

AMOUNT, DURATION AND SCOPE OF  
SERVICES PROVIDED

Revised: October 1, 2012

CATEGORICALLY NEEDY

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26. Personal Care

- A. Personal care services are provided by a personal care aide to assist with a client's physical dependency needs. The personal care aide must have at least 24 hours classroom training and a minimum of supervised practical training of 16 hours provided by or under the supervision of a registered nurse for a total of no less than 40 hours.
- B. Personal care services furnished to an individual who is not an inpatient or resident of a hospital, nursing facility, intermediate care facility for the mentally retarded, or institution for mental disease that are –
  - 1. Authorized for the individual by a physician in accordance with a plan of treatment or (at the option of the State) otherwise authorized for the individual in accordance with a service plan approved by the State;
  - 2. Provided by an individual who is qualified to provide such services and who is not a member of the individual's family, and
  - 3. Furnished in a home, and at the State's option, in another location, including licensed residential care facilities and licensed assisted living facilities.
- C. The State defines "a member of the individual's family" as:
  - 1. A spouse,
  - 2. A minor's parent, stepparent, foster parent or anyone acting as a minor's parent,
  - 3. A minor's "guardian of the person" or anyone acting as a minor's "guardian of the person" or
  - 4. An adult's "guardian of the person" or anyone acting as an adult's "guardian of the person".
- D. Personal care services are covered for categorically needy individuals only.
- E. Personal care services are medically necessary, prescribed services to assist clients with their physical dependency needs.
  - 1. Personal care services involve "hands-on" assistance, by a personal care aide, with a client's physical dependency needs (as opposed to purely housekeeping services).
  - 2. The tasks the aide performs are similar to those that a nurse's aide would normally perform if the client were in a hospital or nursing facility.
- F. Prior authorization is required for personal care for beneficiaries under age 21.
- G. Effective for dates of service on or after April 1, 2002, for services beyond 64 hours per calendar month per beneficiary aged 21 or older, the provider must request a benefit extension. Extensions of the personal care benefit will be provided for beneficiaries aged 21 and older when extended benefits are determined to be medically necessary.

METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES -  
OTHER TYPES OF CARE

Revised: October 1, 2012

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5. Personal care furnished in accordance with the requirements at 42 CFR §440.167 and with regulations promulgated, established and published for the Arkansas Medicaid Personal Care Program by the Division of Medical Services.
  - (a) Except as otherwise noted in the plan, state developed fee schedule rates are the same for both governmental and private providers of personal care services and the fee schedule and any annual/periodic adjustments to the fee schedule are published on the Medicaid website at [www.medicaid.state.ar.us](http://www.medicaid.state.ar.us).
  - (b) Reimbursement for Personal Care Program Services is by fee schedule, at the lesser of the billed charge or the Title XIX (Medicaid) maximum allowable fee per unit of service. Effective for dates of service on and after July 1, 2004, one unit equals fifteen minutes of service.
  - (c) Effective for dates of service on and after July 1, 2007, reimbursement to enrolled Residential Care Facilities (RCFs) for personal care services furnished to Medicaid eligible residents (i.e., clients) is based on a multi-hour rate system not to exceed one day, based on the individual clients' levels of care. A client's level of care is determined from the service units required by his or her service plan. Rates will be recalculated as needed to maintain parity with other Personal Care providers when revisions of the Title XIX maximum allowable fee occur. The effective date of any such revised rates shall be the effective date of the revised fee.
  - (d) **Reimbursement to enrolled Assisted Living Facilities (ALF) for personal care services furnished to Medicaid eligible residents (i.e., clients) is based on a multi-hour rate system not to exceed one day, based on the individual clients' level of care. A client's level of care is determined from the service units required by his or her service plan. Rates will be recalculated as needed to maintain parity with other Personal Care providers when revisions of the Title XIX maximum allowable fee occur. The effective date of such revised rates shall be the effective date of the revised fee.**
  - (e) Agencies rates are set as of July 1, 2009 and are effective for services on or after that date.

Facility Name: \_\_\_\_\_ – SERVICE LOG Personal Care Delivery

Name: \_\_\_\_\_ Medicaid Number: \_\_\_\_\_ Week Of: \_\_\_\_\_

Aides \_\_\_\_\_ RN: \_\_\_\_\_

ITEM	SUN		MON		TUES		WED		THUR		FRI		SAT	
	M	N	M	N	M	N	M	N	M	N	M	N	M	N
ASSISTANCE WITH MEDICATIONS*	S	B	S	B	S	B	S	B	S	B	S	B	S	B

MEAL PREP	B	L	B	L	B	L	B	L	B	L	B	L	B	L
	S	B	S	B	S	B	S	B	S	B	S	B	S	B

ASSISTANCE WITH EATING	B	L	B	L	B	L	B	L	B	L	B	L	B	L
	S	B	S	B	S	B	S	B	S	B	S	B	S	B

BATHING														
PERSONAL HYGIENE														
DRESSING														
BLADDER/BOWEL REQUIREMENTS														
MOBILITY & AMBULATION														
LAUNDRY														
INCIDENTAL HOUSEKEEPING														
SHOPPING FOR PERSONAL MAINT. ITEMS														

\* To the extent permitted by the Arkansas Nurse Practice Act and implementing regulations.

RN Directions:
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**AIDES NOTES: Resident Name:** \_\_\_\_\_

**Week Of:** \_\_\_\_\_

**Sunday** \_\_\_\_\_

\_\_\_\_\_

**Monday** \_\_\_\_\_

\_\_\_\_\_

**Tuesday** \_\_\_\_\_

\_\_\_\_\_

**Wednesday** \_\_\_\_\_

\_\_\_\_\_

**Thursday** \_\_\_\_\_

\_\_\_\_\_

**Friday** \_\_\_\_\_

\_\_\_\_\_

**Saturday** \_\_\_\_\_

\_\_\_\_\_

**Note:** Aide Notes are to be recorded daily and initialed by the primary aide responsible for the recipient's care on that day. The notes should contain a statement of the recipient's current condition and any observations regarding changes from the normal observed condition. Aide Notes should also include any difficulties or situations that caused a change in services that were to be completed on that date.

Certification Statement:

Personal care services are individually designed to assist with a client's physical dependency needs related to prescribed routines and activities of daily living. The individualized service plan is designed to correlate with the physical dependency needs identified in the client's assessment. Services must be provided in accordance with the client's individualized service plan and service delivery must be documented on the checklist detailed above.

The provider of personal care services certifies through submission of a claim for personal care services that services have been provided in accordance with the Arkansas Medicaid Personal Care Program Manual, and with the prescribed service plan and properly documented through the completion of the *Service Log and Aides Notes*. Service delivery (number of units delivered) must be substantiated through the provider's payroll records. ***Providers will only be required to provide payroll records when requested by DHS.***

**Arkansas Department of Human Services**  
**Division of Medical Services**  
**Instructions for completing the Service Log & Aide Notes**  
**For Personal Care Services in a Residential Care Facility or Assisted Living Facility**

1. Record Facility Name.
2. Complete resident specific information:
  - Resident Name
  - Medicaid Number
  - Indicate week for which Service Log applies. (7 day period)
3. Aides: All aides providing personal care service for this resident must be identified on the service log. The RN providing supervisory review must also be identified.
4. The aide must indicate by day each time the service plan required service is completed for the following service plan items: (Aide must indicate service delivery by initialing in the appropriate box. Aide may sign as many as four times per day. ***Bedtime is any period of time between supper and actual placement in bed.***)
  - Assistance with Medications:  
Identified as: M=Morning, N=Noon, S=Supper, B=Bedtime
  - Meal Preparation:  
Identified as: B=Breakfast, L=Lunch, S=Supper, B=Bedtime
  - Assistance with Eating:  
Identified as: B=Breakfast, L=Lunch, S=Supper, B=Bedtime
5. The aide must indicate by day that this service plan required service has been completed. (Aide must indicate service delivery by initialing in the appropriate box. Only requires a single entry per day)
  - Bathing
  - Personal Hygiene
  - Dressing
  - Bladder/Bowel Requirements
  - Mobility & Ambulation
  - Laundry
  - Incidental Housekeeping
  - Shopping for Personal Maintenance Items
6. RN Directions: RN should note any special conditions of the recipient or instructions to the aide.
7. Aides Notes: Aide Notes are to be recorded daily and initialed by the primary aide responsible for the recipient's care on that day. The notes should contain a statement of the recipient's current condition and any observations regarding changes from the normal observed condition. Aide Notes should also include any difficulties or situations that caused a change in services that were to be completed on that date.

**RECORD RETENTION:**

All records must be kept for a period of five years from the ending date of service or until all audit questions, appeal hearings, investigations or court cases are resolved, whichever period is longer.



Division of Medical Services
Program Development & Quality Assurance

P.O. Box 1437, Slot S-295 · Little Rock, AR 72203-1437
501-682-8368 · Fax: 501-682-2480



TO: Arkansas Medicaid Health Care Providers – All Providers
DATE: October 1, 2012
SUBJECT: Provider Manual Update Transmittal SecV-7-12

Table with 4 columns: REMOVE Section, REMOVE Date, INSERT Section, INSERT Date. Row 1: Form DMS-873, 03-08, Form DMS-873, 10-12

Explanation of Updates

Form DMS-873 is updated to include assisted living facilities for personal care services.
This transmittal and the enclosed form are for informational purposes only. Please do not complete the enclosed form.
The paper version of this update transmittal includes revised pages that may be filed in your provider manual. See Section I for instructions on updating the paper version of the manual. For electronic versions, these changes have already been incorporated.
If you have questions regarding this transmittal, please contact the HP Enterprise Services Provider Assistance Center at 1-800-457-4454 (Toll-Free) within Arkansas or locally and Out-of-State at (501) 376-2211.
If you need this material in an alternative format, such as large print, please contact our Americans with Disabilities Act Coordinator at 501-682-6453 (Local); 1-800-482-5850, extension 2-6453 (Toll-Free) or to obtain access to these numbers through voice relay, 1-800-877-8973 (TTY Hearing Impaired).
Arkansas Medicaid provider manuals (including update transmittals), official notices, notices of rule making and remittance advice (RA) messages are available for downloading from the Arkansas Medicaid website: www.medicaid.state.ar.us.
Thank you for your participation in the Arkansas Medicaid Program.

Andrew Allison, PhD
Director



Division of Medical Services
Program Development & Quality Assurance

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TO: Arkansas Medicaid Health Care Providers – Personal Care
DATE: October 1, 2012
SUBJECT: Provider Manual Update Transmittal PERSCARE-4-11

Table with 4 columns: REMOVE Section, REMOVE Date, INSERT Section, INSERT Date. Lists updates for sections 215.100 through 262.106.

Explanation of Updates

Sections 215.100, 216.200, 217.000, 220.000, 220.100, 220.110, 220.111, 220.112, 221.000, 250.100, 250.200, 250.210, 250.211, 262.104 and 262.106 are being updated to comply with Act 560 of the 2011 Regular Session which allows Assisted Living Facilities (ALF) to bill Medicaid for Personal Care services with the same reimbursement methodology as Residential Care Facilities (RCF).

The paper version of this update transmittal includes revised pages that may be filed in your provider manual. See Section I for instructions on updating the paper version of the manual. For electronic versions, these changes have already been incorporated.

If you have questions regarding this transmittal, please contact the HP Enterprise Services Provider Assistance Center at 1-800-457-4454 (Toll-Free) within Arkansas or locally and Out-of-State at (501) 376-2211.

If you need this material in an alternative format, such as large print, please contact our Americans with Disabilities Act Coordinator at 501-683-4120 (Local); 1-800-482-5850, extension 3-4120 (Toll-Free) or to obtain access to these numbers through voice relay, 1-800-877-8973 (TTY Hearing Impaired).

Arkansas Medicaid provider manuals (including update transmittals), official notices and remittance advice (RA) messages are available for downloading from the Arkansas Medicaid website:  
[www.medicaid.state.ar.us](http://www.medicaid.state.ar.us).

Thank you for your participation in the Arkansas Medicaid Program.

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Andrew Allison, PhD  
Director

**TOC required****215.100      Assessment and Service Plan Formats      10-1-12**

- A. The Division of Medical Services (DMS), in some circumstances and for certain specified providers, requires exclusive use of form DMS-618 ([View or print form DMS-618.](#)) to satisfy particular Program documentation requirements.
1. Whether Medicaid does or does not require exclusive use of form DMS-618, all documentation required by the Personal Care Program must meet or exceed DMS regulations as stated in this manual and other official communications.
  2. When using form DMS-618, attachments may be necessary to complete assessments and service plans and/or to comply with other rules.
    - a. An assessing Registered Nurse (RN) must sign or initial and date each attachment he or she adds to a required personal care document.
    - b. The authorizing physician must sign (or initial) and date each attachment he or she adds to a service plan or other required document.
- B. The Division of Medical Services requires Residential Care Facility (RCF) and Assisted Living Facility (ALF) Personal Care providers to use exclusively form DMS-618 and to comply with all rules applicable to RCFs and ALFs regarding the use of form DMS-618.

**216.200      Tasks Associated with Covered Routines      10-1-12**

Effective for dates of service on and after March 1, 2008, all regulations regarding personal care aides' logging beginning and ending times (i.e., time of day) of individual services, and all references to any such regulations, do not apply to RCF and ALF Personal Care providers.

**217.000      Benefit Limits      10-1-12**

Effective for dates of service on and after March 1, 2008, Arkansas Medicaid does not grant to beneficiaries whose residence is an RCF or ALF, extension of the personal care benefit for personal care provided at the RCF or ALF by the RCF or ALF Personal Care provider.

- A. Medicaid imposes a 64-hour benefit limit, per month, per beneficiary, on personal care aide services for beneficiaries aged 21 and older.
- B. The 64-hour limitation applies to the monthly aggregated hours of personal care aide services at all authorized locations except RCFs and ALFs.
- C. Providers may request extensions of this benefit for reasons of medical necessity. Submit written requests for benefit extensions to the Division of Medical Services, Utilization Review Section. [View or print Division of Medical Services, Utilization Review Section contact information.](#)

**220.000      Service Administration      10-1-12**

Effective for dates of service on and after March 1, 2008, RCF and ALF Personal Care providers are exempt from all requirements of Sections 220.000 through 221.000—whether by explicit statement or reference—to record or log the time of day (clock time) when a service begins or ends.

**220.100      Service Supervision      10-1-12**

Effective for dates of service on and after March 1, 2008, RNs supervising RCF and ALF Personal Care providers' personal care aides shall write, in a designated area on form DMS-873, instructions to aides and comments regarding the beneficiary and/or the aide.

- A. The provider must assure that the delivery of personal care services by personal care aides is supervised.
  - 1. Supervision must be performed by a registered nurse (RN).
  - 2. Alternatively, a Qualified Mental Retardation Professional (QMRP) may fulfill the RN supervision requirement for personal care services to beneficiaries residing in alternative living situations or alternative family homes, authorized or licensed by the Division of Developmental Disabilities Services.
- B. The supervisor has the following responsibilities.
  - 1. The supervisor must instruct the personal care aide in
    - a. Which routines, activities and tasks to perform in executing a beneficiary's service plan,
    - b. The minimum frequency of each routine or activity and
    - c. The maximum number of hours per month of personal care service delivery, as authorized in the service plan.
  - 2. At least once a month, the supervisor must
    - a. Review the aide's records,
    - b. Document the record review and
    - c. If necessary, further instruct the aide and document the nature of and the reasons for further instructions.
  - 3. At least three times every 183 days (six months) at intervals no greater than 62 days, the supervisor must visit the beneficiary at the service delivery location to conduct on-site evaluation.
    - a. Medicaid requires that at least one of these supervisory visits must be when the aide is not present.
    - b. At least one visit must be while the aide is present and furnishing services.
  - 4. When the aide is present during the visit the supervising RN or QMRP must
    - a. Observe and document
      - (1) The condition of the beneficiary,
      - (2) The type and quality of the personal care aide's service provision and
      - (3) The interaction and relationship between the beneficiary and the aide;
    - b. Modify the service plan, if necessary, based on the observations and findings from the visit and
    - c. If necessary, further instruct the aide and document the nature of and the reasons for further instructions.
  - 5. When the aide is not present during the visit, the supervising RN or QMRP must
    - a. Observe and document the condition of the beneficiary,
    - b. Observe and document, from available evidence, the type and quality of the personal care aide's service provision, and
    - c. Query the beneficiary or the beneficiary's representative and document pertinent information regarding the beneficiary's opinion of
      - (1) The type and quality of the aide's service,
      - (2) The aide's conduct and
      - (3) The adequacy of the working relationship of the beneficiary and the aide;

- d. Modify the service plan, if necessary, based on observations and findings from the visit, and
  - e. Further instruct the aide, if necessary, and document the nature of and the reasons for further instructions.
- C. The provider must review the service plan and the aide's records as necessary, but no less often than every 62 days. The review will ensure that the daily aggregate time estimate in the service plan accurately reflects the actual average time the aide spends delivering personal care aide services to a beneficiary.

**220.110 Service Log****10-1-12**

Instructions in this section apply to all beneficiaries' service logs, with one exception. Effective for dates of service on and after March 1, 2008, RCF and ALF Personal Care providers maintain their service logs by means of the format and instructions of form DMS-873, "Arkansas Department of Human Services Division of Medical Services Instructions for completing the Service Log & Aide Notes For Personal Care Services in a Residential Care or Assisted Living Facility". Effective for dates of service on and after March 1, 2008, form DMS-873 is found in Section V of this manual and DMS requires that RCF and ALF Personal Care providers use it exclusively for its designated purposes. See Section 220.111 for special documentation requirements regarding multiple beneficiaries who are attended by one aide. Those instructions at Section 220.111 do not apply to RCF and ALF Personal Care providers, effective for dates of service on and after March 1, 2008. See Section 220.112 for special documentation requirements regarding multiple aides attending one beneficiary. Those instructions at Section 220.112 do not apply to RCF and ALF Personal Care providers, effective for dates of service on and after March 1, 2008. The examples in these sections and in Section 220.110 are related to food preparation, but personal care beneficiaries may receive other services in congregate settings if their individual assessments support their receiving assistance in that fashion.

- A. Medicaid covers only service time that is supported by an aide's service log.
- B. Service time in excess of the maximum service time estimates in the authorized service plan is covered only when the provider complies with the rules in Sections 215.330 and 220.110 through 220.112.
- C. The time estimate in the service plan is not service documentation. It is an estimate of the anticipated minimum and maximum daily duration of medically necessary personal care aide service for an individual beneficiary.
- D. For each service date, for each beneficiary, the personal care aide must record the following:
  - 1. The time of day the aide begins the beneficiary's services.
  - 2. The time of day the aide ends a beneficiary's services. This is the time of day the aide concludes the service delivery, not necessarily the time the aide leaves the beneficiary's service delivery location.
  - 3. Notes regarding the beneficiary's condition as instructed by the service supervisor.
  - 4. Task performance difficulties.
  - 5. The justification for any emergency unscheduled tasks and documentation of the prior-approval or post-approval of the unscheduled tasks.
  - 6. The justification for not performing any scheduled service plan required tasks.
  - 7. Any other observations the aide believes are of note or that should be reported to the supervisor.
- E. If the aide discontinues performing service-plan-required tasks at any time before completing all of the required tasks for the day, the aide will record:

1. The beginning time of the non-service-plan-required activities,
2. The ending time of the non-service-plan-required activities,
3. The beginning time of the aide's resumption of service-plan-required activities and
4. The beginning and ending times of any subsequent breaks in service-plan-required aide activities.
5. If the aide discontinues or interrupts the beneficiary's service-plan-required activities at one location to begin service-plan-required activities at another location, the aide must record the beginning and ending times of service at each location.

**220.111 Service Log for Multiple Beneficiaries**

10-1-12

**Effective for dates of service on and after March 1, 2008, the rules in this section do not apply to RCF and ALF Personal Care providers.**

An aide delivering services to two or more beneficiaries at the same service location, during the same period (discontinuing or interrupting a beneficiary's service plan required tasks to begin or resume service plan required tasks for another beneficiary, or performing an authorized service simultaneously for two or more beneficiaries), must comply with the applicable instructions in parts A or B below:

- A. If providing services for only two beneficiaries, the aide must record in each beneficiary's service log
  1. The name of each individual for whom they are simultaneously performing personal care service and
  2. The beginning and ending times of service for each beneficiary and the beginning and ending times of each interruption and of each resumption of service.
- B. If services are performed in a congregate setting (more than two beneficiaries) the service log must state
  1. The actual time of day (clock-time) that the congregate services begin and end and
  2. The number of individuals, and the name of each individual, both Medicaid-eligible and non-Medicaid eligible, who received the documented congregate services during that period.

**220.112 Service Log for Multiple Aides with One Beneficiary**

10-1-12

**Effective for dates of service on and after March 1, 2008, the rules in this section do not apply to RCF and ALF Personal Care providers.**

When two or more aides attend a single beneficiary, each aide must record the beginning and ending times of each service plan required routine or activity of daily living that she or he performs for the beneficiary, regardless of whether another aide is performing a service plan required routine or activity of daily living at the same time.

**221.000 Documentation**

10-1-12

**Rule D in this section is effective for dates of service on and after March 1, 2008.**

The personal care provider must keep and make available to authorized representatives of the Arkansas Division of Medical Services, the State Medicaid Fraud Control Unit and representatives of the Department of Health and Human Services and its authorized agents or officials; records including:

- A. If applicable, certification by the Home Health State Survey Agency as a participant in the Title XVIII Program. Agencies that provided Medicaid personal care services before July 1, 1986 are exempt from this requirement.
- B. When applicable, copies of pertinent residential care facility license(s) issued by the Office of Long Term Care.
- C. Medicaid contract.
- D. Effective for dates of service on and after March 1, 2008, RCF and ALF Personal Care providers will be required, when requested by DHS, to provide payroll records to validate service plans and service logs.
- E. Documents signed by the supervising RN or QMRP, including:
  1. The initial and all subsequent assessments.
  2. Instructions to the personal care aide regarding:
    - a. The tasks the aide is to perform,
    - b. The frequency of each task and
    - c. The maximum number of hours and minutes per month of aide service authorized by the beneficiary's attending physician.
  3. Notes arising from the supervisor's visits to the service delivery location, regarding:
    - a. The condition of the beneficiary,
    - b. Evaluation of the aide's service performance,
    - c. The beneficiary's evaluation of the aide's service performance and
    - d. Difficulties the aide encounters performing any tasks.
  4. The service plan and service plan revisions:
    - a. The justifications for service plan revisions,
    - b. Justification for emergency, unscheduled tasks and
    - c. Documentation of prior or post approval of unscheduled tasks.
- F. Any additional or special documentation required to satisfy or to resolve questions arising during, from or out of an investigation or audit. "Additional or special documentation," refers to notes, correspondence, written or transcribed consultations with or by other healthcare professionals (i.e., material in the beneficiary's or provider's records relevant to the beneficiary's personal care services, but not necessarily specifically mentioned in the foregoing requirements). "Additional or special documentation," is not a generic designation for inadvertent omissions from program policy. It does not imply and one should not infer from it that, the State may arbitrarily demand media, material, records or documentation irrelevant or unrelated to Medicaid Program policy as stated in this manual and in official program correspondence.
- G. The personal care aide's training records, including:
  1. Examination results,
  2. Skills test results and
  3. Personal care aide certification.
- H. The personal care aide's daily service notes for each beneficiary, reflecting:
  1. The date of service,
  2. The routines performed on that date of service, noted to affirm completion of each task.

3. The time of day the aide began performing the first service-plan-required task for the beneficiary;
  4. The time of day the aide stopped performing any service-plan-required task to perform any non-service-plan-required function;
  5. The time of day the aide stopped performing any non-service-plan-required function to resume service-plan-required tasks and
  6. The time of day the aide completed the last service-plan-required task for the day for that beneficiary.
- I. Notes, orders and records reflecting the activities of the physician, the supervising RN or QMRP, the aide and the beneficiary or the beneficiary's representative; as those activities affect delivering personal care services.

#### 250.100 Reimbursement Methods 10-1-12

- A. Reimbursement for personal care services is the lesser of the billed amount per unit of service or Medicaid's maximum allowable fee (herein also referred to as "rate" or "the rate") per unit.
- B. Reimbursement for Arkansas Medicaid Personal Care services is based on a 15-minute unit of service.
- C. Effective for dates of service on and after March 1, 2008, RCF Personal Care provider reimbursement is in accordance with a multi-hour daily service rate system, employing Medicaid maximum allowable fees (Daily Service Rates) determined by individual beneficiaries' Levels of Care.
- D. Effective for dates of service on or after October 1, 2012, ALF Personal Care provider reimbursement is in accordance with a multi-hour daily service rate system, employing Medicaid maximum allowable fees (Daily Service Rates) determined by individual beneficiaries' Levels of Care. This excludes the Living Choices Assisted Living waiver beneficiaries.

#### 250.200 RCF and ALF Personal Care Reimbursement Methodology 10-1-12

- A. The RCF and ALF Personal Care reimbursement methodology is designed with the intent that reimbursement under the multi-hour Daily Service Rate system closely approximates what reimbursement would have been if the providers were to have billed by units of service furnished.
- B. Whenever the unit rate (i.e., the maximum allowable amount per fifteen minutes service) for personal care services changes, Daily Service Rates under the RCF and ALF methodology are correspondingly adjusted in accordance with the initial methodology by which they were established and which is described in detail in the following sections.
- C. The Daily Service Rate paid for personal care services is based on a Level of Care determined from the resident's service plan.

#### 250.210 Level of Care 10-1-12

There are 10 Levels of Care, each based on the average number of 15-minute units of service per month required to fulfill a beneficiary's service plan.

- A. Level 1 includes RCF and ALF Personal Care beneficiaries whose service plans comprise 100 units or less per month of medically necessary personal care.
- B. Level 10 includes RCF and ALF Personal Care beneficiaries whose service plans comprise 256 or more units per month of medically necessary personal care.

- C. Level 2 through Level 9 were established in equal increments between 101 and 255 units per month.

**250.211 Level of Care Determination 10-1-12**

- A. The average of a service plan’s monthly units of service is used to determine each beneficiary’s Level of Care.
- B. Calculate a beneficiary’s average number of monthly units of personal care as follows.
  1. Add the minimum and maximum hourly Weekly Totals from a completed form DMS-618, “Personal Care Assessment and Service Plan,” and divide the sum by **2** to obtain average weekly hours of service.
  2. Convert the average obtained in step 1 to minutes by multiplying it by **60**.
  3. Divide the minutes by **15** (*15 minutes equals one unit of service*) to calculate weekly average units of service.
  4. Multiply the weekly average units from step 3 by **52** (*Weeks in a year*) and divide the product by **12** (*Months in a year*) to calculate monthly average units of service.
  5. Consult the “RCF and ALF Personal Care Service Rate Schedule” on **the Arkansas Medicaid Personal Care Fee Schedule** to find the applicable Daily Multi-Hour Service Rate for each Level of Care. **Procedure code T1020 is the applicable code for RCF and ALF Personal Care providers.**

**262.104 Personal Care in an RCF or ALF 10-1-12**

- A. To bill for RCF **or ALF** Personal Care, use HCPCS procedure code **T1020** and the modifier corresponding to the beneficiary’s Level of Care in effect for the date(s) of service being billed.
- B. The Level of Care that a provider bills must be consistent with the beneficiary’s service plan in effect on the day that the provider furnished the personal care services billed.

**Level of Care Specifications and Modifiers for Procedure Code T1020**

<b>Levels of Care</b>	<b>Minimum Service Units</b>	<b>Maximum Service Units</b>	<b>Modifier</b>
Level 1	Less than 100	100	U1
Level 2	101	119	U2
Level 3	120	139	U3
Level 4	140	158	U4
Level 5	159	177	U5
Level 6	178	196	U6
Level 7	197	216	U7
Level 8	217	235	U8
Level 9	236	255	U9
Level 10	256	256	UA

**262.106 Billing RCF and ALF Personal Care Services**

- A. RCF and ALF Personal Care providers may not bill for days during which a beneficiary received no personal care services (for instance, he or she was away for a day or more); therefore, do not include in the billed dates of service any days the beneficiary was absent.
- B. For each unbroken span of days of service, multiply the days of service by the applicable Daily Service Rate and bill that amount on the corresponding claim detail.
- C. Documentation requirements outlined in the Medicaid Personal Care Policy Section 216.400 (Personal Care Aide Service and Documentation Responsibility) must be adhered to when providing Personal Care services at all ALF facilities.