equipment is being used as intended.) Swings require fall zones and surfacing regardless of height. (Toddler swings equipped with safety straps are exempt from this requirement, provided their use is closely supervised.)
- 2. Fall zones shall extend a minimum of 6 feet in all directions (unless otherwise specified) from the perimeter of the equipment. Exceptions may be granted for structures that have protective barriers in place.
 - a. Structures over 2 feet and under 3 ½ feet at the highest accessible point shall have a minimum surfacing material depth of 6 inches.
 - b. Structures over 3 ½ feet up to 5 feet at the highest accessible point shall have a minimum surfacing material depth of 9 inches. (Shredded tires or other shredded or chopped rubber products shall have a minimum depth of 6 inches.)
 - c. Structures over 5 feet and taller at the highest accessible point shall have a minimum surfacing material depth of 12 inches. (Shredded tires or other shredded or chopped rubber products shall have a minimum depth of 6 inches.)
- 3. Shock absorbent material such as sand, pea gravel, wood chips, wood mulch, shredded tires, etc. shall be used in fall zone areas under and around playground equipment which requires a fall zone.

(When purchasing gravel, care should be taken to insure that the gravel is actually pea gravel that is smooth and rounded and not crushed rock or sharp gravel. Crushed rock and sharp gravel will not be approved.)

Pea gravel used for fall zones shall not be over ½ inch in diameter.

- 4. Hard surface materials such as asphalt and concrete, shall not be used as base surfaces in the fall zones except under commercial matting or other system/products designed to be installed over hard surfaces.
- 5. SLIDES: The fall zone for slides measuring six (6) feet or over, measured from the platform to the ground shall extend ten (10) feet from the exit end of the side. Fall zones for slides measuring less than six (6) feet from the platform shall extend six (6) feet from the exit end of the slide.
- 6. SWINGS: The fall zone for single-axis swings (standard swings) (except toddler swings) shall extend to the front and the rear a minimum distance of two times the height of the pivot point (where the chain attaches to the frame) above the playing surface. The fall zone for toddler swings shall extend to the front and rear of the swing a minimum of two (2) times the distance from the pivot point to the swing seat. (Note exemption listed in #1 above.) Fall zones shall also extend six (6) feet to the sides of the swing set.
- 7. SWINGS: The fall zones for multi-axis swings (such as tire swings or others with three or more suspending chains) shall extend in all directions a minimum of six (6) feet plus the height of the suspending rod or chain.
- 8. Fall zones shall be free of obstacles onto which children may fall.

1000 SLEEPING ARRANGEMENTS

1001 Sleeping Arrangement Requirements

- 1. <u>All manufacturer guidelines shall be followed for furniture and equipment that is used by, or around, children.</u>
- 2. Any cribs or playpens that have been identified as unsafe, or have been subject to recall as defined by the Consumer Products Safety Commission (CPSC) guidelines or law, shall be removed or repaired as indicated.
- 3. Each child under twelve (12) months of age shall have a separate well-constructed baby bed or play pen with a waterproof mattress or pad which shall be clean, dry and in good condition. Sheets and covers are required and shall be kept clean and dry. Bassinets shall not be used. (Please note that the CPSC does not recommend the use of playpens in licensed child care.)
- 4. Waterbeds shall not be used for sleeping children under the age of two (2) years.
- 5. The following guidelines shall also be required for cribs:

- a. Cribs that have end panels with decorative cutout areas shall not be used
- b. Mattresses shall fit snugly in the crib.
- c. The space between crib and mattress shall measure no more than 1 inch.
- d. Corner post shall be the same height as end panels.
- e. End panels shall extend below mattress at the lowest position of the mattress.
- f. Baby beds shall have slats no greater than 2 3/8 inches apart.
- 6. Each child twelve (12) months of age or older shall have a cot, bed, pallet, or mat which shall be placed at least one foot apart. Sheets and covers are required. Bedding shall be of washable material and shall be kept clean. If mats or pallets are used on floors, floors shall be clean, warm, dry and draft free. Any mat or pallet less than two (2) inches thick shall be placed on carpet.
- 7. Doors in rooms where children are sleeping shall remain open.

1100 HEALTH

1101 General Health Requirements

- 1. The home shall have an adequate supply of water that meets the Arkansas Health Department standards for drinking water.
- 2. Water shall always be available to the children.
- 3. The facility shall follow any health or medical care plans and/or medical documentation as provided by the child's physician, parent, or guardian.
- 4. Garbage shall be kept in a closed container out of children's reach.
- 5. All garbage, soiled diapers and trash shall be removed from the home daily and grounds at least once a week.
- 6. The home shall be free of insects and rodents.
- 7. Water and sewage disposal and toilet facilities shall be safe and sanitary. The Health Department may be consulted for its recommendation.
- 8. Child Care Family Homes shall comply with the Clean Indoor Air Act of 2006. Smoking in a child care family home is prohibited at all times. This includes:
 - a. All areas of the home, regardless of whether children are in care (includes time periods such as nights, weekends, holidays, etc., also includes office areas or other areas of the facility that share the same ventilation systems)
 - b. Outdoor play area
 - c. Other outdoor areas when children are present on those areas

- d. <u>In any vehicle used to transport children</u>, whether children are present in the vehicle or not
- 9. First-aid materials are required and shall be kept out of reach of children. A first aid kit containing medications shall be locked. The first-aid materials shall include:
 - a. Adhesive band-aids (various sizes)
 - b. Scissors
 - c. Sterile gauze squares
 - d. Roll of gauze bandages
 - e. Adhesive tape
 - f. Antiseptic
 - g. Thermometer
 - h. Tweezers
 - i. Disposable gloves
- 10. There shall be no adult in the home who poses a health risk to children in care.

1102 Children's Health

- 1. No child shall be admitted who has a contagious or infectious disease. Parents and guardians shall be notified to pick up the child if the child exhibits any of the following symptoms listed below:
 - a. **Fever:** a body temperature of 101 degrees or greater (Recommendation: Infants, six months of age or under, who have a temperature of 100 degrees or greater should be excluded)
 - b. Diarrhea: three (3) or more watery stools in a twenty-four (24) hour period
 - c. **Vomiting:** vomiting on two or more occasions within the past twenty-four (24) hour period
 - d. **Rash:** body rashes, not obviously associated with diapering, heat or allergic reaction to medications
 - e. **Sore throat:** if associated with fever or swollen glands in the neck
 - f. **Severe coughing:** episodes of coughing which may lead to repeated gagging, vomiting or difficulty breathing
 - g. **Pink eye:** pink or red eye(s) which may be swollen with white or yellow discharge, until on antibiotics for twenty-four (24)
 - h. **Untreated scabies, head lice or the presence of nits:** (may return after first treatment and removal of nits.)
 - i. **Multiple sores inside mouth with drooling:** unless health care provider determines the condition is non-infectious
 - j. **Ringworm:** a fungal infection of the scalp or skin: may return after evaluation and under treatment by a health care provider
 - k. **Impetigo:** may return twenty-four (24) hours after treatment is initiated
- 2. Illness in the home shall be handled to protect all children in care.

- 3. In case of critical illness or injury, and if the parents cannot be reached, the physician named by the parent shall be called. If necessary, the child shall be taken to the nearest emergency room. Injuries that require the attention of medical personnel shall be reported to the parent immediately.
- 4. In case of critical illness or injury that requires the attention of medical personnel the Child Care Licensing Specialist shall be notified within one business day.
- 5. The caregiver shall notify the child's parents of significant events that affect the children. This shall include, but not limited to:
 - a. Cases of serious contagious disease
 - b. Any injury incurred by a child
- 6. The communicable diseases listed in Appendix B, whether suspected in a child or adult, shall be reported within twenty-four (24) hours to either the local County Health Unit or the toll free Reporting System (800-482-8888). Immediate notification is recommended for the following:
 - a. Hepatitis
 - b. Rash illness (including MEASLES & RUBELLA)
 - c. WHOOPING COUGH (Pertussis)
 - d. MENINGITIS
 - e. MUMPS
 - f. Tuberculosis
 - g. Salmonellas (incl7uding typhoid)
 - h. E-coli
- 7. Reporting data should include:
 - a. The reporter's name, location and phone number
 - b. The name of disease reported and the date onset
 - c. The patient's name, address, phone number, age, sex and race (Please spell the patient's name)
 - d. The attending physician's name, location and phone number
 - e. Any pertinent clinical and laboratory used in the diagnosis (Please give the laboratory name)
 - f. Any treatment information, if known
- 8. Within fifteen (15) days of enrollment of a child, the home shall verify that the child has been immunized as required by the Arkansas Department of Health or the child cannot remain in care. (Arkansas Code 20-78-206 as amended by Act 870 of 1997.) (A current immunization schedule is provided as an insert in this publication.)
- 9. Children shall be protected from overexposure to the sun. Sunscreen shall be used if needed

and as directed by the parent. Suntan lotions and/or sunscreens used for infant/toddlers and pres-school children shall be kept out of the children's reach and shall be administered only with written parental permission. School age children may apply sunscreen to themselves with supervision. Blanket permission may be obtained annually.

1103 Toilet Arrangements

- 1. At least one (1) commode and one (1) sink shall be made available for the children's use. Potty seats may be used by the younger children, if emptied, cleaned and disinfected after each use. Potty seats shall be located in the bathroom only.
- 2. Toilet tissue shall be located within reach of the children when toileting.
- 3. Individual cloth towels or paper towels shall be available for each child.
- 4. Liquid soap shall be accessible in the hand washing area and used by caregivers and children.
- 5. Running water shall be available in all lavatories.
- 6. Caregiver's and children's hands shall be washed with liquid soap before meals, after toileting, after each diaper change, and as needed. The use of hand sanitizer shall not be a replacement for soap and running water.
- 7. The home shall use a diaper-changing surface that is sanitized after each use.
- 8. Children shall always be attended during diapering.
- 9. Soiled or wet diapers shall be removed, disposed of properly, and replaced with clean, dry diapers. The caregiver shall ensure that children are properly cleaned and dried.
- 10. The caregiver shall assist children in toilet routine and hygiene practices.
- 11. The following methods shall not be used in toilet training:
 - a. Placing a child on toilet or potty chair for prolonged time periods
 - b. Using harsh language
 - c. Punishing or berating in any way for soiling clothing
 - d. Using physical force to place child on a toilet or potty chair against their will
 - e. Leaving child unsupervised on toilet

1104 Medication Requirements

- 1. Prescription medication shall be in the original container and labeled with the child's name, a recent date, instructions, and the physician's name.
- 2. All non-prescription medicine (except aspirin substitutes, such as ibuprofen and

acetaminophen) shall be labeled with the child's name and dated.

- 3. All medicines shall be given to a child only with the written permission of the child's parent(s) or guardian.
- 4. Medicines shall be kept in a locked area. Medicine shall be kept out of the reach of the children when dispensing.
- 5. Medication shall be disposed of when a child withdraws from care or when the medication is out of date.

1105 Phone Numbers Required

- 1. The following phone numbers shall be available in the immediate area of the telephone:
 - a. Ambulance service or emergency medical services
 - b. Police or sheriff's department
 - c. Fire department
 - d. Poison Control Center: 1-800-376-4766
 - e. Child Abuse Hotline Number: 1-800-482-5964
 - f. The physicians named by the parents
 - g. Child Care Licensing Unit Central Office Number: 501-682-2350 or toll free 1-800-445-3316
 - h. Home and business numbers of the parents

1106 Pet Requirements

1. Pets with which children have contact shall receive vaccinations as required by law. Verification of vaccinations administered by a licensed veterinarian shall be maintained. Any pet that constitutes a threat to the welfare and safety of the children shall be kept in a confined area which prevents any contact with the children.

1200 SAFETY

It is highly suggested that the home have an evacuation crib or equivalent that could be used for the safe evacuation of infants.

1201 Safety Requirements

1. The child care family home shall have a written plan detailing the procedures to follow in the event of emergencies (fires, floods, tornadoes, utility disruptions, bomb threats, etc.) (Act 801 of 2009). The plan and procedures are required for emergencies that could cause structural damage to the facility, be identified as a threat by the Arkansas Department of Emergency Management or pose a health and/or safety hazard to the children and staff.

- 2. The written plan shall include the following information:
 - a. Designated relocation site and evacuation route
 - b. Procedures for notifying parents of relocation
 - c. Procedures for ensuring family reunification
 - d. <u>Procedures to address the needs of individual children, including children with special</u> needs
 - e. <u>Procedures and documentation for annual training of staff regarding the plan and possible reassignment of staff duties in an emergency</u>
 - f. Plans to ensure that all caregivers and volunteers are familiar with the components of the plan
- 3. The child care family home shall coordinate with local emergency management officials to plan for emergencies.
- 4. Written procedures and evacuation diagrams for emergency drills shall be posted in each room used for childcare.
- 5. Fire and tornado drills shall be practiced each month as follows:
 - a. Fire and tornado drills shall be practiced on separate days and at different times of the day.
 - b. Everyone in the home at the time of the drill shall participate in the drill
 - c. Caregivers, including volunteers, shall be trained in safety drill procedures
- 6. The home shall maintain a record of emergency drills. This record shall include:
 - a. Date of drill
 - b. Type of drill
 - c. Time of day
 - d. Number of children participating in the drill
 - e. Length of time taken to reach safety
- 7. The child care family home shall maintain an evacuation pack that shall be taken on all drills and during real emergencies evacuations. The pack shall be easily accessible in an emergency and all caregivers shall know the location of the pack. The evacuation pack shall include, but is not limited to the following:
 - a. <u>List of emergency numbers</u>
 - b. List of all emergency and contact information for children
 - c. List of all emergency and contact information for staff
 - d. First aid kit (requirement 1101.8) with extra gloves
 - e. Kleenex
 - f. Battery powered flashlight and extra batteries
 - g. Battery powered radio and extra batteries

- h. Hand sanitizer
- i. Notepad and pens/pencils
- j. Whistle
- k. <u>Disposable cups</u>
- l. Wet wipes
- m. Emergency survival blanket
- 8. The home shall immediately notify the Licensing Unit of any damage to the building and/or grounds. If phone service is not available, notification shall be as soon as service is restored or available.
- 9. Licensed homes shall maintain a log of all child product recall and safety notices issued by CPSC or distributed the Attorney General's Office and shall post or otherwise make these notices available for parents to review. The licensee shall certify, on an annual basis, that these notices have been maintained and reviewed and that any identified items have been removed from the facility. Forms for self-certification will be provided by the Licensing Specialist and shall be submitted annually. (Act 1313 of 2001)
- 10. Electrical outlets shall be guarded. Protective caps, if used, shall be large enough to prevent swallowing.
- 11. Indoor or outdoor cooling units shall have guards or barriers when necessary. All outdoor electrical boxes, gas lines, and exposed electrical cords shall be enclosed.
- 12. Stairways shall be well lighted and guarded as needed.
- 13. Dangerous equipment and/or objects shall be stored away from areas used by the children.
- 14. All detergents and cleaning supplies shall be kept out of the reach of children. (This does not include hand soap in children's or staff bathrooms.) Supplies used for children's activities shall be carefully supervised.
- 15. All poisonous substances shall be kept in a locked area.
- 16. Guns shall be unloaded. Guns, other weapons, and ammunition shall be stored in a locked area in the home.
- 17. <u>Illegal drugs/paraphernalia shall not be in any part of the home, regardless if children are present or not.</u>
- 18. Tanks, ponds, swimming pools, open wells, drainage ditches and sewage drainpipes shall be fenced if located within the play area.
- 19. Home swimming pools shall not be used by children in care unless permission is obtained from Child Care Licensing through an alternative compliance request. This request must include written approval from the Arkansas Department of Health for the use of the pool by

children in care. (Home swimming pools used by children in care are considered semiprivate pools by the Department of Health and approval for these pools requires inspection during the construction phase. Obtaining approval for existing pools is usually not possible.)

- 20. Wading pools shall not be used by children under two (2) years of age.
- 21. Alcoholic beverages shall be kept out of reach of children.

1202 Fire

The National Fire Safety Code 101 does not allow the use of basements or floors above ground level by children, first grade and younger, unless there is a ground level exit. (Please be advised that the fire code also does not allow wood paneling in child care family homes. This will fall under the authority of the local fire jurisdiction.)

- 1. A home caring for eleven (11) or more children at any time (this does include school age children not counting in the ratio) shall provide verification of an approved annual Fire Department inspection.
- 2. A fire extinguisher with a minimum of five (5) lbs. ABC rating shall be installed in the kitchen area of the home and shall be properly maintained. Caregivers shall know how to operate the extinguisher.
- 3. A working smoke detector shall be installed near the kitchen area and in the children's sleeping areas. All smoke detectors in the home shall be hard wired and operate in a manner that if one sounds, they all will sound.
- 4. The home shall be maintained to be free from fire hazards at all times. The Child Care Licensing Specialist shall consult with the local Fire Department or the State Fire Marshal when it appears hazards exist.
- 5. The structure and use of the home shall permit easy entry and exit and shall comply with the following:
 - a. A home with more than one (1) level shall have second exits on all levels used by children.
 - b. A home shall have at least two (2) exits to the outside located on different sides of the home.
 - c. Doors opening to the outdoors shall be constructed so the children can open them easily from the inside.
 - d. Doors between rooms in the exit route shall not be locked while children are in the home.
 - e. Doors and pathways shall be clear of equipment that blocks the movement of children and caregiver(s)
- 6. Wood burning stoves, gas logs, fireplaces, open flame space heaters, water heaters, floor

furnaces or other sources of heat shall be guarded and/or vented when necessary for the protection of the children. Portable fuel heaters shall not be used.

- 7. Cooking stoves or ovens shall not be used as a heating source in the home.
- 8. Portable heaters shall not be placed within reach of children and shall be approved UL listed products.
- 9. The licensee shall notify the Child Care Licensing Specialist of any fires causing damage to the home. This notification shall be made no later than the end of the following working day.

1300 TRANSPORTATION

1301 Transportation Requirements

- 1. The requirement in this section apply to all transportation provided by the licensee, including transportation provided by any person on behalf of the licensee, regardless of whether the person is employed by the licensee. The requirements in this section are not limited to routinely scheduled transportation. Periodic transportation, such as a parent requesting that their child be picked up at school due to the parent's work schedule or other conflicts, is also covered by these requirements, whether a fee is charged for this service or not.
- 2. Caregivers transporting children shall meet the following requirements:
 - a. Be at least twenty-one (21) years old or the minimum age required by the Licensee's commercial auto insurance
 - b. Hold a current valid driver's license or commercial driver's license as required by state law, and a readable copy shall be maintained in the employee's record
 - c. Successfully completed the training course in Driver Safety that is offered, or approved, by the Division prior to transporting children. Verification of the completed course in Driver Safety shall be maintained in the employee's record.
- 3. The vehicle(s) used for the transportation of children shall be in compliance with Arkansas state laws on transportation of children.
- 4. <u>Vehicles shall be licensed and maintained in proper working condition.</u>
- 5. Commercial insurance coverage shall be maintained for any vehicle used for transportation by the facility. Verification of commercial insurance coverage shall be provided to the Licensing Specialist prior to transportation of children. (Facilities licensed prior to the effective date of these regulations shall obtain required coverage within ninety (90) days.) Required coverage amounts to be maintained are:

- a. Minimum coverage of \$100,000 Combined Single Limit (CSL)
- b. Minimum coverage of \$100,000 for both Uninsured Motorist (UM) and Under Insured Motorist (UIM)
- c. <u>Minimum coverage of \$5,000 Personal Injury Protection (PIP) for each passenger</u> (based on the number of passengers the vehicle is manufactured to transport)
- 6. The driver may be counted in the staff/child ratio, but shall not be the only adult present when more than ten (10) children age three (3) and above are transported.
- 7. Any child transported in a passenger automobile, van or pick-up truck, who is less than six (6) years old <u>or</u> weighs less than sixty (60) pounds, shall be restrained in a child passenger safety seat. Any child who is at least six (6) years old, or weighs at least sixty (60) pounds, must be restrained by a safety belt or any other approved safety devices. (Act 470 of 2001) Child passenger safety seats shall be used in accordance with manufacturer's guidelines.
- 8. The loading and unloading of children from vehicles shall be conducted in a safe manner.
- 9. There shall be a seating space and an individual, appropriate restraint system provided for each child being transported.
- 10. Rosters listing the date, names and ages/date of birth of all children being transported as well as the name of the driver and any other staff member on the vehicle shall be maintained. These rosters shall be used to check children on and off the vehicle when they are picked up and dropped off at home, school, etc. and when they arrive at and leave the licensed home. Transportation rosters shall be kept by the facility and available for review for one (1) year.
- 11. To insure that no children are left on the vehicle, the driver or a staff member must walk through the vehicle and physically check each seat before leaving the vehicle. The transportation roster must be signed by the driver, or staff who conducts the walk through inspection, documenting that all children have exited the vehicle.
- 12. To insure that children have safely arrived in the Home classroom, the transportation roster shall be reviewed by the Licensee and compared with attendance records. The Licensee shall sign off on the transportation roster to verify that all children have safely transitioned from the vehicle to the Home.
- 13. Any vehicles designed or used to transport more than seven (7) passengers and one (1) driver must have approved child safety alarm devices installed. These devices must be properly maintained in working order at all times.

Vehicles in service at licensed facilities prior to July 1, 2005, shall have the alarm installed by a qualified technician or mechanic no later than December 31, 2005. On or after July 1, 2005, all vehicles at newly licensed facilities and newly acquired vehicles at existing facilities shall have a child safety alarm installed before placing the vehicle in service.

The Child Care Licensing Unit shall maintain a list of approved alarm systems.

Clarification---

- The alarm system shall be installed so that the driver must walk to the very back of the vehicle to reach the switch that deactivates the alarm. Alarm switches installed in locations that do not require the driver to walk to the back of the vehicle and view all seating areas will not be acceptable.
- The alarm systems may be installed by any certified technician or mechanic employed by a recognized electronics or automotive business in accordance with the device manufacturer's recommendations.
- The time delay from activation of the alarm until the alarm sounds shall be no longer than one minute. Any of the following three options are acceptable to meet the intent of Act 1979 when children are being delivered at the facility. Other options must be approved by the Licensing Unit.

Options:

- 1. Unload all of the children, walk through the vehicle to ensure that no children remain on board and deactivate the alarm. (This option will only work if you are able to unload all children in less than one minute.)
- 2. Upon arrival, have one staff member immediately walk through the vehicle to deactivate the alarm system. That staff member will remain near the alarm switch at the back of the vehicle until all children have been unloaded to ensure that no child is left on board. (This option will require at least two staff members, one to supervise the children and one to remain inside the vehicle.)
- 3. Upon arrival, deactivate the alarm and unload the children. Immediately after unloading, start the vehicle and move it to a different location for final parking. (This will reactivate the alarm and require a final walk through.)

1302 Infant & Toddler Transportation Requirements

1. A vehicle transporting children under the age of thirty-six (36) months shall maintain a ratio of one (1) adult to three (3) children.

1400 SPECIAL NEEDS

Individuals with Disabilities Education Act (IDEA):

• It is a law ensuring services to children with disabilities throughout the nation. IDEA governs how states and public agencies provide early intervention, special education and related services to eligible infants, toddlers, children and youth with disabilities.

- It defines a child with Special Needs as:
 - A child determined eligible for special services under the Individual with
 Disabilities Education Act (IDEA) for whom a current IFSP (Individual Family
 Service Plan) or IEP (Individual Education Plan) exists and/or
 - o A child whose physical condition has lasted or is expected to last at least two (2) years as diagnosed by a licensed medical or psychological examiner
- It is specified in Public Law 108-466 §635.16 A-B (IDEA as reauthorized) as:
 - Children with disabilities including children in public or private institutions or other care facilities are educated to the maximum extent appropriate with children who are not disabled.
 - O Special classes, separate schooling or other removal of children with disabilities from the regular educational environment occurs only when the nature or severity of the disability of the child is such that the child is not achieving a satisfactory education in a regular class that provides supplementary aids and services.

1401 Special Needs Requirements

- 1. All child care facilities shall comply with all applicable provisions as specified in IDEA:
 - a. The facility shall enroll children with special needs without regard to disability.

 (Programs are required to provide space and care for a child who can be placed in their facility with existing services, as well as added supports from special educational services, and as long as the health and safety of the child can be met.)
 - b. Staff shall provide care in the general classroom with children who are not disabled
 - c. The facility shall assist in facilitation of services required to meet the "special needs" of children in the center or in the classroom as specified on the individualized education/individual family service plan.
 - d. Facility staff (regular classroom staff) shall be a partner in the IFSP/IEP plan process
 - e. The facility shall allow service providers who are representatives of DHS, DDS or ADE access to the facility to provide special services as prescribed on the plan to enable the plan to be implemented in the classroom (natural/ least restrictive environment).
 - f. The facility shall not charge special service providers for space, accept "gratuities", or payment for allowing special service providers to provide services in their facility.
 - g. The facility is not required to "displace" children or staff to make space available to special service providers.
 - h. In order for a special service provider to provide special services in the facility, the IFSP/IEP planning team under the authority of the Arkansas Department of Education and/or the Arkansas Department of Human Services, Developmental Disabilities Services, shall identify the needed special services on the IFSP/IEP.
 - i. Classroom staff shall reinforce the specified goals and objectives as part of the daily routine of the classroom.

1402 Infant & Toddler Special Needs Requirements

- 1. To the maximum extent appropriate, children ages 0-2 shall participate in early intervention services provided in "natural environments."
- 2. When infants and toddlers cannot achieve satisfactory results from early intervention services in a natural environment, the provision of early intervention services shall occur in other appropriate settings as determined by the parent and the Individualized Family Service Team.



APPENDIX A U.S. DEPARTMENTOF AGICULTURE CHILD CARE MEAL PATTERN

Children age 12 and up may be served adult-size portions based on the greater food needs of older children, but shall be served not less than the minimum quantities specified in this section for children age 6 through 12 years.

For purposes of the requirements outlined in this paragraph, a cup means a standard measuring cup.

Bread, pasta or noodle products, and cereal grains shall be whole g^rain or enriched; cornbread, biscuits, rolls, muffins, etc.

shall be made with whole grain or enriched meal or flour; cereal shall be whole grain or enriched or fortified.

| | Children | Children | Children |
|----------------------------------|-------------------|--|--------------------|
| Breakfast | 1 and 2 years | 3 through 5 years | 6 through 12 years |
| Milk, fluid | ½ cup (4 ounces) | ³ / ₄ cup (6 ounces) | 1 cup (8 ounces) |
| Juice or fruit or vegetable | ¹⁄₄ cup | ½ cup | ½ cup |
| Bread, bread alternate**** | | | |
| and/or cereal | | | |
| enriched or whole 'rain | ½ slice (½ ounce) | ½ slice (½ ounce) | 1 slice (1 ounce) |
| Bread or | ¹⁄₄ cup* | 1/3 cup** | 3/4 cup*** |
| Cereal: Cold dry or | ¹⁄₄ cup | ½ cup | ½ cup |
| Hot cooked | | | |
| AM or PM snack (supplement) | | | |
| (select 2 of these 4 components) | | | |
| Milk, fluid | ½ cup (4 ounces) | ½ cup (4 ounces) | 1 cup (8 ounces) |
| Meat or meat alternate | ½ ounce | ½ ounce | 1 ounce |
| Juice or fruit or vegetable | ½ cup | ½ cup | 3/4 cup |
| Bread, bread alternate**** | | | |
| and/or cereal | | | |
| enriched or whole (grain | ½ slice (½ ounce) | ½ slice (½ ounce) | 1 slice (1 ounce) |
| Bread or | ¹⁄4 cup* | 1/3 cup ** | 3/4 cup*** |
| Cereal: Cold dry or | ¹⁄₄ cup | ¹⁄4 cup | ½ cup |
| hot cooked | | | |
| Lunch or Supper | | | |
| Milk, fluid | ½ cup (4 ounces) | ³ / ₄ cup (6 ounces) | 1 cup (8 ounces) |
| Meat or meat alternate | | | |
| (lean meat or poultry or fish) | 1 ounce | 1 ounce | 2 ounces |
| Cheese | 1 ounce | 1 ounce | 2 ounces |
| Egg | 1 large egg | 1 large egg | 1 large egg |
| Cooked dry beans or peas | ¹⁄₄ cup | 3/8 cup | ½ cup |
| Peanut butter | 2 tbsp | 3 tbsp | 4 tbsp |
| Yogurt (plain or flavored) | ½ cup | ¾ cup | 1 cup |
| (Or an equivalent quantity of | | | |
| any combination of the above | | | |
| meat/meat alternates) | | | |
| Vegetable and/or fruit | ¹⁄₄ cup | ½ cup | 3/4 cup |
| (total of two or more) | | | |
| Bread or bread alternate**** | ½ slice (½ ounce) | ½ Slice (½ ounce) | 1 slice (1 ounce) |
| enriched or whole grain | | | |
| * ½ cun (volume) or 1/3 | ('10 | I | l |

^{* \(\}frac{1}{4} \) cup (volume) or 1/3 ounce (weight)

(CASA-1)

^{** 1/3} cup (volume) Or 1/2 ounce (weight)

^{*** 3/4} Cup (volume) or 1 ounce (weight)

^{****} Refer to Food Buying Guide "Grains and Breads" for equivalent quantities

APPENDIX B U. S. DEPARTMENT OF AGICULTURE

INFANT CARE MEAL PATTERN

Meals served to infants ages birth through, 11 months must meet the requirements described in this meal pattern. Foods included in the infant meal must be of a texture and a consistency that are appropriate for the age of the infant being served. Either breast milk or iron-fortified infant formula must be served for the entire first year.

| Age | Breakfast | Lunch or Supper | Snack |
|----------------------|-------------------------|--------------------------|---------------------------|
| Birth through 3 | 4-6 fluid ounces breast | 4-6 fluid ounces breast | 4-6 fluid ounces breast |
| months | milk* or formula** | milk* or formula** | milk* or formula** |
| 4 months through 7 | 4-8 fluid ounces breast | 4-8 fluid ounces breast | 4-6 fluid ounces |
| months | milk* or formula** | milk* or formula** and | breast milk* or |
| | | | formula** |
| | | 0-3 tablespoons infant | |
| | 0-3 tablespoons infant | cereal*** and | |
| | Cereal*** | | |
| | | 0-3 tablespoons fruit Or | |
| | | | |
| | | vegetable or both | Y Y |
| 8 months up to first | 6-8 fluid ounces breast | 6-8 fluid ounces breast | 2-4 fluid ounces |
| birthday | milk* or formula** | milk* or formula** | breast milk or |
| • | | and | formula** or |
| | and | | fruit juice**** |
| | | 2-4 tablespoons infant | |
| | 2-4 tablespoons infant | cereal*** and/or | and |
| | cereal | | |
| | | 1-4 tablespoons meat, | 0- 1/2 slice bread or 0-2 |
| | and | fish poultry, egg yolk, | crackers**** |
| | | or cooked dry beans or | |
| | 1-4 tablespoons fruit | peas, or ½ -2 ounces | |
| | and/or vegetable | cheese, or 1-4 | |
| | or both | tablespoons cottage | |
| | | cheese cheese food. or | |
| | | cheese spread and | |
| | | cheese spread and | |
| | | 1-4 tablespoons fruit or | |
| | | vegetable or both | |

^{*} It is recommended that breast milk be served in place of formula from birth through 11 months. For some breastfed infants who regularly consume less than the minimum amount of breast milk per feeding, a serving of less than the minimum amount of breast milk may be offered, with additional breast milk offered if the infant is still hungry

- ** Iron-fortified infant formula
- *** Iron-fortified dry infant cereal
- **** Full-strength fruit juice
- *****Made from whole-grain or enriched meal or flour (CASA-1)

APPENDIX C: LIST OF REPORTABLE DISEASES

The following are the more common <u>reportable</u> diseases, which occur with moderate frequency in Arkansas:

gonorrhea salmonellosis (including typhoid)

hepatitis (A, B, Non-A, Non-B shigellosis unspecified and results of serologies) syphilis rash illnesses (including *MEASLES, & RUBELLA) tuberculosis *WHOOPING COUGH (pertussis) MENINGITIS

The following are less common reportable diseases that occur with low frequency in Arkansas:

*AIDS (Acquired Immune Deficiency

Syndrome) Amebiasis ANTHRAX

*Aseptic Meningitis

"Asepuc Meningiu

Blastomycosis BOTULISM

*Brucellosis

Campylobacter Enteritis

Chancroid

CHOLERA

Coccidioidomycosis

*Congenital Rubella Syndrome

DIPHTHERIA

Encephalitis (all types)

FOOD POISONINGS (all types)

Giardiasis

Gonococcal Ophthalmia

Granuloma Inguinale

*Guillain-Barre Syndrome

Histoplasmosis

HIV (Human Immune Deficiency

Virus by name & address)

**Influenza

*Kawasaki Disease

*Legionellosis

*Leprosy

*Leptospirosis
*Lyme Disease

Lymphogranuloma Venereum

*Malaria

*Meningitis, <u>Hemophilus</u> Influenza Type B

*Meningococcal infection

Mumps

Pesticide Poisoning

PLAGUE

*POLIOMYELITIS

*Psittacosis (Ornithosis)

Q Fever RABIES

*Relapsing Fever

*Reyes Syndrome

Rheumatic Fever

*Rocky Mountain Spotted Fever

SMALL POX

*Tetanus

*Toxic Shock Syndrome

Toxoplasmosis *Trichinosis

*Tularemia

TYPHUS FEVER/YELLOW FEVER

^{*}The reporting physician will be contacted for additional information.

^{**}Individual cases to be reported only when laboratory testing has determined the viral type.

The diseases in capital letters are to be brought to the immediate attention of the State Epidemiologist when suspected.

Reporting data shall include:

- a) Names & location of reporting person
- b) Disease or suspected disease and date of onset
- c) Name, age, sex, address and phone number of patient (please spell patient's name)
- d) Name of patient's physician

The following diseases are also of public health importance and should be reported whenever there is an unusual incidence or outbreak (including seasonal). It is necessary to report: (1) physician's name and location (2) the suspected disease (3) the number of cases and interval during which the cases were seen:

Acute respiratory disease
Chicken pox
Conjunctivitis

Hospital acquired infections
Infectious Mononucleosis
Influenza (estimate number)

Dermatophytosis (ringworm) Pediculosis Enteropathogenic E. Coli Diarrhea Pleurodynia

Epidemic Diarrhea of unknown cause Pneumonia (bacterial, Mycoplasma, viral)

Gastroenteritis Staphylococcal-Infections Herpangina Streptococcal Infections

The following occupational disease also shall be reported:

Asbestosis Mesothelioma

Silicosis Coal Workers Pneumoconiosis

Byssinosis

FOR FURTHER ASSISTANCE CONTACT THE LOCAL COUNTY HEALTH UNIT.

APPENDIX D: DISASTER/EMERGENCY PREPAREDNESS

| DISASTER/EMERGENCY NUMBERS | CONTACT/TOWN | TELEPHONE NUMBER |
|--|--------------|--------------------------------|
| AMBULANCE | | |
| APPLIANCE REPAIR | | |
| BUILDING INSPECTOR | | |
| CHILD ABUSE HOT LINE | | 1-800-482-5964 |
| CHILD CARE LICENSING UNIT | Little Rock | 1-800-445-3316 or 501-682-8590 |
| CLEANING/MAINTENANCE | | |
| ELECTRIC COMPANY | | |
| ELECTRICIAN | | |
| EMERGENCY CHILD LOCATOR | | 1-866-908-9572 |
| FACILITY DIRECTOR | | |
| FIRE DEPARTMENT | | |
| FIRE DEPARTMENT (Non-Emergency) | | |
| GAS COMPANY | | |
| GLASS COMPANY | | |
| HEALTH DEPARTMENT (Local) | | |
| HEATING/AIR CONDITIONING | | |
| INSURANCE AGENT AND POLICY NUMBER | | |
| LICENSING SPECIALIST | | |
| LOCKS | | |
| NATIONAL EMERGENCY FAMILY REGISTRY AND LOCATOR | | 1-800-588-9822 |
| PLUMBER | | |
| POISON CONTROL | | 1-800-376-4766 |
| POLICE | | |
| POLICE (Local Non-Emergency) | | |
| RED CROSS (Local) | | |
| SHERIFF | | |
| TRASH REMOVAL | | |
| WATER DEPARTMENT | | |

Child Care Immunization Requirements

Recommended by Arkansas Department of Health and

Required by the Department of Human Services, Division of Child Care and Early Childhood, Licensing Division

| AGE | DTaP DTP/DT | POLIO | Hib ** | HEPATITIS B | MMR **** | VARICELLA **** | PNEUMOCOCCAL ** |
|--------------|--|--|--|--|------------------------|------------------------|--|
| 1-2 Months | None | None | None | None (1-2 doses possible) | None | None | None |
| 3-4 Months | 1 dose | 1 dose | 1 dose | 1 dose (1-2 doses possible) | None | None | 1 dose |
| 5-6 Months | 2 doses OR 1 dose within last 8 weeks | 2 doses OR 1 dose within last 8 weeks | 2 doses OR 1 dose within last 8 weeks | 2 doses OR 1 dose within last 8 weeks | None | None | 2 doses OR 1 dose within last 8 weeks |
| 7-12 Months | 3 doses OR 1 dose within last 8 weeks | 2 doses OR 1 dose within last 8 weeks (3 doses possible) | 2-3 doses OR 1 dose within last 8 weeks | 2 doses OR 1 dose within last 8 weeks (3 doses possible) | None | None | 2-3 doses OR 1 dose within last 8 weeks |
| 13-15 Months | 3 doses OR 1 dose within last 8 weeks | 2 doses OR 1 dose within last 8 weeks (3 doses possible) | 2-3 doses OR 1 dose within last 8 weeks (4 doses possible) | 2 doses OR 1 dose within last 8 weeks (3 doses possible) | None (1 dose possible) | None (1 dose possible) | 2-3 doses OR 1 dose within last 8 weeks (4 doses possible) |
| 16-18 Months | 3 doses or 1 dose within last 8 weeks | 2 doses or 1 dose within last 8 weeks (3 doses possible) | 3-4 doses with last dose on/after 1st birthday OR 2 doses if first dose is administered at age 12 - 14 months and doses are at least 8 weeks apart OR 1 dose on/after 15 months of age if no prior doses | 2 doses OR 1 dose within the last 8 weeks (3 doses possible) | 1 dose | 1 dose | 3-4 doses with last dose must be on/after1st birthday OR 2 doses on/after 1st birthday |
| 19-48 months | 4 doses OR 3rd dose within last 6 months OR 1 dose within last 8 weeks | 3 doses OR 1 dose within last 8 weeks | 3-4 doses with last dose on/after 1st birthday OR 2 doses if first dose is administered at age 12 - 14 months and doses are at least 8 weeks apart OR 1 dose on/after 15 months of age if no prior doses | 3 doses *** OR 1 dose within last 8 weeks | 1 dose | 1 dose | 3-4 doses with last dose must be on/after1st birthday OR 1 dose on/after 24 months of age if no prior doses OR 2 doses on/after 1st birthday |
| 49-72 Months | 5 doses * OR 4th dose within last 6 months OR 1 dose within last 8 weeks OR 4 doses with last dose on/after 4th birthday | 4 doses OR 1 dose within last 8 weeks OR 3 doses with last dose on/after 4th birthday | 3-4 doses with last dose on/after 1st birthday OR 2 doses if first dose is administered at age 12 - 14 months and doses are at least 8 weeks apart OR 1 dose on/after 15 months of age if no prior doses Not required on/after 5th birthday | 3 doses *** OR 1 dose within the last 8 weeks | 1 dose | 1 dose | 3-4 doses with last dose on/after 1st birthday OR 1 dose on/after 24 months of age if no prior doses OR 2 doses on/after 1st birthday Not required on/after 5th birthday |

^{* 5}th DTaP/DTP/DT (Pre-school dose) must be given on/after the child's 4th birthday and may be given at anytime from 49 to 72 months of age. Interval between 4th DTaP/DTP/DT and 5th DTaP/DTP/DT should be at least 6 months.

^{**} For Hib and Pneumococcal, children receiving the first dose of vaccine at age 7 months or older require fewer doses to complete the series.

^{*** 3}rd dose of hepatitis B should be given at least 8 weeks after the 2nd dose, at least 16 weeks after the 1st dose, and it should not be administered before the child is 24 weeks of age.

^{****} MMR and Varicella vaccine must be given on/after the child's first birthday.

REGISTRATION REQUIREMENTS FOR

Registered Child Care Family Homes



ARKANSAS DEPARTMENT OF HUMAN SERVICES
DIVISION OF CHILD CARE AND EARLY CHILDHOOD EDUCATION
CHILD CARE LICENSING UNIT
P. O. BOX 1437, SLOT S150
LITTLE ROCK, ARKANSAS 72203-1437
(501) 682-8590



PUB-003 (REV. **/**)

1 "FINAL COPY OF RCCFH"

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Registration Requirements for Registered Child Care Family Homes

100 DEPARTMENT RESPONSIBILITY

101 Responsibilities and Requirements

- 1. The Division of Child Care and Early Childhood Education (referred to hereafter as the Division) under the Department of Human Services is directly responsible for the inspection and evaluation of all Registered Homes.
- 2. The Division has the power to establish rules, regulations, and standards for licensing/registration and operation of child care facilities. This includes all powers with respect to granting, revocation, denial, and suspension of licenses and registrations. Information regarding the appeal process is available upon request.
- 3. The Division works in coordination with local and state Health Departments, Fire Departments, City Planning or Zoning departments and the Boiler Division of the Department of Labor.
- 4. The owner should be aware of any applicable city or county zoning ordinances or codes or neighborhood covenants which may limit the number of children in care or impose additional safety requirements. The Division will share information on the location and status of registered homes with any city or county that requests this information.
- 5. The Child Care Licensing Unit will notify the applicable federal agency at any time they become aware of or are advised of violations of any of the following or similar laws. The owner should be aware of applicable federal laws which may affect the operation of the facility, such as, but not limited to:
 - a. Americans with Disabilities Act (ADA).
 - b. Environmental Protection Agency (EPA) regulations to ensure that any renovation or repair work on a home, child care facility, or school that was constructed prior to 1978 shall be completed by a contractor that is certified by the Environmental Protection Agency (EPA), when the repairs and/or renovations consist of any or all of the following: the repair or renovation disturbs six (6) or more square feet of the interior, the repair or renovation disturbs twenty (20) or more square feet of the exterior, and/or the repair or renovation involves removing a window.
 - c. Federal civil rights laws state that a facility may not discriminate on the basis of race, color, sex, religion, national origin, physical or mental handicap, or veteran status.
- 6. The Registrant shall maintain Child Care Liability insurance and comply with the following requirements:
 - a. Prior to approval of an application, the applicant shall provide verification of the required

coverage to the Licensing Specialist and provide subsequent verification when requested. (Homes licensed prior to the effective date of this revision shall have ninety (90) days to comply with this requirement.)

b. Maintain the minimum amount of coverage as follows:

| Registered Capacity of Home | Minimum Child Care Liability Coverage Required | | |
|-----------------------------|--|--|--|
| 1 – 5 | \$ 100,000 per occurrence | | |

102 General Requirements

- 1. To determine a recommendation for registration, the applicant's home shall be reviewed by a Child Care Licensing Specialist to determine that the home is in substantial compliance with the requirements. (Clarification: In addition to rooms used for care, Child Care Licensing Staff must also be given access to all other rooms or spaces not used for child care. Any rooms or areas that are not accessible to children in care will only be viewed briefly for major health and safety issues and will not be routinely monitored for general licensing compliance. This is to help insure that there are no dangers such as fire hazards, which could impact the safety of the entire structure.)
- 2. Substantial Compliance means compliance with all essential standards necessary to protect the health, safety and welfare of the children attending the registered home. Essential standards include but are not limited to those relating to issues involving fire, health, safety, nutrition, and behavior management.

103 Definition and Application

There are three (3) types of registered homes as follows:

- 1. <u>Registered Child Care Family Home:</u> a situation in which five (5) or less children are cared for in the caregiver's own residence or in some other suitable family type residence.
- 2. Relative Child Care Family Home: a situation in which five (5) or less children are cared for by a relative of the child(ren). The relationship must be that of a grandparent, great-grandparent, aunt, uncle, sibling (residing out of the home). The registered relative may provide the child care either in his/her home or the home of the child(ren). Proof of relationship must be provided. The following must be provided to verify proof of relationship:
 - a. the child(ren)'s birth certificate(s)
 - b. the parent's birth certificate
 - c. marriage license of the parent (if parent's last name has changed)
 - d. marriage license of the caregiver (if last name has changed)
 - e. birth certificate of the caregiver (if the application is for an aunt or uncle)
- 3. <u>In-Home Child Care Provider:</u> an individual selected by the family to provide the day care to

five (5) or less children in the child(ren)'s own home. The In-Home Registration is not valid for child care provided outside the child(ren)'s own home.

- 4. There shall be no more than one registration issued per home/structure. (This does not apply to situations such as duplexes where two registrations could be issued to two separate applicants.) An individual shall be eligible to hold only one registration, which shall be issued for one specified location.
- 5. Home with only one caregiver shall limit care to no more than two shifts (18 hours) per 24 hour period. Homes offering 24 hour care shall provide a schedule verifying that they have made provisions for secondary caregiver to provide relief for one shift. (Alternative compliance may be requested by caregivers who provide 24 hour care and who do not have a secondary caregiver. For this request to be approved, consideration will be given to the overall level of compliance with registration requirements and to the number and ages of children in care during the third shift.
- 6. The holder(s) of the registration shall be the primary caregiver(s) and at least one shall be present and responsible for children during hours of care and shall not be otherwise employed during the hours of care. (If a qualified secondary caregiver is present, the primary caregiver may be absent for reasons related to the operation of the child care business, such as attending required training, and for brief and/or occasional absences relating to personal business or personal time off.)
- 7. If at any time care is provided to six or more children from more than one family, the law requires the provider to be licensed. The caregiver's own preschool children shall be considered when determining the need for a license or registration. The caregiver's own school age children are not considered when determining the need for a license or registration. Other children in the home who are not accompanied by a parent are considered as being in care whether pay is received for the care or not.
- 8. Any home that has not provided care to children for a period of one year shall have the registration closed unless a written request is made by the registrant stating why closure should not take place.
- 9. The primary caregiver in a Registered Home shall submit the following to complete the application process:
 - a. A completed and signed application provided by the Division
 - b. Diagram of the home indicating rooms to be used by children in care and the location of exit doors.
 - c. A Health Card on applicant, other caregivers and any adult(s) in addition to the caregiver(s) present in the home on a regular basis while children are in care.
 - d. Zoning approval, if applicable, shall be provided by new applicants for license and by existing homes requesting increase in licensing capacity
 - e. A signed Authorization for Release of Confidential Information/Child Maltreatment Central Registry Check Form. Everyone living in the home age 18 and older must

- complete and sign this form. A check or money order for \$10.00 made out to Department of Human Services must be attached to each form. Children under age 18 only need to be listed where applicable. This form must be notarized.
- f. Criminal Record Check Form(s). Everyone in the home age 18 and older must complete a form. A check or money order for \$19.25 payable to the Arkansas State Police or ASP must be attached to each form. The form(s) must be notarized.
- g. The registrant's Social Security Number or TIN (Tax Identification Number) shall be listed on the application. (A TIN number can be obtained by calling 1-900-546-3920 or by sending a SS-4 to the Internal Revenue Service, Memphis, Tennessee 37501. It takes approximately 4 weeks to receive the TIN.)
- h. Boiler inspection, or verification that inspection has been scheduled
- i. <u>Verification of Child Care Liability insurance (if Child Care Liability Insurance cannot be obtained before application, it must be obtained with proof provided to the Child Care Licensing Unit **before** care of children can be provided)</u>

104 Registration Procedure

- 1. Any applicant applying for Registration may contact the local Division Office or Child Care Licensing Specialist to obtain information and/or the necessary application and related forms.
- 2. A pre-application consultation meeting shall be required for all applicants for registration prior to approval of the application. This meeting shall be offered prior to or within thirty (30) days of receipt of the application.
- 3. Upon receipt of a signed application the Child Care Licensing Specialist shall schedule an appointment to inspect, evaluate, and make a recommendation for consideration of registration of the Division.
- 4. The Child Care Licensing Specialist shall make unscheduled visits throughout the year to determine continued compliance of standards and to offer consultation and technical assistance.
- 5. The registration, as issued, shall apply only to the home's location at the time of registration. The registrant shall notify the Child Care Licensing Specialist's office of any change of location or ownership at which time a new study shall be conducted. Upon issuance of a registration, the registration shall remain in effect as long as compliance is maintained.
- 6. New Provisional Registration-If the Licensing Specialist finds that an applicant for a registered home meets the registration requirements or has a reasonable expectation of correcting deficiencies within specified time frames, the Child Care Licensing Specialist may recommend a new provisional registration to the Division. The new provisional registration shall be in effect for a period of time, not to exceed twelve (12) months. This time frame shall be specified in the provisional registration. (The Licensing Specialist has sixty (60) days to submit a recommendation to the Division for a provisional registration.)
- 7. Regular Registration- The Child Care Licensing Specialist will recommend a regular

registration when the home has demonstrated substantial compliance, or when an existing registrant with a regular registration relocates their home and their past demonstrates a substantial level of compliance.

8. <u>Probationary Provisional Registration</u>- The Licensing Unit may issue a Probationary Provisional registration when the Home is not maintaining substantial compliance due to deficiencies which are so numerous, frequent or sever as to potentially jeopardize the health, safety, and welfare of children. The home and the Licensing Unit shall have a corrective action plan in place addressing the issues.

Based on the level of compliance during the period of the Probationary Provisional Registration the Licensing Unit may:

- a. Issue a Regular registration
- b. Suspend a registration
- c. Revoke a registration
- 9. Suspension or Revocation of Registration-At the time of a final determination by the Division of revocation or suspension of a registration, the Division shall specify in the letter the period and terms of the action. A revocation of a registration shall be set for no less than one (1) year but may be for a longer term as established by the Division. Related parties shall not be eligible to apply for registration for the same specified period. (Related parties are defined as immediate family members, members of Board of Directors, person or entities associated or affiliated with, or which share common ownership, control, or common board members or which have control of or is controlled by the registrant. An immediate family member is defined as a spouse, step and in-law relationships, a child, a natural or adoptive parent, a sibling, a grandparent, a grandchild or a son or daughter-in-law.) The revocation of a registration places that registration in a null and void status. At the completion of the terms of revocation, homes wishing to be re-registered must submit a new application for registration for review and approval by the Division.

105 Appeal of Registration Actions

- 1. A registrant or applicant for registration may request to appeal any of the following registration actions:
 - a. Adverse registration actions (revocation of the registration or denial of an application for registration.
 - b. Founded registered complaints
 - c. Cited noncompliance with the published standards
- 2. An appeal may be initiated on any of the above actions by requesting an appeal in writing to the Licensing Specialist or Licensing Supervisory Staff. Requests to appeal adverse registration actions must be mailed within ten (10) calendar days of the receipt of the notice of the adverse action. Requests to appeal registration actions, other than adverse, must be mailed within twenty (20) calendar days from receipt of the notification of the action. The

request to appeal shall include a statement of the action(s) taken by the Division and the reason(s) the registrant or applicant for registration disagrees with that action. The request to appeal will be reviewed by the Licensing Supervisor and the Licensing Administrator. If the appeal is not resolved to the satisfaction of the registrant or applicant for registration, the matter will be referred to the Child Care Appeal Review Panel for hearing. (Additional information regarding the appeal procedures and the Child Care Appeal Review Panel is available on request.)

106 Alternative Compliance

- 1. The Division may grant alternative compliance with the Minimum Standards Required for Registered Child Care Homes, if the Division determines that the alternative form of compliance offers equal protection of health, safety and welfare to children and meets the basic intent of the requirements for which the registrant is making the request.
- 2. The Division shall consider all requests for alternative compliance with the Registration requirements except those requirements which are enforced by the Department of Health, Local Fire Marshall or State Fire Marshall's Office.
- 3. To request alternative compliance, the following procedures shall be initiated by the person responsible for the operation of the facility:
 - a. The applicant/registrant shall submit the request for alternative compliance in writing.
 - b. The request shall include:
 - The specific standard for which alternative compliance is sought
 - An explanation of how the alternative compliance is equal to, or exceeds, the requirement
 - Full justification and description of what the alternative compliance method will be and the method by which the facility will carry out this plan to be able to continue to provide for the health, safety, and welfare of children as intended by the requirement.
 - The applicant/registrant shall provide clear and supportive evidence, and upon request of the Division, an expert's opinion of the effects of the health, safety and welfare of children and how it will protect through the alternative means of compliance
- 4. A separate written request shall be submitted for each requirement for which alternative compliance is sought.
 - The approved alternative compliance is effective for the duration of the registration, unless a shorter time frame is requested or approved.
- 5. The granting of alternative compliance for a requirement shall in no way constitute a precedent. If an alternative means of complying with the requirement is granted by the Division and the facility fails to implement satisfactorily this alternative means, the original requirement for which alternative compliance was sought shall become immediately enforceable.

- 6. The Division shall have the right to obtain an expert opinion to corroborate that provided by the applicant/registrant.
- 7. The Division reserves the right to deny requests for alternative compliance when it finds that such request does not adequately protect the health, safety and welfare of children and does not meet the intent of the requirement.
- 8. All requests for alternative compliance shall be answered in writing by the Division.

107 Registration Investigations and Inspections

 Child Care Licensing staff shall have access to Registered Homes for the purpose of conducting inspections, reviews, and complaint investigations. Denial of access to the home or denial of the right to interview children in care or other individuals present during hours of care may result in adverse action against the registration. (Clarification: In addition to Child Care Licensing staff having access to all areas of care, they must also be given access to any other rooms or spaces not used for care, to ensure there are no possible hazards.)

108 Child Maltreatment Checks

1. The following persons shall be required to have their background reviewed through an Arkansas Child Maltreatment Central Registry Check: (A check or money order for \$10.00, payable to Department of Human Services, must be attached to each notarized form.)

| a. | Each applicant | At application and every two years thereafter |
|----|---|---|
| b. | All household members who are at least 18 years of age | At application, upon residency, and every two years thereafter |
| c. | Staff members and applicants for employment in a registered home | At application or within 10 days of hire and every two years thereafter |
| d. | All volunteers who have access to children in the home | At application and every two years thereafter |
| e. | Therapist or other persons who have routine contact with children | Within 10 days of the time they begin to provide services or begin to participate in home activities and every two years thereafter |

2. The Division has the authority to review and consider each true (founded) report of child maltreatment received from the Central Registry. The Division shall retain the authority to

deny the applicant or revoke the registration.

- 3. All caregiver(s) are mandated reporters under the Child Maltreatment Act. The caregiver shall notify the Child Maltreatment Hot Line number at 1-800-482-5964 when there is reason to believe that a child has been abused or neglected. (AR Code Annotated 12-12-501 et seq.) These reports of child maltreatment shall include all allegations made to the registrant by parents, staff members or the general public. The registrant should call the Child Care Licensing Specialist for guidance if there is any question about whether or not the Hot Line should be called regarding any situation where potential child maltreatment is involved.
- 4. If a complaint of child maltreatment is filed against any registrant or persons in the home, the Child Care Licensing Unit shall evaluate the risk to children and determine the suitability of the persons to supervise, be left alone with children or remain in the home during hours of care until the allegations have been determined true or unsubstantiated.
- 5. The Registered Child Care Family Home operator, any employees or other persons in the home who have had a true report of child maltreatment shall follow the corrective action plan approved by the Child Care Licensing Unit. Corrective action measures may vary from relevant training to reassignment or termination. Failure to comply with corrective action plans can constitute grounds for adverse action against the registration.

109 Criminal Record Checks

1. The following person shall be required to have their background reviewed through Criminal Records check conducted by the Arkansas State Police: (A check or money order for \$22.00, payable to The Child Care Provider Fund, must be attached to each notarized form.)

a. Each applicant

b. All household members who are 18 years of age or older

c. Staff and applicants for employment in a registered home

d. Volunteers who have <u>routine</u> contact with children

e. Therapist or other persons who have supervisory control, disciplinary control over children or have routine contact with children

At application and every 5 years thereafter

At application; upon residency and every 5 years thereafter

Within 10 days of hire and every 5 years thereafter

Within 10 days of hire and every 5 years thereafter

Within 10 days of the time they begin to provide services or begin to participate in home activities and every 5 years thereafter

- 2. <u>Criminal records will be returned to the division for review. Any charge/convictions listed in this section (Section 110) that are returned will be considered regardless of whether the record is expunged, pardoned or otherwise sealed.</u>
- 3. No person shall be eligible to be a child care facility owner, operator, or employee if that person has pled guilty, or been found guilty, of any of the following offenses by any court in the State of Arkansas, any similar offense by a court in another state or any similar offense by a federal court. The following offenses are permanently prohibited:

| 01. Abuse of an endangered or impaired person, if felony | §5-28-103 |
|--|-----------|
| 02. Arson | §5-38-301 |
| 03. Capital Murder | §5-10-101 |
| 04. Endangering the Welfare of an Incompetent person- 1 st degree | §5-27-201 |
| 05. Kidnapping | §5-11-102 |
| 06. Murder in the First degree | §5-10-102 |
| 07. Murder in the Second degree | §5-10-103 |
| 08. Rape | §5-14-103 |
| 09. Sexual Assault in the First degree | §5-14-124 |
| 10. Sexual Assault in the Second degree | §5-14-125 |

4. No person shall be eligible to be a child care facility owner, operator, or employee if that person has pled guilty, or been found guilty, of any of the following offenses by any court in the State of Arkansas, any similar offense by a court in another state or any similar offense by a federal court. The following offenses are prohibited:

| 01. Criminal Attempt to commit any offenses in MLR Section 100.110 | §5-3-201 |
|---|-------------------------|
| 02. Criminal Complicity to commit any offenses in MLR Section 100.110 | §5-3-202 |
| 03. Criminal Conspiracy to commit any offenses in MLR Section 100.110 | §5-3-401 |
| 04. Criminal Solicitation to commit any offenses in MLR Section 100.110 | §5-3-301 |
| 05. Assault in the First, Second, or Third degree | §5-13-205 - §5-13-207 |
| 06. Assault, Aggravated | §5-13-204 |
| 07. Assault, Aggravated on a Family or Household Member | §5-26-306 |
| 08. Battery in the First, Second, or Third Degree | §5-13-201 - §5-13-203 |
| 09. Breaking or Entering | §5-39-202 |
| 10. Burglary | §5-39-201 |
| 11. Coercion | §5-13-208 |
| 12. Computer Crimes Against Minors | §5-27-601 et. seq. |
| 13. Contributing to the Delinquency of a Juvenile | §5-27-220 |
| 14. Contributing to the Delinquency of a Minor | §5-27-209 |
| 15. Criminal Impersonation | §5-3-208 |
| 16. Criminal Use of a Prohibited Weapon | §5-73-104 |
| 17. Death Threats Concerning a School Employee or Students | §5-17-101 |
| 18. Domestic Battery in the First, Second, or Third Degree | §5-26-303 - §5-26-305 |
| 19. Employing or Consenting to the Use of a Child in a Sexual | §5-27-402 |
| Performance | |
| 20. Endangering the Welfare of a Minor in the First or Second Degree | §5-27-205 and §5-27-206 |

Agency Number 0710

| | Agency Number 0710 |
|---|--------------------------------|
| 21. Endangering the Welfare of an Incompetent Person in the First or Second Degree | §5-27-201 and §5-27-202 |
| 22. Engaging Children in Sexually Explicit Conduct for Use in Visual or Print Media | §5-27-303 |
| 23. False Imprisonment in the First or Second Degree | §5-11-103 and §5-11-104 |
| 24. Felony Abuse of an Endangered or Impaired Person | §5-28-103 |
| 25. Felony Interference with a Law Enforcement Officer | §5-54-104 |
| 26. Felony Violation of the Uniform Controlled Substance Act | §5-64-101 - §5-64-508 et. seq. |
| 27. Financial Identity Fraud | §5-37-227 |
| 28. Forgery | §5-37-201 |
| 29. Incest | §5-26-202 |
| 30. Interference with Court Ordered Custody | §5-26-502 |
| 31. Interference with Visitation | §5-26-501 |
| 32. Introduction of Controlled Substance into Body of Another Person | §5-13-210 |
| 33. Manslaughter | §5-10-104 |
| 34. Negligent Homicide | §5-10-105 |
| 35. Obscene Performance at a Live Public Show | §5-68-305 |
| 36. Offense of Cruelty to Animals | §5-62-103 |
| 37. Offense of Aggravated Cruelty to Dog, Cat, or Horse | §5-62-104 |
| 38. Pandering or Possessing Visual or Print Medium Depicting | §5-27-304 |
| Sexually Explicit Conduct Involving a Child | 35 27 50 . |
| 39. Patronizing a Prostitute | §5-70-103 |
| 40. Permanent Detention or Restraint | §5-11-106 |
| 41. Permitting Abuse of a Minor | §5-27-221 |
| 42. Producing, Directing, or Promoting a Sexual Performance by a Child | §5-27-403 |
| 43. Promoting Obscene Materials | §5-68-303 |
| 44. Promoting Obscene Performance | §5-68-304 |
| 45. Promoting Prostitution in the First, Second, or Third Degree | §5-70-104 - §5-70-106 |
| 46. Prostitution | §5-70-102 |
| 47. Public Display of Obscenity | §5-68-205 |
| 48. Resisting Arrest | §5-54-103 |
| 49. Robbery | §5-12-102 |
| 50. Robbery (Aggravated Robbery) | §5-12-103 |
| 51. Sexual Offense (any) | \$5-14-101 et. seq. |
| 52. Simultaneous Possession of Drugs and Firearms | \$5-74-106 |
| 53. Soliciting Money or Property from Incompetents | §5-27-229 |
| 54. Stalking | §5-71-229 |
| 55. Terroristic Act | §5-13-310 |
| 56. Terroristic Threatening | §5-13-301 |
| 57. Theft by Receiving | §5-36-106 |
| 58. Theft of Property | §5-36-103 |
| 59. Theft of Services | §5-36-104 |
| 60. Transportation of Minors for Prohibited Sexual Conduct | §5-27-305 |
| 61. Unlawful Discharge of a Firearm from a Vehicle | §5-74-107 |
| 62. Voyeurism | §5-16-102 |
| 02. Yoycurisii | 35-10-102 |

- 5. Any person who has pled guilty, nolo contendere, or who has been found guilty of any one of the offenses listed above (Section 110.5), may not work in child care unless:
 - a. The date of the conviction, plea of guilty or nolo contendere <u>for a misdemeanor offense</u> is at least five (5) years <u>from the date of the request for the criminal history records check</u> and there have been no criminal convictions or pleas of guilty or nolo contendere of any type or nature during the five (5) year period preceding the background check request.
 - b. The date of the conviction, plea of guilty or nolo contendere <u>for a felony offense</u> is at least ten (10) years <u>from the date of the request for the criminal history records check and there have been no criminal convictions or pleas of guilty or nolo contendere of any type or nature during the ten (10) year period preceding the background check request.</u>
- 5. Anyone employed in a licensed center, COE center, licensed child care family home or a registered child care family home prior to 9/1/2009 with a clear background check history may remain eligible for employment unless the employee had a conviction, plead guilty, or plead nolo contendere to an offense listed in the above section (Section 110.6) since 9/1/2009.

200 ADMINSTRATION

201 Administrative Procedures

- 1. Parents shall be informed in writing upon enrollment of their child that children may be subject to interviews by licensing staff, child maltreatment investigators and/or law enforcement officials for the purpose of determining licensing compliance or for investigative purposes. (Child interviews do not require parental notice or consent.)
- 2. Required records shall be kept and made available to the Child Care Licensing Unit on request.
- 3. Falsification of any document or the submission of false information to the Child Care Licensing Unit, or any other unit of the Division, may constitute grounds for revocation of the registration. (Falsification means the submission of untrue information, whether by statement or omission.)
- 4. All applicable health and fire regulations shall be met.
- 5. The registered home shall not care for more than 5 children at any time including their own pre-school children.
- 6. The caregiver shall provide prudent supervision of the other persons in the Registered Home, and is responsible for the health, welfare, and safety of the children in care.
- 7. The caregiver shall provide a copy of the list of Kindergarten Readiness skills, prepared by the Arkansas Department of Education, to parents of all three and four year old children

enrolled. (Act 825 of 2003) A statement, signed by the parent that they have received a copy of the list, shall be maintained in the child's record.

- 8. The caregiver shall not release a child to anyone whom is not immediately recognized as the child's parent or as someone on the authorized pick-up list unless:
 - a. The individual can provide an official picture ID AND
 - b. The person in charge can match the ID to the individual named on the child's data sheet
- 9. <u>Verification of permission for persons not on the authorized shall be obtained by the caregiver by calling the parent, at a number listed in the child's record. The caregiver shall view an official picture ID of the individual to verify identity.</u>

300 PERSONNEL

301 Caregiver Qualifications and Responsibilities

- 1. The registered home primary caregiver shall be 18 years or older.
- 2. The caregiver shall be able to read and write well enough to keep required records.
- 3. The caregiver shall not be otherwise employed during the time he/she is responsible for children in the home. Employment at other times shall not affect the quality of care given the children.
- 4. The caregiver shall not use profanity or speak in an abusive manner when children are present. The caregiver shall also cooperate with licensing staff during regular monitor visits.
- 5. The caregiver shall have a person who would be able to care for the children in the event of an emergency.
- 6. Newly registered home providers shall attend Family Child Care Provider Training within the first six months of being registered.
- 7. The registrant shall notify the Licensing Unit within five (5) calendar days of any change in the person(s) designated as secondary caregivers.
- 8. The caregiver shall obtain at least <u>15</u> hours of training each year in a continuing early childhood education, which is approved by the Division (Act 584 of 1993).

Topics appropriate for continuing early education shall include, but are not limited to the following:

- a. Child growth and development
- b. Nutrition and food service

- c. Parent communication and involvement
- d. Curriculum and curriculum development
- e. Developmentally appropriate practice and learning environments
- f. Behavior management
- g. Emergency care and first aid
- h. Administration and management of early childhood program
- 9. The caregiver must be certified by the American Heart Association or the American Red Cross in infant/child cardiopulmonary resuscitation (CPR) and First Aid. Adult CPR is also required if school-age children are in care, or documentation that the current certification covers the ages of children in care. Infant/Child/Adult CPR certification will also be accepted from the AR Department of Labor, with documentation they conducted the course. All certifications shall be current.
- 10. The caregiver shall provide a tuberculin test annually. The caregiver shall be physically and emotionally able to care for children.
- 11. Child Care Licensing may require a physician's statement for the caregiver anytime behavioral or physical indicators warrant.
- 12. The caregiver shall not engage in behavior that could be viewed as sexual or as dangerous, exploitative or physically harmful to children.
- 13. The caregiver shall not consume or be under the influence of illegal drugs. The caregiver shall not consume or be under the influence of alcohol while delivering care. The caregiver shall not consume or be under the influence of medications (prescription or non-prescription), which may impair his/her ability to provide care.
- 14. At no time shall children be left unsupervised.
- 15. Additional staff provisions shall be made for enrollment of children with disabilities who require individual attention.

302 Adults in the Registered Home

- 1. The caregiver(s) shall provide a clear statement regarding the presence of any other adults 18 years of age and above who reside in the home. Any adult, residents or visitors shall not present a threat to the safety or welfare of children.
- 2. A Registered Home shall have additional staff when there are persons in the home who require constant or routine care.
- 3. Any adult(s) in addition to the caregiver(s) present in the home on a regular basis, when children are in care, shall provide an annual tuberculin test verifying that the adult is free from TB.

303 Supervision

- 1. The caregiver shall be responsible for children in care at all times and shall exercise prudent supervision.
- 2. When a caregiver is not in the same room with children the children shall be frequently observed and the caregiver shall remain close enough to easily hear them.
- 3. Doors to rooms where children are sleeping or playing within the home shall remain open and sleeping children shall be visually monitored and periodically checked to insure they are breathing normally.
- 4. The caregiver shall be present on the outdoor play area at all times when any children under the age of five (5) are present. Children ages five (5) and up may use the outdoor play area without the caregiver being present as long as the caregiver visually observes the children at least every five minutes and remains in a section of the home where she (he) can hear and see the children and can reach them quickly in case of an emergency.
- 5. The caregiver shall not leave children unattended in the kitchen area of the home while any cooking is occurring. Ironing shall not occur in the presence of the children.

400 PROGRAM AND ACTIVITIES

401 Program Requirements

- 1. There shall be a daily schedule, which includes age-appropriate activities.
- 2. There shall be an opportunity for a supervised rest period that:
 - a. Does not exceed two (2) hours.
 - b. Does not force children to remain on cot or mat if they do not fall asleep, and allows them to participate in a quiet activity that does not disturb the children who are asleep.
- 3. Staff shall not cover the faces of sleeping children with blankets or other bedding.
- 4. There shall be a total of at least one (1) hour of outdoor play per day in suitable weather. When making a determination if children should play outside, staff shall consider the following environmental factors:
 - a. When the heat index is forecast to be ninety (90) degrees or above, outdoor play should be scheduled during early morning hours or the length of time spent outdoors should be reduced to avoid heat stress.
 - b. When outdoor play occurs during the hotter part of the day, children should have shaded area, an ample supply of water and should be monitored closely for signs of heat stress.

- c. When outdoor play occurs during the winter months and when temperatures are extremely cold, the time scheduled for outdoor play should be reduced or suspended depending on the temperature and other weather conditions.
- 5. Indoor activity equipment shall be adequate for the number and ages of children in the Registered Home to meet their physical and developmental needs.
- 6. Children shall have a variety of toys, books, and creative materials. This includes equipment for:
 - a. Large muscle/Gross Motor activities (such as climbing and running)
 - b. Manipulative/Fine Motor activities (such as things done with the hands: puzzles, drawing, modeling clay)
- 7. The use of television, DVD, video cassette viewing and computer/video games and other screen time activities shall meet the following requirements:
 - a. <u>Shall be limited to programs which are age-appropriate (programs should have educational value)</u>
 - b. Shall not exceed one (1) hour daily per child or group of children. Children shall not be required to participate in screen time activities and shall be offered other choices.

 (Viewing time may be extended for special events or occasions such as a current event, holiday or birthday celebration or for the occasional viewing of age appropriate movies or other programs that may exceed one hour in length.)
 - c. Computer learning periods for children below age 5 may not exceed two (2) hours a day per child or group of children

402 Infant & Toddler Program Requirements

- 1. Infants shall be carefully supervised at all times.
- 2. Stimulation shall be given to infants in a variety of ways. <u>Caregivers shall hold children, and offer nurturing, responsive care in addition to the routine care of diapering and feeding.</u>
- 3. Infants shall be taken outside for a period of time every day, unless prevented by weather or special medical reasons.
- 4. If a child falls asleep while in a walker, swing, high chair, etc., that child shall be placed in appropriate sleep equipment.
- 5. Infants (children 12 months and below) shall be placed flat on their backs to sleep to lessen the risk of suffocation and Sudden Infant Death Syndrome. (If a child rolls over on his/her own, the facility is not required to reposition the child.) If there is a medical reason a child cannot sleep on his/her back, then a signed statement from the child's physician must be in the file stating that a different sleep position is indicated.

- 5. <u>Infants' sleep space (e.g. crib) shall be free of loose bedding. If light blanket is necessary, it should be kept at or below the mid-chest area of the child. Staff shall not cover the faces of infants.</u>
- 6. <u>Pillows (including nursing or "boppy" pillows)</u>, <u>bumpers/bumper pads</u>, and <u>stuffed animals shall not be placed in cribs</u>.
- 7. Infants and toddlers shall have clean, safe, washable toys. Toys or materials used by younger children shall not be small enough to be swallowed.
- 8. Safety straps shall be used on all equipment originally manufactured with safety straps.

403 School Age Children Program Requirements

- 1. The school age child shall be provided with a choice of indoor and outdoor activities.
- 2. A quiet time and a private place with appropriate equipment shall be provided for one-person activities, including resting or homework. A supervised rest period does not apply to schoolage children.
- 3. Permission of parents shall be on file for school age children to leave the Home.
 - a. School age children who leave the Registered Home to participate in classes, clubs, or other activities shall have written permission from the parents naming the activity, time of leaving and returning and method of transportation to the activity.
 - b. Permission for regular activities such as scouting may be given for the entire school term.

404 Evening & Night Care Program Requirements

Night care is any care provided after midnight.

- 1. The caregiver shall remain awake at all times children are in care. Alternative compliance may be requested to allow the caregiver to sleep after the children are in bed for the night. For this request to be approved, consideration will be given to the overall level of licensing compliance, the use of motion detectors and/or other alarms to alert the caregiver if the children leave the sleeping area, the ages and number and sex of the children in overnight care and written notification to parents that the caregiver will be sleeping during overnight care.
- 2. There shall be a plan for evacuating children to safety in case of fire or emergency.
- 3. Children arriving in the daylight hours shall have outdoor play, weather permitting. Older children shall have time for reading or doing homework during the school year.
- 4. Evening meals shall be served. The home shall ensure that children spending the night are

served breakfast.

- 5. Drinking water shall be available to children during the night.
- 6. Bathing facilities shall be available. Hot water shall be available. Children shall not take baths together or share the same bath water. Tubs or showers shall be cleaned after each use. Children shall be given fresh washcloths and towels. Preschool children shall never be left alone when bathing. Privacy shall be ensured for school age children.
- 7. Children in night care shall be given a bed or cot with mattress or pad and a pillow.
 - a. If linens become soiled, they shall be changed. Protective mattress covers shall be used and washed at least weekly.
 - b. Each child's bed or cot shall have a cover available
 - c. Beds or cots shall be arranged at least one foot apart
- 8. Homes with only one caregiver shall limit care to no more than two shifts (18 hours) per 24 hour period. Homes offering 24 hour care shall provide a schedule verifying that they have made provisions for a secondary caregiver to provide relief for one shift. (Alternative Compliance may be requested by caregivers who provide 24 hour care and who do not have a secondary caregiver. For this request to be approved, consideration will be given to the overall level of compliance with registration requirements and to the number and ages of children in care during the third shift.

500 BEHAVIOR GUIDANCE

501 Behavior Guidance Requirements

- 1. Use of behavior guidance shall show that the caregiver understands each child's needs and shall promote self-discipline and good behavior.
- 2. Acceptable behavior guidance techniques include:
 - a. Look for appropriate behavior and reinforce the children with praise and encouragement when they are behaving well.
 - b. Remind the children on a daily basis of the rules by using clear positive statements of how they are expected to behave rather than what they are not supposed to do.
 - c. Attempt to ignore minor inappropriate behaviors and concentrate on what the child is doing properly.
 - d. Use brief supervised separation from the group only when the child does not respond to a verbal command which instructs the child as to how he or she is supposed to behave.
 - e. When a misbehaving child begins to behave appropriately, encourage and praise small positive steps rather than waiting until the child has behaved for a long period of time.
 - f. Attend to the children who are behaving appropriately and other children will follow their example in order to obtain your attention.

- 3. Physical punishment shall not be administered to children.
- 4. The length of time a child is placed in time-out shall not exceed one minute per year of child's age.
- 5. The following activities are unacceptable as behavior guidance measures and shall not be used; these include but are not limited to:
 - a. Restraints (Restraining a child briefly by holding the child is allowed when the child's actions place the child or others at risk of injury.)
 - b. Washing mouth with soap
 - c. Taping or obstructing a child's mouth
 - d. Placing unpleasant or painful tasting substances in mouth, on lips, etc.
 - e. Profane or abusive language
 - f. Isolation without supervision
 - g. Placing child in dark area
 - h. Inflicting physical pain, hitting, pinching, pulling hair, slapping, kicking, twisting arms, biting or biting back, spatting, swatting, etc.
 - i. Yelling (This does not include a raised voice level to gain a child's attention to protect the child from risk of harm.)
 - j. Forcing physical activity, such as running laps, doing push-ups, etc. (This does not include planned group physical education activities that are not punitive in nature.)
 - k. Associating punishment with rest, toilet training or illness
 - 1. Denying food (lunch or snacks) as punishment or punishing children for not eating
 - m. Shaming, humiliating, frightening, physically or mentally harming children or labeling children
 - n. Covering the faces of children with blankets or similar items
- 6. Behavior charts, if used, should be used to encourage positive behavior. Behavior charts shall record only the child's behavior for the current day and shall not be punitive. (Behavior charts used to record only positive behavior may be maintained on a weekly basis.) The child's age and level of understanding should be considered when using behavior charts.

502 Infant & Toddler Behavior Guidance Requirements

1. Time out shall not be used with children under the age of two (2). The only acceptable form of behavior guidance with infants and toddlers shall be redirection. (Brief separation from the group is acceptable when the child's behavior places the child or others at risk of harm. The child may be placed in a supervised area away from the group or in a crib or playpen while the caregiver attends to the situation. Example: A child who has bitten another child would be removed from the group, briefly, while the caregiver attends to the bitten child.)

600 RECORDS

601 Home Records

- 1. All employees, child and home records shall be kept and made available to the Child Care Licensing Unit on request. All required records shall be maintained for 3 years. (This includes records on children no longer enrolled.)
 - a. Licensing/registration Compliance Form(s) (DCC-521) shall be maintained at the home for 3 years. The caregiver shall advise parents in writing that the compliance forms are available for review upon request.
 - b. Verification of Child Care Liability insurance
 - c. Fire department approval, if required by local fire department, state fire code or requested by the Child Care Licensing Unit due to possible hazards.
 - d. Arkansas State Department of Health approval, if applicable
 - e. <u>Verification of annual approval by the Boiler Inspector Division of the Department of Labor</u>
 - f. Record of emergency drills
 - g. Plans and procedures of Emergency Preparedness
 - h. Pet vaccinations
 - i. Attendance records on all children
 - j. Transportation rosters, if applicable
 - k. Verification of commercial vehicle insurance coverage

602 Children's Records

- 1. Enrollment information shall be obtained for each child before admission. (Sample enrollment forms may be obtained from your Licensing Specialist.)
- 2. Identifying and Personal Data shall include:
 - a. Child's name, birth date, home address, and telephone number
 - b. Name and addresses of the parents and telephone numbers where the parents can be reached while the child is in care
 - c. Date of enrollment in facility
 - d. Name, address and phone number of person to be contacted if parents cannot be reached
 - e. The caregiver shall provide a written discipline policy to parents, with a copy signed by the parents and retained by the caregiver
 - f. Any legal documentation that has been given to the facility, by the parent or legal guardian, regarding the care of the child
- 3. Medical Records shall include:
 - a. The name, address and telephone number of the child's physician or emergency medical care facility

- b. Pertinent past medical history on the child and any change in health
- c. Child's unusual food needs such as special formulas, diabetic diet, or food allergies
- d. Notes of special problems (such as allergies to medication or sunburn sensitivity) or needs as indicated by the parents
- e. An authorized record of up-to-date immunizations or documentation of a religious, medical or philosophical exemption from the Arkansas Department of Health. The caregiver shall maintain a roster of children who have not completed the minimum immunization requirements (a current immunization schedule is provided as an insert in this publication)
- f. Written record of accidents/injuries
- g. Any medical documentation that has been given to the facility, by the parent or legal guardian, regarding the care of the child
- 4. Permissions and Agreements will be signed by the parents and caregiver(s):
 - a. Consent for emergency medical care and transportation for such care which shall accompany children who are transported to and from the home.
 - b. Other transportation permission, if any, including routine and special field trips.
 - c. Permission to participate in water activities, if any.
 - d. Signed statements by the parents stating who is authorized to pick up the child.

603 Caregiver Records

- 1. Caregiver records shall contain the following:
 - a. TB skin test
 - b. Documentation of training for continuing education (**Clarification:** Training hours will be counted on a calendar year basis or by the home's operating schedule if they do not operate year round.)
 - c. Documentation of the initiation of all required background checks and results obtained
 - d. <u>Verification of required transportation training and a current copy of the driver's license for caregiver(s) who transports children</u>

700 NUTRITION

701 Nutrition Requirements

- 1. The registered home shall meet the following:
 - a. All food shall be safe and stored properly to prevent spoiling.
 - b. There shall be a thermometer in the refrigerator that is visible and maintained at 40 degrees or below. Freezer thermometers shall be maintained at 0 degrees or below. All freezers shall be inaccessible to children.
 - c. Food shall not be stored under sinks.
 - d. Food shall be stored in original container or in a closed container.

- e. Chemical and toxins shall not be stored in food storage area.
- f. All medicines shall be stored separately from food at all times.
- 2. All food and drink shall be prepared, distributed and served under sanitary conditions and the following shall be met:
 - a. Caregivers shall wash hands before preparing food.
 - b. There shall be a sink with hot and cold running water.
 - c. Individual drinking glasses or disposable cups shall be provided.
 - d. All counter tops and other food preparation surfaces shall be kept clear of clutter and in a sanitary condition.
 - e. Food left uncovered or handled shall not be reused.
 - f. When dishes are washed by hand, they shall be sanitized with a bleach solution.
 - g. Drinking water and water used for the preparation of formula shall not come from the hot water supply. (Water from hot water systems may contain higher levels of lead and other substances that could be harmful to small children.)
- 3. Breakfast, if served, lunch and evening meals shall each meet current U.S. Department of Agriculture guidelines, including portion size. (See Appendix A). If sack lunches are utilized, the home shall ensure that these also meet U.S. Department of Agriculture guidelines by supplementing the lunches if necessary. Milk shall be served to each child during the day. Exceptions may be made for children who suffer allergies to milk.
- 4. Breakfast shall be made available to children who arrive before 7:00am. Breakfast may be served to all children rather than a morning snack, provided there is no more than 3 hours between breakfast and lunch.
- 5. Midmorning and mid-afternoon snacks shall be provided to all children and shall meet current U.S. Department of Agriculture guidelines.
- 6. All children in care during hours shall be offered an evening snack. Children in care during evening hours shall be served supper and children spending the night shall be served breakfast (unless provided by parent or school).
- 7. Children shall not be forced to eat.

702 Infant & Toddler Nutrition Requirements

- 1. The routine use of baby food, bottles and formula shall be agreed upon by the caregiver and parent (Appendix B). Instructions regarding special needs for food, bottles and formula, such as food allergies, shall be obtained in writing from the parent and followed by the caregiver.
- 2. Feedings for all children up to twelve (12) months of age shall be documented by the caregiver and available for review by the parent. This documentation shall continue for all children older than twelve (12) months of age who are still being given bottles.

- 3. Children shall not share the same bottle. A sanitary method of cleaning baby bottles shall be practiced. Baby bottles shall be properly refrigerated.
- 4. Infant feeding schedules shall be flexible and adapted to each infant's needs.
- 5. The solid foods fed to an infant shall be determined by the child's parent(s).
- 6. Infants under six months of age shall be held while being fed. Bottles shall not be propped. Infants six months of age or older shall be held if needed.
- 7. Infants no longer held for feedings shall either sit in low chairs at low tables or in infant seats with trays, or in high chairs with wide bases and safety straps shall be used.

800 BUILDING

801 Building Requirements

- 1. The Registered Family Home's building, grounds and equipment shall be clean, kept in good repair, and maintained as needed to protect the health and safety of the children. If the home has sustained structural damage the caregiver shall immediately notify the Child Care Licensing Specialist.
- 2. Department of Labor, Boiler Inspection Division requirements shall be met. All water heaters and any other boilers in licensed child care settings shall be inspected on an annual basis and/or upon installation. Verification that initial inspection or proof of attempt to set up initial inspection, shall be completed within six (6) months of licensure. Scheduling and completion of annual inspections will be the responsibility of the Department of Labor, however, the facility is responsible for cooperating and keeping documentation of such inspection on file for review. (AR Code §20-23-101 et. seq.)
- 3. The Registered Family Home shall have a working telephone on site all hours children are in care. The registrant shall provide the phone number to the Licensing Unit and to the parents. (This phone may be a cell phone if the phone stays operable, stays at the facility during all hours of care, and is the phone number provided to the Licensing Unit and the parents.)
- 4. Light, heating, cooling and ventilation of the home shall be adequate for safety and comfort.
- 5. Windows and/or doors used for ventilation shall be screened.
- 6. Manufactured homes, registered as Registered Child Care Family Home shall be tied down and under-pinned as required by the Arkansas Manufactured Home Commission. The Registered Child Care Family Home shall obtain an inspection and approval from the Arkansas Manufactured Home Commission prior to registration.
- 7. An annual fire approval shall be obtained on all manufactured homes that are registered.

900 GROUNDS

Recommendation: To provide the safest possible playground environment, you are encouraged to meet Consumer Product Safety Commission's guidelines listed in the "Handbook for Public Playground Safety."

Because public playgrounds and other play environments away from the facility may not meet acceptable safety standards, staff should provide close supervision and not allow children to use any equipment that appears unsafe (eg: broken equipment, sharp objects, strangulations hazards, etc.).

901 Ground Requirements

- 1. The playground shall be fenced or enclosed, if necessary (if close to ponds, traffic, or other hazards.)
- 2. Children shall be supervised at all times when outdoors by someone at least 18 years of age. (See Regulation 303.4).
- 3. The play area shall be maintained in good order and free of potentially hazardous items.
- 4. Playground equipment shall be securely anchored.

1000 SLEEPING ARRANGEMENTS

1001 Sleeping Arrangement Requirements

- 1. <u>All manufacturer guidelines shall be followed for furniture and equipment that is used by, or around, children.</u>
- 2. Any cribs or playpens that have been identified as unsafe, or have been subject to recall as defined by the Consumer Products Safety Commission (CPSC) guidelines or law, shall be removed or repaired as indicated.
- 3. Each child under twelve (12) months of age shall have a separate well-constructed baby bed or play pen with a waterproof mattress or pad which shall be clean, dry, and in good condition. Sheets and covers are required and shall be kept clean and dry. Bassinets shall not be used.
- 4. Waterbeds shall not be used for sleeping children under the age of two (2) years.
- 5. The following guidelines shall also be required for cribs:

- a. Cribs that have end panels with decorative cutout areas shall not be used
- b. Mattresses shall fit snugly in the crib
- c. The space between crib and mattress shall measure no more than 1 inch
- d. Corner post shall be the same height as end panels
- e. End panels shall extend below mattress at the lowest position of the mattress
- f. Baby beds shall have slats no greater than $2^{3/8}$ apart
- 6. Each child twelve (12) months of age or older shall have a cot, bed, pallet, or mat which shall be placed at least one foot apart. Sheets and covers are required. Bedding shall be of washable material and shall be kept clean. If mats or pallets are used on floors, floors shall be clean, warm, dry, and draft free. Any mat or pallet less than two (2) inches thick shall be placed on carpet.
- 7. Doors in rooms where children are sleeping shall remain open.
- 8. Children shall not nap on waterbeds, beanbags, or thick rugs.
- 9. Playpens or cribs shall not be placed near dangling cords.

1100 HEALTH

1101 General Health Requirements

- 1. The Registered Home shall have an adequate supply of water that meets the standards for drinking water of the Arkansas Health Department. Bottled water is also acceptable. Water shall always be available to the children.
- 2. The Registered Home shall follow any health or medical care plans and/or medical documentation as provided by the child's physician, parent, or guardian.
- 3. Garbage shall be kept in a closed container out of children's reach.
- 4. All garbage, soiled diapers and trash shall be removed from the home daily and from the grounds at least once a week.
- 5. The home shall be free of insects and rodents.
- 6. Waste and sewage disposal and toilets facilities shall be safe and sanitary. The Health Department may be consulted for its recommendation.
- 7. Registered Homes shall comply with the Clean Indoor Air Act of 2006. Smoking in a child care family home is prohibited at all times. This includes:

- a. All areas of the home, regardless of whether children are in care (includes time periods such as nights, weekends, holidays, etc., also includes office areas or other areas of the facility that share the same ventilation systems)
- b. Outdoor play area
- c. Other outdoor areas when children are present on those areas
- d. <u>In any vehicle used to transport children</u>, whether children are present in the vehicle or not
- 8. First-aid materials are required and shall be kept out of reach of children. A first aid kit containing medications shall be locked. The first-aid materials shall include:
 - a. Adhesive band-aids (various sizes)
 - b. Scissors
 - c. Sterile gauze squares
 - d. Roll of gauze bandages
 - e. Adhesive tape
 - f. Antiseptic
 - g. Thermometer
 - h. Tweezers
 - i. Disposable gloves
- 9. There shall be no adult in the home who poses a health risk to children in care.

1102 Children's Health

- 1. No child shall be admitted who has a contagious or infectious disease. Parents and guardians shall be notified to pick up if the child exhibits any of the symptoms listed below:
 - a. **Fever:** A body temperature of 101 or greater. (Recommendation: Infants, six months of age or under, who have a temperature of 100 or greater, should be excluded from care.)
 - b. **Diarrhea:** three (3) or more watery stools in a 24-hour period.
 - c. **Vomiting:** Vomiting on two or more occasions within the past 24-hour period
 - d. **Rash:** Body rashes, not obviously associated with diapering, heat or allergic reactions to medications
 - e. **Sore Throat:** if associated with fever or swollen glands in the neck
 - f. **Severe Coughing:** episodes of coughing which may lead to repeated gagging, vomiting or difficulty breathing
 - g. **Pink Eye:** pink or red eye(s), which may be swollen with white or yellow discharge; until on antibiotics for 24 hours
 - h. **Untreated Scabies, Head Lice or the presence of nits:** (Note: may return after the first treatment and removal of nits.)
 - i. **Multiple sores inside mouth with drooling:** unless health care provider determines the condition is non-infectious
 - j. **Ring Worm:** of the scalp or skin, may return after evaluation and under treatment by a health care provider
 - k. Impetigo: May return 24 hours after treatment is initiated

- 2. Illness in the Registered Home shall be handled to protect all children in care.
- 3. In case of critical illness or injury, and if the parents cannot be reached, the physician named by the parent shall be called. If necessary, the child shall be taken to the nearest emergency room. Injuries that require the attention of medical personnel shall be reported the parent immediately.
- 4. In case of critical illness or serious injury that requires the attention of medical personnel, the Child Care Licensing Specialist shall be notified within one business day.
- 5. The caregiver shall notify the child's parent of significant events that affect the children. This shall include, but not be limited to:
 - a. Cases of serious contagious disease shall be reported to the parents of all the children in care
 - b. Any injury incurred by a child
- 6. The communicable diseases listed in Appendix C, whether suspected in a child or adult, shall be reported within 24 hours to either the local County Health Unit or the toll free Reporting System (800-482-8888). Immediate notification is recommended for the following:
 - a. Hepatitis
 - b. Rash illness (including MEASLES & RUBELLA)
 - c. WHOOPING COUGH (Pertussis)
 - d. MENINGITIS
 - e. MUMPS
 - f. Tuberculosis
 - g. Salmonellas (including typhoid)
 - h. E-Coli
- 7. Reporting data shall include:
 - a. The reporter's name, location and phone number
 - b. The name of the disease reported and the onset date
 - c. The patient's name, address, phone number, age, sex, and the race (Please spell the patient's name)
 - d. The attending physician's name, location, and phone number
 - e. Any pertinent clinical and laboratory information used in the diagnosis (Please give the laboratory name)
 - f. Any treatment information, if known
- 8. Within 15 days of enrollment of a child, the Registration Home provider shall verify that the child has been immunized as required by Arkansas Department of Health or the child cannot remain in care. (Arkansas code 20-78-206 as amended by Act 870 of 1997—a current immunization schedule is provided as an insert in this publication)

9. Children shall be protected from overexposure to the sun. Sunscreen shall be used if needed and as directed by the parent. Suntan lotions and/or sunscreens used for infant/toddlers and preschool children shall be kept out of the children's reach and shall be administered only with written parental permission. School age children may apply sunscreen to themselves with supervision. A blanket permission may be obtained annually.

1103 Toilet Arrangements

- 1. At least one (1) commode and one (1) sink shall be made available for the children's use. Potty chairs may be used by the younger children if emptied, cleaned and disinfected after each use. Potty chairs shall be located in the bathroom only.
- 2. Toilet tissue shall be located within reach of the children when toileting.
- 3. Individual cloth towels or paper towels shall be available for each child.
- 4. Caregiver's and children's hands shall be washed with liquid soap before meals, after toileting, after each diaper change, and as needed.
- 5. The registered family home shall use a diaper changing surface that is sanitized after each use.
- 6. Children shall always be attended during diapering.
- 7. Soiled or wet diapers shall be removed, disposed of properly, and replaced with clean, dry diapers. The caregiver shall insure that children are properly cleaned and dried.
- 8. The caregiver shall assist children in toilet routine and hygiene practices.
- 9. The following methods shall not be used in toilet learning:
 - a. Placing the child on toilet or potty chair for prolonged time periods
 - b. Using harsh language
 - c. Punishing or berating in any way for soiling clothing
 - d. Using physical force to place child on a toilet or potty chair against their will
 - e. Leaving child unsupervised on toilet

1104 Medications

- 1. Prescription medicine shall be in the original container and labeled with the child's name, a recent date, instructions, and the physician's name.
- 2. All non-prescription medicine (except aspirin substitutes, such as ibuprofen and acetaminophen) shall be labeled with the child's name and dated.

- 3. All medicines shall be given to a child only with the written permission of the child's parent(s) or guardian.
- 4. Medicines shall be kept in a locked area. Medicine shall be kept out of the reach of the children when dispensing.
- 5. Medication shall be disposed of when a child withdraws from care or when the medication is out of date.

1105 Phone Numbers Required

- 1. The following numbers shall be available in the immediate area of the telephone:
 - a. Ambulance service or emergency medical services
 - b. Police or sheriff's department
 - c. Fire department
 - d. Poison Control Center 1-800-376-4766
 - e. Child Abuse Hotline Number 1-800-482-5964
 - f. The physicians named by the parents
 - g. The Child Care Licensing Central Office number: 501-682-8590 or toll free 1-800-445-3316
 - h. Home and business numbers of parents

1106 Pets

1. Pets with which children have contact shall receive vaccinations as required by law. Verification of vaccinations administered by a licensed veterinarian shall be maintained. Any pet that constitutes a threat to the welfare and safety of the children shall be kept in a confined area, which prevents any contact with the children.

1200 SAFETY

It is suggested that the home have an evacuation crib or equivalent that could be used for the safe evacuation of infants.

1201 Safety Requirements

- 1. The registered child care family home shall have a written plan detailing the procedures to follow in the event of emergencies (fires, floods, tornadoes, utility disruptions, bomb threats, etc.) (Act 801 of 2009). The plan and procedures are required for emergencies that could cause structural damage to the facility, be identified as a threat by the Arkansas Department of Emergency Management or pose a health and/or safety hazard to the children and staff.
- 2. The written plan shall include the following information:

- a. Designated relocation site and evacuation route
- b. <u>Procedures for notifying parents of relocation</u>
- c. Procedures for ensuring family reunification
- d. <u>Procedures to address the needs of individual children, including children with special</u> needs
- e. <u>Procedures and documentation for annual training of staff regarding the plan and possible</u> reassignment of staff duties in an emergency
- f. Plans to ensure that all caregivers and volunteers are familiar with the components of the plan
- 3. The registered child care family home shall coordinate with local emergency management officials to plan for emergencies.
- 4. Written procedures and evacuation diagrams for emergency drills shall be posted in each room used for childcare.
- 5. Fire and tornado drills shall be practiced each month as follows:
 - a. Fire and tornado drills shall be practiced on separate days and at different times of the day.
 - b. Everyone in the home at the time of the drill shall participate in the drill
 - c. <u>Caregivers</u>, including volunteers, shall be trained in safety drill procedures
- 6. The registered child care family home shall maintain a record of emergency drills. This record shall include:
 - a. Date of drill
 - b. Type of drill
 - c. Time of day
 - d. Number of children participating in the drill
 - e. Length of time taken to reach safety
- 7. The registered child care family home shall maintain an evacuation pack that shall be taken on all drills and during real emergencies evacuations. The pack shall be easily accessible in an emergency and all caregivers shall know the location of the pack. The evacuation pack shall include, but is not limited to the following:
 - a. List of emergency numbers
 - b. List of all emergency and contact information for children
 - c. List of all emergency and contact information for staff
 - d. First aid kit (requirement 1101.7) with extra gloves
 - e. Kleenex
 - f. Battery powered flashlight and extra batteries
 - g. Battery powered radio and extra batteries
 - h. Hand sanitizer

- i. Notepad and pens/pencils
- j. Whistle
- k. <u>Disposable cups</u>
- l. Wet wipes
- m. Emergency survival blanket
- 9. The Registrant shall immediately notify the Licensing Unit of any damage to the building and/or grounds. If phone service is not available, notification shall be as soon as service is restored or available.
- 10. Registered homes shall maintain a log of all child product recall and safety notices issued by CPSC or distributed the Attorney General's Office and shall post or otherwise make these notices available for parents to review. The holder of the registration shall certify, on an annual basis that these notices have been maintained, reviewed and that any identified items have been removed from the home. Forms for self-certification will be provided by the Licensing Specialist and shall be submitted annually. (Act 1313 of 2001)
- 10. Electrical outlets shall be guarded. Protective caps, if used, shall be large enough to prevent swallowing.
- 11. Indoor or outdoor cooling or heating units shall have guards or barriers when necessary. All outdoor electrical boxes, gas lines, and exposed electrical cords shall be enclosed.
- 12. Stairways shall be well lighted and guarded as needed.
- 13. Dangerous equipment and/or objects shall be stored away from areas used by the children.
- 14. All detergent and cleaning supplies shall be kept out of the reach of children. (This does not include hand soap in children's or staff bathroom.) Supplies used for children's activities shall be carefully supervised.
- 15. All poisonous substances shall be kept in a locked area.
- 16. Guns shall be unloaded. Guns, other weapons, and ammunition shall be stored in a locked area in the home.
- 17. <u>Illegal drugs/paraphernalia shall not be in any part of the facility or on the premises, regardless if children are present or not.</u>
- 18. Tanks, ponds, swimming pools, open wells, drainage ditches and sewage drainpipes shall be fenced if located within the play area.
- 19. Home swimming pools shall not be used by children in care unless permission is obtained from Child Care Licensing through an alternative compliance request. This request must include written approval from the Arkansas Department of Health for the use of the pool by children in care. (Home swimming pools used by children in care are considered semi-

- private pools by the Department of Health and approval for these pools requires inspection during the construction phase. Obtaining approval for existing pools is usually not possible.)
- 20. Wading pools shall not be used by children under two years of age. Water sprinklers are acceptable.
- 21. Alcoholic beverages shall be kept out of reach of children.

1202 Fire Requirements

The National Fire Safety Code 101 does not allow the use of basements or floors above ground level by children, first grade and younger, unless there is a ground level exit.

- 1. A fire extinguisher with a minimum of 5 lb. ABC rating shall be installed in the kitchen area of the home and shall be properly maintained. Caregivers shall know how to operate the extinguisher.
- 2. A working smoke detector shall be installed near the kitchen area and in children's sleeping areas.
- 3. The home shall be maintained to be free from fire hazards at all times. The Child Care Licensing Specialist shall consult with the local Fire Department or the State Fire Marshal when it appears hazards exist.
- 4. The structure and use of the home shall permit easy entry and exit and shall comply with the following:
 - a. A Registered Home with more than one level shall have second exits on all levels used by children
 - b. A Registered Home shall have at least two exits to the outside located on different sides of the home
 - c. Doors opening to the outdoors shall be constructed so the children can open them easily from the inside
 - d. Doors between rooms in the exit route shall not be locked while children are in the home.
 - e. Doors and pathways shall be clear of equipment that blocks the movement of children and caregiver(s)
- 5. Wood burning stoves, or gas logs, fireplaces, open flame space heaters, water heaters, floor furnaces or other sources of heat shall be guarded and/or vented when necessary for the protection of the children. Portable fuel heaters shall not be used.
- 6. Cooking stoves or ovens shall not be used as a heating source in the home.
- 7. Portable heaters shall not be placed within reach of children and shall be approved UL listed products.

8. The providers shall notify the Child Care Licensing Specialist of any fires causing damage to the home. This notification shall be made no later than the end of the following working day.

1300 TRANSPORTATION

1301 Transportation Requirements

- 1. The requirement in this section apply to all transportation provided by the registrant, including transportation provided by any person on behalf of the licensee, regardless of whether the person is employed by the licensee. The requirements in this section are not limited to routinely scheduled transportation. Periodic transportation, such as a parent requesting that their child be picked up at school due to the parent's work schedule or other conflicts, is also covered by these requirements, whether a fee is charged for this service or not.
- 2. Caregivers transporting children shall meet the following requirements:
 - a. Be at least twenty-one (21) years old or the minimum age required by the Licensee's commercial auto insurance
 - b. Hold a current valid driver's license or commercial driver's license as required by state law, and a readable copy shall be maintained in the employee's record
 - c. <u>Successfully completed the training course in Driver Safety that is offered by the Division prior to transporting children. Verification of the completed course in Driver Safety shall be maintained in the employee's record.</u>
- 3. The vehicle(s) used for the transportation of children shall be in compliance with Arkansas state laws on transportation of children.
- 4. Vehicles shall be licensed and maintained in proper working condition.
- 5. Commercial insurance coverage shall be maintained for any vehicle used for transportation by the facility. Verification of commercial insurance coverage shall be provided to the Licensing Specialist prior to transportation of children. (Facilities licensed prior to the effective date of these regulations shall obtain required coverage within ninety (90) days.) Required coverage amounts to be maintained are:
 - a. Minimum coverage of \$100,000 Combined Single Limit (CSL)
 - b. Minimum coverage of \$100,000 for both Uninsured Motorist (UM) and Under Insured Motorist (UIM)
 - c. <u>Minimum coverage of \$5,000 Personal Injury Protection (PIP) for each passenger</u> (based on the number of passengers the vehicle is manufactured to transport)
- 6. The vehicle shall be licensed, insured and maintained in proper working condition.
- 7. Any child transported in a passenger automobile, van or pick-up truck, who is less than six

- (6) years old <u>or</u> weighs less than sixty (60) pounds, shall be restrained in a child passenger safety seat. Any child who is at least six (6) years old, or weighs at least sixty (60) pounds, must be restrained by a safety belt or any other approved safety devices. (Act 470 of 2001) Child passenger safety seats shall be used in accordance with manufacturer's guidelines.
- 8. Loading and unloading of children from vehicles shall be conducted in a safe manner.
- 9. There shall be a seating space and an individual, appropriate restraint system provided for each child being transported.
- 10. Rosters listing the date, names and ages of all children being transported as well as the name of the driver and any other staff member on the vehicle shall be maintained. These rosters shall be used to check children on and off the vehicle when they are picked up and dropped off at home, school, etc. and when they arrive at and leave the registered home. Transportation rosters shall be kept by the Home and available for review for one (1) year.
- 11. To insure that no children are left on the vehicle, the driver or a staff member must walk through the vehicle and physically check each seat before leaving the vehicle. The transportation roster must be signed by the driver, or staff who conducted the walk through inspection, documenting that all children have exited the vehicle.
- 12. To insure that children have safely arrived in the home, the transportation roster shall be reviewed by the Registrant and compared with attendance records. The Registrant shall sign off on the transportation roster to verify that all children have safely transitioned from the vehicle to the classroom.
- 13. Any vehicles designed or used to transport more than seven (7) passengers and one (1) driver must have approved child safety alarm devices installed. These devices must be properly maintained in working order at all times.

Vehicles in service at licensed facilities prior to July 1, 2005, shall have the alarm installed by a qualified technician or mechanic no later than December 31, 2005. On or after July 1, 2005, all vehicles at newly licensed facilities and newly acquired vehicles at existing facilities shall have a child safety alarm installed before placing the vehicle in service.

The Child Care Licensing Unit shall maintain a list of approved alarm systems.

Clarification---

- The alarm system shall be installed so that the driver must walk to the very back of the vehicle to reach the switch that deactivates the alarm. Alarm switches installed in locations that do not require the driver to walk to the back of the vehicle and view all seating areas will not be acceptable.
- The alarm systems may be installed by any certified technician or mechanic employed by a recognized electronics or automotive business in accordance with the device manufacturer's recommendations.

• The time delay from activation of the alarm until the alarm sounds shall be no longer than one minute. Any of the following three options are acceptable to meet the intent of Act 1979 when children are being delivered at the facility. Other options must be approved by the Licensing Unit.

Options:

- 1. Unload all of the children, walk through the vehicle to ensure that no children remain on board and deactivate the alarm. (This option will only work if you are able to unload all children in less than one minute.)
- 2. Upon arrival, have one staff member immediately walk through the vehicle to deactivate the alarm system. That staff member will remain near the alarm switch at the back of the vehicle until all children have been unloaded to ensure that no child is left on board. (This option will require at least two staff members, one to supervise the children and one to remain inside the vehicle.)
- 3. Upon arrival, deactivate the alarm and unload the children. Immediately after unloading, start the vehicle and move it to a different location for final parking. (This will reactivate the alarm and require a final walk through.)

1302 Infant & Toddler Transportation Requirements

1. A vehicle transporting children under the age of thirty-six (36) months shall maintain a ratio of one (1) adult to three (3) children.

1400 SPECIAL NEEDS

Individuals with Disabilities Education Act (IDEA):

- It is a law ensuring services to children with disabilities throughout the nation. IDEA governs how states and public agencies provide early intervention, special education and related services to eligible infants, toddlers, children and youth with disabilities.
- It defines a child with Special Needs as:
 - A child determined eligible for special services under the Individual with
 Disabilities Education Act (IDEA) for whom a current IFSP (Individual Family Service Plan) or IEP (Individual Education Plan) exists and/or
 - o A child whose physical condition has lasted or is expected to last at least two (2) years as diagnosed by a licensed medical or psychological examiner
- It is specified in Public Law 108-466 §635.16 A-B (IDEA as reauthorized) as:

- o Children with disabilities including children in public or private institutions or other care facilities are educated to the maximum extent appropriate with children who are not disabled.
- O Special classes, separate schooling or other removal of children with disabilities from the regular educational environment occurs only when the nature or severity of the disability of the child is such that the child is not achieving a satisfactory education in a regular class that provides supplementary aids and services.

1401 Special Needs Requirements

- 1. All child care facilities shall comply with all applicable provisions as specified in IDEA:
 - a. The facility shall enroll children with special needs without regard to disability.

 (Programs are required to provide space and care for a child who can be placed in their facility with existing services, as well as added supports from special educational services, and as long as the health and safety of the child can be met.)
 - b. Staff shall provide care in the general classroom with children who are not disabled
 - c. The facility shall assist in facilitation of services required to meet the "special needs" of children in the center or in the classroom as specified on the individualized education/individual family service plan.
 - d. Facility staff (regular classroom staff) shall be a partner in the IFSP/IEP plan process
 - e. The facility shall allow service providers who are representatives of DHS, DDS or ADE access to the facility to provide special services as prescribed on the plan to enable the plan to be implemented in the classroom (natural/ least restrictive environment).
 - f. The facility shall not charge special service providers for space, accept "gratuities", or payment for allowing special service providers to provide services in their facility.
 - g. The facility is not required to "displace" children or staff to make space available to special service providers.
 - h. In order for a special service provider to provide special services in the facility, the IFSP/IEP planning team under the authority of the Arkansas Department of Education and/or the Arkansas Department of Human Services, Developmental Disabilities Services, shall identify the needed special services on the IFSP/IEP.
 - i. Classroom staff shall reinforce the specified goals and objectives as part of the daily routine of the classroom.

1402 Infant & Toddler Special Needs Requirements

- 1. To the maximum extent appropriate, children ages 0-2 shall participate in early intervention services provided in "natural environments."
- 2. When infants and toddlers cannot achieve satisfactory results from early intervention services in a natural environment, the provision of early intervention services shall occur in other appropriate settings as determined by the parent and the Individualized Family Service Team.

APPENDIX A

U.S. DEPARTMENTOF AGICULTURE CHILD CARE MEAL PATTERN

Children age 12 and up may be served adult-size portions based on the greater food needs of older children, but shall be served not less than the minimum quantities specified in this section for children age 6 through 12 years.

For purposes of the requirements outlined in this paragraph, a cup means a standard measuring cup.

Bread, pasta or noodle products, and cereal grains shall be whole g^rain or enriched; cornbread, biscuits, rolls, muffins, etc.

shall be made with whole grain or enriched meal or flour; cereal shall be whole grain or enriched or fortified.

| | Children | Children | Children | |
|----------------------------------|-------------------|--|--------------------|--|
| Breakfast | 1 and 2 years | 3 through 5 years | 6 through 12 years | |
| Milk, fluid | ½ cup (4 ounces) | ³ / ₄ cup (6 ounces) | 1 cup (8 ounces) | |
| Juice or fruit or vegetable | ¹⁄₄ cup | ½ cup | ½ cup | |
| Bread, bread alternate**** | | | | |
| and/or cereal | | | | |
| enriched or whole 'rain | ½ slice (½ ounce) | ½ slice (½ ounce) | 1 slice (1 ounce) | |
| Bread or | ¹⁄₄ cup* | 1/3 cup** | 3/4 cup*** | |
| Cereal: Cold dry or | ¹⁄₄ cup | ¹ / ₄ cup | ½ cup | |
| Hot cooked | | | | |
| AM or PM snack (supplement) | | | | |
| (select 2 of these 4 components) | | | | |
| Milk, fluid | ½ cup (4 ounces) | ½ cup (4 ounces) | 1 cup (8 ounces) | |
| Meat or meat alternate | ½ ounce | ½ ounce | 1 ounce | |
| Juice or fruit or vegetable | ½ cup | ½ cup | 3/4 cup | |
| Bread, bread alternate**** | | | | |
| and/or cereal | | | | |
| enriched or whole (grain | ½ slice (½ ounce) | ½ slice (½ ounce) | 1 slice (1 ounce) | |
| Bread or | ¹¼ cup* | 1/3 cup ** | 3/4 cup*** | |
| Cereal: Cold dry or | 1⁄4 cup | ¹⁄₄ cup | ½ cup | |
| hot cooked | | | | |
| Lunch or Supper | | | | |
| Milk, fluid | ½ cup (4 ounces) | ³ / ₄ cup (6 ounces) | 1 cup (8 ounces) | |
| Meat or meat alternate | | | | |
| (lean meat or poultry or fish) | 1 ounce | 1 ounce | 2 ounces | |
| Cheese | 1 ounce | 1 ounce | 2 ounces | |
| Egg | 1 large egg | 1 large egg | 1 large egg | |
| Cooked dry beans or peas | ¹⁄₄ cup | 3/8 cup | ½ cup | |
| Peanut butter | 2 tbsp | 3 tbsp | 4 tbsp | |
| Yogurt (plain or flavored) | ½ cup | ¾ cup | 1 cup | |
| (Or an equivalent quantity of | | | | |
| any combination of the above | | | | |
| meat/meat alternates) | | | | |
| Vegetable and/or fruit | ¹⁄4 cup | ½ cup | ¾ cup | |
| (total of two or more) | | | | |
| Bread or bread alternate**** | ½ slice (½ ounce) | ½ Slice (½ ounce) | 1 slice (1 ounce) | |
| enriched or whole grain | | | | |
| <u>_</u> | l . | l | | |

^{*} ½ cup (volume) or 1/3 ounce (weight)

(CASA-1)

^{** 1/3} cup (volume) Or ½ ounce (weight)

^{*** 3/4} Cup (volume) or 1 ounce (weight)

^{****} Refer to Food Buying Guide "Grains and Breads" for equivalent quantities

APPENDIX B

U. S. DEPARTMENT OF AGICULTURE INFANT CARE MEAL PATTERN

Meals served to infants ages birth through, 11 months must meet the requirements described in this meal pattern. Foods included in the infant meal must be of a texture and a consistency that are appropriate for the age of the infant being served. Either breast milk or iron-fortified infant formula must be served for the entire first year.

| Age | Breakfast | Lunch or Supper | Snack |
|----------------------|--------------------------------|--------------------------|---------------------------|
| Birth through 3 | 4-6 fluid ounces breast | 4-6 fluid ounces breast | 4-6 fluid ounces breast |
| months | milk* or formula** | milk* or formula** | milk* or formula** |
| 4 months through 7 | 4-8 fluid ounces breast | 4-8 fluid ounces breast | 4-6 fluid ounces |
| months | milk* or formula** | milk* or formula** and | breast milk* or |
| | | | formula** |
| | | 0-3 tablespoons infant | |
| | 0-3 tablespoons infant | cereal*** and | |
| | Cereal*** | | |
| | | 0-3 tablespoons fruit Or | |
| | | vegetable or both | |
| | | vegetable of both | |
| 8 months up to first | 6-8 fluid ounces breast | 6-8 fluid ounces breast | 2-4 fluid ounces |
| birthday | milk* or formula ^{**} | milk* or formula** | breast milk or |
| | | and | formula** or |
| | and | | fruit juice**** |
| | | 2-4 tablespoons infant | |
| | 2-4 tablespoons infant | cereal*** and/or | and |
| | cereal | | |
| | | 1-4 tablespoons meat, | 0- 1/2 slice bread or 0-2 |
| | and | fish poultry, egg yolk, | crackers**** |
| | | or cooked dry beans or | |
| | 1-4 tablespoons fruit | peas, or ½ -2 ounces | |
| | and/or vegetable | cheese, or 1-4 | |
| | or both | tablespoons cottage | |
| | | cheese. cheese food. or | |
| | | cheese spread and | |
| | | 1-4 tablespoons fruit or | |
| | | vegetable or both | |

^{*} It is recommended that breast milk be served in place of formula from birth through 11 months. For some breastfed infants who regularly consume less than the minimum amount of breast milk per feeding, a serving of less than the minimum amount of breast milk may be offered, with additional breast milk offered if the infant is still hungry.

(CASA-1)

^{**} Iron-fortified infant formula

^{***} Iron-fortified dry infant cereal

^{****}Full-strength fruit juice

^{*****} Made from whole-grain or enriched meal or flour

APPENDIX C: List of Reportable Diseases

The following are the more common reportable diseases, which occur with moderate frequency in Arkansas:

gonorrhea salmonellosis (including typhoid)

hepatitis (A,B, Non-A, Non-B shigellosis unspecified and results of serologies) syphilis rash illnesses (including *MEASLES, MUMPS tuberculosis *WHOOPING COUGH (pertussis) MENINGITIS

The following are less common reportable diseases that occur with low frequency in Arkansas:

*AIDS (Acquired Immune Deficiency *Leprosy

Syndrome) *Leptospirosis
Amebiasis *Lyme Disease

ANTHRAX Lymphogranuloma Venereum

*Aseptic Meningitis *Malaria

Blastomycosis *Meningitis, Hemophilus Influenza Type B

BOTULISM

*Brucellosis *Meningococcal infection

Campylobacter Enteritis Mumps

Chancroid Pesticide Poisoning

CHOLERA PLAGUE

Coccidioidomycosis *POLIOMYELITIS
*Congenital Rubella Syndrome *Psittacosis (Ornithosis)

DIPHTHERIA Q Fever Encephalitis (all types) RABIES

FOOD POISONINGS (all types)

Giardiasis

Gonococcal Ophthalmia

*Relapsing Fever
*Reyes Syndrome
Rheumatic Fever

Granuloma Inguinale *Rocky Mountain Spotted Fever

*Guillain-Barre Syndrome SMALL POX Histoplasmosis *Tetanus

HIV (Human Immune Deficiency *Toxic Shock Syndrome

Virus by name & address)

**Influenza

*Kawasaki Disease

Toxoplasmosis

*Trichinosis

*Tularemia

*Legionellosis TYPHUS FEVER/YELLOW FEVER

- * The reporting physician will be contacted for additional information.
- ** Individual cases to be reported **only** when laboratory testing has determined the viral type.

The diseases in capital letters are to be brought to the immediate attention of the State Epidemiologist when suspected.

Reporting data shall include:

- a) Names & location of reporting person
- b) Disease or suspected disease and date of onset
- c) Name, age, sex, address and phone number of patient (please spell patient's name)
- d) Name of patient's physician

The following diseases are also of public health importance and should be reported whenever there is an unusual incidence or outbreak (including seasonal). It is necessary to report: (1) physician's name and location

(2) the suspected disease (3) the number of cases and interval during which the cases were seen:

Acute respiratory disease
Chicken pox
Conjunctivitis

Hospital acquired infections
Infectious Mononucleosis
Influenza (estimate number)

Dermatophytosis (ringworm) Pediculosis Enteropathogenic E. Coli Diarrhea Pleurodynia

Epidemic Diarrhea of unknown cause Pneumonia (bacterial, Mycoplasma, viral)

Gastroenteritis Staphylococcal-Infections
Herpangina Streptococcal Infections

The following occupational disease also shall be reported:

Asbestosis Mesothelioma

Sílicosis Coal Workers Pneumoconiosis

Byssinosis

FOR FURTHER ASSISTANCE CONTACT THE LOCAL COUNTY HEALTH UNIT.

APPENDIX D: DISASTER/EMERGENCY PREPAREDNESS

| DISASTER/EMERGENCY NUMBERS | CONTACT/TOWN | TELEPHONE NUMBER |
|---|--------------|--------------------------------|
| AMBULANCE | | |
| APPLIANCE REPAIR | | |
| BUILDING INSPECTOR | | |
| CHILD ABUSE HOT LINE | | 1-800-482-5964 |
| CHILD CARE LICENSING UNIT | Little Rock | 1-800-445-3316 or 501-682-8590 |
| CLEANING/MAINTENANCE | | |
| ELECTRIC COMPANY | | |
| ELECTRICIAN | | |
| EMERGENCY CHILD LOCATOR | | 1-866-908-9572 |
| FACILITY DIRECTOR | | |
| FIRE DEPARTMENT | | |
| FIRE DEPARTMENT (Non-Emergency) | | |
| GAS COMPANY | | |
| GLASS COMPANY | | |
| HEALTH DEPARTMENT (Local) | | |
| HEATING/AIR CONDITIONING | | |
| INSURANCE AGENT AND POLICY NUMBER | | |
| LICENSING SPECIALIST | | |
| LOCKS | | |
| NATIONAL EMERGENCY FAMILY REGISTRY AND LOCATOR | | 1-800-588-9822 |
| PLUMBER | | |
| POISON CONTROL | | 1-800-376-4766 |
| POLICE | | |
| POLICE (Local Non-Emergency) | | |
| RED CROSS (Local) | | |
| SHERIFF | | |
| TRASH REMOVAL | | |
| WATER DEPARTMENT | | |

Child Care Immunization Requirements

Recommended by Arkansas Department of Health and

Required by the Department of Human Services, Division of Child Care and Early Childhood, Licensing Division

| AGE | DTaP DTP/DT | POLIO | Hib ** | HEPATITIS B | MMR **** | VARICELLA **** | PNEUMOCOCCAL ** |
|--------------|--|--|---|--|------------------------|------------------------|---|
| 1-2 Months | None | None | None | None (1-2 doses possible) | None | None | None |
| 3-4 Months | 1 dose | 1 dose | 1 dose | 1 dose (1-2 doses possible) | None | None | 1 dose |
| 5-6 Months | 2 doses OR 1 dose within last 8 weeks | 2 doses OR 1 dose within last 8 weeks | 2 doses OR 1 dose within last 8 weeks | 2 doses OR 1 dose within last 8 weeks | None | None | 2 doses OR 1 dose within last 8 weeks |
| 7-12 Months | 3 doses OR 1 dose within last 8 weeks | 2 doses OR 1 dose within last 8 weeks (3 doses possible) | 2-3 doses OR 1 dose within last 8 weeks | 2 doses OR 1 dose within last 8 weeks (3 doses possible) | None | None | 2-3 doses OR 1 dose within last 8 weeks |
| 13-15 Months | 3 doses OR 1 dose within last 8 weeks | 2 doses OR 1 dose within last 8 weeks (3 doses possible) | 2-3 doses OR 1 dose within last 8 weeks (4 doses possible) | 2 doses OR 1 dose within last 8 weeks (3 doses possible) | None (1 dose possible) | None (1 dose possible) | 2-3 doses OR 1 dose within last 8 weeks (4 doses possible) |
| 16-18 Months | 3 doses or 1 dose within last 8 weeks | 2 doses or 1 dose within last 8 weeks (3 doses possible) | 3-4 doses with last dose on/after 1st birthday OR 2 doses if first dose is administered at age 12 - 14 months and doses are at least 8 weeks apart OR 1 dose on/after 15 months of age if no prior doses | 2 doses OR 1 dose within the last 8 weeks (3 doses possible) | 1 dose | 1 dose | 3-4 doses with last dose must be on/after1st birthday OR 2 doses on/after 1st birthday |
| 19-48 months | 4 doses OR 3rd dose within last 6 months OR 1 dose within last 8 weeks | 3 doses OR 1 dose within last 8 weeks | 3-4 doses with last dose on/after 1st birthday OR 2 doses if first dose is administered at age 12 - 14 months and doses are at least 8 weeks apart OR 1 dose on/after 15 months of age if no prior doses | 3 doses *** OR 1 dose within last 8 weeks | 1 dose | 1 dose | 3-4 doses with last dose must be on/after1st birthday OR 1 dose on/after 24 months of age if no prior doses OR 2 doses on/after 1st birthday |
| 49-72 Months | 5 doses * OR 4th dose within last 6 months OR 1 dose within last 8 weeks OR 4 doses with last dose on/after 4th birthday | 4 doses OR 1 dose within last 8 weeks OR 3 doses with last dose on/after 4th birthday | 3-4 doses with last dose on/after 1st birthday OR 2 doses if first dose is administered at age 12 - 14 months and doses are at least 8 weeks apart OR 1 dose on/after 15 months of age if no prior doses Not required on/after 5th birthday | 3 doses *** OR 1 dose within the last 8 weeks | 1 dose | 1 dose | 3-4 doses with last dose on/after 1st birthday OR 1 dose on/after 24 months of age if no prior doses OR 2 doses on/after 1st birthday Not required on/after 5th birthday |

^{*5}th DTaP/DTP/DT (Pre-school dose) must be given on/after the child's 4th birthday and may be given at anytime from 49 to 72 months of age. Interval between 4th DTaP/DTP/DT and 5th DTaP/DTP/DT should be at least 6 months.

^{**} For Hib and Pneumococcal, children receiving the first dose of vaccine at age 7 months or older require fewer doses to complete the series.

^{*** 3}rd dose of hepatitis B should be given at least 8 weeks after the 2nd dose, at least 16 weeks after the 1st dose, and it should not be administered before the child is 24 weeks of age.

^{****} MMR and Varicella vaccine must be given on/after the child's first birthday.

ARKANSAS DEPARTMENT OF HUMAN SERVICES DIVISION OF CHILD CARE & EARLY CHILDHOOD EDUCATION

REQUEST FOR:

CRIMINAL RECORD CHECK: AR920100Z

(RETURN THE ORIGINAL COMPLETED FORM TO: YOUR CHILD CARE LICENSING SPECIALIST)

| If yo | ou have any questi | ons, or wish to disp | oute the results | s, please contact your Lic | ensing Specialist immed | diately. |
|---|--------------------|----------------------|------------------|----------------------------|---------------------------|-----------------|
| (FACILITY USE ONLY) | | | (DHS USE ONLY) | | | |
| | | | | | | |
| F | FACILITY REQUESTII | NG REPORT | | NAME OF LICENS | SING SPECIALIST REQUES | STING THE CHECK |
| | MAILING ADD | DRESS | | TITLE | COI | UNTY |
| | | | | | | |
| CITY | STATE | | ZIP | | TELEPHONE NUMBER | |
| | | | | | | |
| | Y DIRECTOR & TELI | | | | DATE OF REQUEST | |
| TO BE COMPLETED BY | Y THE PERSON TO I | BE CHECKED | | | | |
| NAME OF PERSON TO | BE CHECKED: | | | | | |
| | | (LAST NAI | ME) | (FIRST NAME | (MIC | DDLE NAME) |
| MAIDEN NAME: | | | ALIASES | : | | |
| DOB: (/_ MONTH DATE | | SSN: _ | - | ·- | PHONE #: (| .) |
| DRIVER'S LICENSE or G | GOV'T ID #: | | RA | ACE: | SEX: (MALE / | FEMALE) |
| NOTE: HAVE VOL | LLIVED IN ARKA | NICAC FOR THE | DACT FIVE / | T) VEADC2 VEC. NO. | /IE NO VOLL MILIET | COMPLETE AN EDI |
| NOTE: HAVE YOU RECORD CHECK A | | | PASI FIVE (| D) TEARS! TES INU | (IF NO TOO MOSI | COMPLETE AN FBI |
| RECORD CHECK A | THE PHOLES IN | TI CARDI. | | | | |
| COMPLETE ADDRES | is: | | | | | |
| (Physical residential add | dress) STREET | | CITY | | STATE | ZIP |
| PLACE OF EMPLOYM | MENT: | | | | | |
| PLACE OF LIVIPLOTI | VICINI . | | | | | |
| Have you ever be | en found guilty | of, or pleaded | guilty or no | contendere to a crin | ne? (Circle ONE) Y | 'ES NO |
| *If yes, attach a d | letailed descrip | tion of the crim | e and the fa | cts of the finding of | guilt or the plea. | |
| This check is performed "I hereby authorize the Education." | | | | ry information: to the Div | ision of Child Care and E | arly Childhood |
| | | | | SIGNATURE OF PER | SON TO BE CHECKED | DATE |
| COLINITY OF | | | CC | | | |
| COUNTY OFSTATE OF ARKANSAS | | | SS | | | |
| Acknowledge before i | me on this | day of | | 20 | | |
| No | otary Public | | | | - | |
| My Commis | ssion Expires: | | / | | | |
| | | | | | | |
| STATE POLICE USE | EONLY DO NOT | T WRITE IN THIS | BOX: { } | 82001 CIVIL RECORD | S CHECK | |

DCC 306 R (04/11) Agency # 0710

| FACILITY/LICENSE # | |
|---------------------------|--|
| | |

ARKANSAS DEPARTMENT OF HUMAN SERVICES DIVISION OF CHILD CARE & EARLY CHILDHOOD EDUCATION

REQUEST FOR:

FBI RECORDS CHECK

A completed state criminal records check form, a completed fingerprint card FD-258 and a check or money order of \$19.25 (made payable to ASP or Arkansas State Police) MUST be attached for EACH fingerprint check needed.

Checks/money orders cannot be combined for multiple fingerprint checks.

If you have any questions, or wish to dispute the results, please contact your Licensing Specialist immediately. (FACILITY USE ONLY) (DHS USE ONLY) NAME OF LICENSING SPECIALIST REQUESTING THE CHECK FACILITY REQUESTING REPORT MAILING ADDRESS TITLE COUNTY CITY **TELEPHONE NUMBER** STATE 7IP DATE OF REQUEST FACILITY DIRECTOR & TELEPHONE NUMBER TO BE COMPLETED BY THE PERSON TO BE CHECKED NAME OF PERSON TO BE CHECKED: ___ (LAST NAME) (FIRST NAME) (MIDDLE NAME) MAIDEN NAME:___ ALIASES: PHONE #: (______ -DOB: (___ MONTH DATE YEAR DRIVER'S LICENSE or GOV'T ID #: RACE: SEX: (MALE / FEMALE) COMPLETE ADDRESS: CITY ZIP (Physical residential address) STREET STATE PLACE OF EMPLOYMENT: "I hereby authorize the Department of Human Services to conduct a criminal background check on myself through the Federal Bureau of Investigations, and for the FBI and Arkansas State Police to release any criminal history information to the Division of Child Care and Early Childhood Education. I also understand that the Identification Bureau of the Arkansas State Police may maintain the fingerprints submitted in an automated fingerprint identification system." SIGNATURE OF PERSON TO BE CHECKED DATE PLEASE CHECK THE APPROPRIATE BOX: Division of Child Care & Early Childhood Education Applicant: ☐ Other _____ ☐ Child Care Facility Employee STATE POLICE USE ONLY - DO NOT WRITE IN OR BELOW THIS BOX

DCC 314 R (04/11) Agency # 0710